

20	, 400m	2009
05.02.2022 - 10:50		
III . 9 +: 10:40.00 /	II . 9 +: 9:29.00 /	I . 9 +: 8:18.00 /
III 9 +: 7:17.00 /	II 9 +: 6:24.00 /	I 9 +: 5:40.00 /
10 +: 5:18.50 /	12 +: 5:01.00	

: FINA 2021

2009					Fina
1.	, 2008	-	4:57.32		660
50m:	150m:	250m:	350m:		
100m: 1:08.51	200m: 2:23.88	300m: 3:47.85	400m: 4:57.32		
2.	, 1999	-	5:00.60		639
50m:	150m:	250m:	350m:		
100m: 1:07.45	200m: 2:22.92	300m: 3:49.64	400m: 5:00.60		
3.	, 2005	- " "	5:18.92	I	535
50m:	150m:	250m:	350m:		
100m: 1:11.90	200m: 2:35.53	300m: 4:05.73	400m: 5:18.92		
4.	, 2008	- " "	5:23.89	I	510
50m:	150m:	250m:	350m:		
100m: 1:14.75	200m: 2:36.61	300m: 4:09.55	400m: 5:23.89		
5.	, 2007	- " "	5:54.90	II	388
50m:	150m:	250m:	350m:		
100m: 1:23.33	200m: 2:57.64	300m: 4:36.54	400m: 5:54.90		
2008 - 2009					
1.	, 2008	-	4:57.32		660
50m:	150m:	250m:	350m:		
100m: 1:08.51	200m: 2:23.88	300m: 3:47.85	400m: 4:57.32		
2.	, 2008	- " "	5:23.89	I	510
50m:	150m:	250m:	350m:		
100m: 1:14.75	200m: 2:36.61	300m: 4:09.55	400m: 5:23.89		