

31		, 400m		2007	
06.02.2022 - 10:24					
III	9 +: 8:32.00 /	II	9 +: 7:36.00 /	I	9 +: 6:40.00 /
III	9 +: 5:44.00 /	II	9 +: 5:03.00 /	I	9 +: 4:28.00 /
	10 +: 4:11.50 /		12 +: 3:59.00		
: FINA 2021					
2007					
1.	,	2002	- "	"	4:18.06 556
50m:		150m:	250m:	350m:	
100m:	1:02.35	200m:	300m:	400m:	4:18.06
2.	,	2006	- "	"	4:18.96 550
50m:		150m:	250m:	350m:	
100m:	1:00.93	200m:	300m:	400m:	4:18.96
3.	,	2002	- "	"	4:20.19 542
50m:		150m:	250m:	350m:	
100m:	1:01.04	200m:	300m:	400m:	4:20.19
4.	,	2007	- "	"	4:20.86 538
50m:		150m:	250m:	350m:	
100m:	1:00.84	200m:	300m:	400m:	4:20.86
5.	,	2007	-		4:22.92 526
50m:		150m:	250m:	350m:	
100m:	1:03.51	200m:	300m:	400m:	4:22.92
6.	,	2007	- "	"	4:37.05 449
50m:		150m:	250m:	350m:	
100m:	1:06.54	200m:	300m:	400m:	4:37.05
7.	,	2007	-		4:44.20 416
50m:		150m:	250m:	350m:	
100m:	1:05.25	200m:	300m:	400m:	4:44.20
2006 - 2007					
1.	,	2006	- "	"	4:18.96 550
50m:		150m:	250m:	350m:	
100m:	1:00.93	200m:	300m:	400m:	4:18.96
2.	,	2007	- "	"	4:20.86 538
50m:		150m:	250m:	350m:	
100m:	1:00.84	200m:	300m:	400m:	4:20.86
3.	,	2007	-		4:22.92 526
50m:		150m:	250m:	350m:	
100m:	1:03.51	200m:	300m:	400m:	4:22.92
4.	,	2007	- "	"	4:37.05 449
50m:		150m:	250m:	350m:	
100m:	1:06.54	200m:	300m:	400m:	4:37.05
5.	,	2007	-		4:44.20 416
50m:		150m:	250m:	350m:	
100m:	1:05.25	200m:	300m:	400m:	4:44.20
EXH	,	2005			4:07.08 633
50m:		150m:	250m:	350m:	
100m:	58.58	200m:	300m:	400m:	4:07.08
EXH	,	2005			4:17.53 559
50m:		150m:	250m:	350m:	
100m:	1:01.67	200m:	300m:	400m:	4:17.53
EXH	,	2009	- "	"	4:47.90 400
50m:		150m:	250m:	350m:	
100m:	1:06.98	200m:	300m:	400m:	4:47.90

31, , 400m

EXH	,	/	-	4:50.20	II	Fina
	50m:	2008	250m:			391
	100m: 1:08.49	150m:	300m: 3:36.48	350m:		
		200m: 2:21.39		400m: 4:50.20		