

22  
26.01.2023 - 15:33

, 400m

2007 - 2008

: FINA 2022

			/				rt		FINA
1.			2008				+0,62	<b>4:51.26</b>	586
	50m:	29.21	29.21	150m:	1:40.87	36.60	250m:	2:59.83	42.42
	100m:	1:04.27	35.06	200m:	2:17.41	36.54	300m:	3:43.18	43.35
								350m:	4:17.53
								400m:	4:51.26
									34.35
									33.73
2.			2008				+0,74	<b>4:58.09</b>	547
	50m:	29.82	29.82	150m:	1:46.23	39.72	250m:	3:05.32	41.58
	100m:	1:06.51	36.69	200m:	2:23.74	37.51	300m:	3:48.55	43.23
								350m:	4:23.67
								400m:	4:58.09
									35.12
									34.42
3.			2008				+0,53	<b>5:00.88</b>	532
	50m:	31.27	31.27	150m:	1:47.88	38.52	250m:	3:08.44	43.69
	100m:	1:09.36	38.09	200m:	2:24.75	36.87	300m:	3:52.35	43.91
								350m:	4:27.02
								400m:	5:00.88
									34.67
									33.86
4.			2008 1				+0,89	<b>5:04.06</b>	515
	50m:	30.42	30.42	150m:	1:47.47	41.00	250m:	3:10.02	43.26
	100m:	1:06.47	36.05	200m:	2:26.76	39.29	300m:	3:53.62	43.60
								350m:	4:29.35
								400m:	5:04.06
									35.73
									34.71
5.			2008				+0,68	<b>5:05.69</b>	507
	50m:	32.23	32.23	150m:	1:52.58	42.24	250m:	3:12.26	39.76
	100m:	1:10.34	38.11	200m:	2:32.50	39.92	300m:	3:54.93	42.67
								350m:	4:32.05
								400m:	5:05.69
									37.12
									33.64
			2008 1				+0,49	<b>5:05.69</b>	507
	50m:	31.37	31.37	150m:	1:47.59	39.56	250m:	3:11.54	44.60
	100m:	1:08.03	36.66	200m:	2:26.94	39.35	300m:	3:56.20	44.66
								350m:	4:31.98
								400m:	5:05.69
									35.78
									33.71
7.			2008 1				+0,55	<b>5:08.17</b>	495
	50m:	31.58	31.58	150m:	1:49.19	38.40	250m:	3:12.75	45.10
	100m:	1:10.79	39.21	200m:	2:27.65	38.46	300m:	3:59.50	46.75
								350m:	4:35.06
								400m:	5:08.17
									35.56
									33.11
8.			2008 2				+0,71	<b>5:12.51</b>	475
	50m:	31.77	31.77	150m:	1:49.31	41.30	250m:	3:14.80	46.18
	100m:	1:08.01	36.24	200m:	2:28.62	39.31	300m:	4:01.03	46.23
								350m:	4:37.89
								400m:	5:12.51
									36.86
									34.62
9.			2008 1				+0,68	<b>5:15.53</b>	461
	50m:	33.01	33.01	150m:	1:53.91	39.64	250m:	3:18.39	45.60
	100m:	1:14.27	41.26	200m:	2:32.79	38.88	300m:	4:05.66	47.27
								350m:	4:40.98
								400m:	5:15.53
									35.32
									34.55
10.			2008 2				+0,87	<b>5:27.19</b>	413
	50m:	33.22	33.22	150m:	1:54.68	41.90	250m:	3:23.36	47.75
	100m:	1:12.78	39.56	200m:	2:35.61	40.93	300m:	4:12.63	49.27
								350m:	4:50.54
								400m:	5:27.19
									37.91
									36.65
11.			2008 2				+0,87	<b>5:33.16</b>	392
	50m:	33.55	33.55	150m:	1:58.20	42.48	250m:	3:26.79	47.00
	100m:	1:15.72	42.17	200m:	2:39.79	41.59	300m:	4:14.32	47.53
								350m:	4:54.17
								400m:	5:33.16
									39.85
									38.99
12.			2008 2				+0,49	<b>5:33.59</b>	390
	50m:	34.68	34.68	150m:	1:59.49	42.68	250m:	3:26.10	45.45
	100m:	1:16.81	42.13	200m:	2:40.65	41.16	300m:	4:12.62	46.52
								350m:	4:53.68
								400m:	5:33.59
									41.06
									39.91
13.			2007 2				+0,84	<b>5:40.23</b>	368
	50m:	32.27	32.27	150m:	1:57.92	46.86	250m:	3:33.52	51.13
	100m:	1:11.06	38.79	200m:	2:42.39	44.47	300m:	4:24.01	50.49
								350m:	5:02.30
								400m:	5:40.23
									38.29
									37.93
14.			2008 2				+0,74	<b>5:42.23</b>	361
	50m:	36.12	36.12	150m:	2:04.70	45.01	250m:	3:33.79	45.10
	100m:	1:19.69	43.57	200m:	2:48.69	43.99	300m:	4:21.37	47.58
								350m:	5:01.90
								400m:	5:42.23
									40.53
									40.33
15.			2008 2				+0,61	<b>5:52.70</b>	330
	50m:	31.97	31.97	150m:	1:57.47	46.38	250m:	3:35.68	53.29
	100m:	1:11.09	39.12	200m:	2:42.39	44.92	300m:	4:29.25	53.57
								350m:	5:11.18
								400m:	5:52.70
									41.93
									41.52