

32 , 400m 2009
06.02.2022 - 10:35

III . 9 +: 9:54.00 / II . 9 +: 8:43.00 / I . 9 +: 7:32.00 /
III 9 +: 6:21.00 / II 9 +: 5:37.00 / I 9 +: 4:56.00 /
10 +: 4:38.00 / 12 +: 4:23.00

: FINA 2021

										Fina
2009										
1.	,	2005	- "	"	4:42.49	I				567
	50m:	150m:	250m:	350m:						
	100m: 1:09.63	200m: 2:23.74	300m: 3:35.04	400m: 4:42.49						
2.	,	2005	- "	"	4:48.80	I				531
	50m:	150m:	250m:	350m:						
	100m: 1:09.58	200m: 2:23.63	300m: 3:36.38	400m: 4:48.80						
3.	,	2006	- "	"	4:53.31	I				507
	50m:	150m:	250m:	350m:						
	100m: 1:09.70	200m: 2:23.53	300m: 3:37.61	400m: 4:53.31						
4.	,	2008	-		5:00.88	II				469
	50m:	150m:	250m:	350m:						
	100m: 1:11.11	200m: 2:27.02	300m: 3:44.65	400m: 5:00.88						
5.	,	2007	-		5:27.32	II				364
	50m:	150m:	250m:	350m:						
	100m: 1:14.90	200m: 2:36.80	300m: 4:02.63	400m: 5:27.32						
6.	,	2005	-		5:37.30	III				333
	50m:	150m:	250m:	350m:						
	100m: 1:19.05	200m: 2:44.28	300m: 4:10.92	400m: 5:37.30						
2008 - 2009										
1.	,	2008	-		5:00.88	II				469
	50m:	150m:	250m:	350m:						
	100m: 1:11.11	200m: 2:27.02	300m: 3:44.65	400m: 5:00.88						
EXH	,	2007			4:35.62					611
	50m:	150m:	250m:	350m:						
	100m: 1:06.95	200m: 2:17.61	300m: 3:28.56	400m: 4:35.62						
EXH	,	2008			4:42.59	I				567
	50m:	150m:	250m:	350m:						
	100m: 1:09.34	200m: 2:22.61	300m: 3:34.19	400m: 4:42.59						