

26.01.2023 . - 27.01.2023 .

26			, 400m			2014			
27.01.2023 - 14:50									
III : 5:50.00									
: FINA 2022						FINA			
15									
1.			2007	"	"	" ( )		<b>4:39.30</b> III	489
	50m:	31.44	31.44	150m:	1:41.87	36.14	250m:	2:53.55	35.52
	100m:	1:05.73	34.29	200m:	2:18.03	36.16	300m:	3:29.03	35.48
								350m:	4:04.95
								400m:	4:39.30
2.			2006	"	"	" ( )		<b>4:44.58</b> III	462
	50m:	33.06	33.06	150m:	1:44.69	36.43	250m:	2:56.90	36.09
	100m:	1:08.26	35.20	200m:	2:20.81	36.12	300m:	3:32.96	36.06
								350m:	4:09.76
								400m:	4:44.58
3.			2008	"	"	" ( )		<b>4:53.89</b> III	419
	50m:	33.65	33.65	150m:	1:50.04	39.07	250m:	3:06.75	38.23
	100m:	1:10.97	37.32	200m:	2:28.52	38.48	300m:	3:44.77	38.02
								350m:	4:19.22
								400m:	4:53.89
4.			2007	"	"	" ( )		<b>4:58.75</b> III	399
	50m:	29.84	29.84	150m:	1:41.10	37.19	250m:	2:59.97	39.94
	100m:	1:03.91	34.07	200m:	2:20.03	38.93	300m:	3:40.32	40.35
								350m:	4:21.12
								400m:	4:58.75
5.			2008	"	"	" ( )		<b>5:07.68</b> III	365
	50m:	34.03	34.03	150m:	1:51.91	39.75	250m:	3:10.80	39.69
	100m:	1:12.16	38.13	200m:	2:31.11	39.20	300m:	3:50.23	39.43
								350m:	4:29.88
								400m:	5:07.68
13 - 14									
1.			2010	"	"	" ( )		<b>4:38.80</b> III	491
	50m:	30.36	30.36	300m:	3:28.36	2:24.50	400m:	4:38.80	33.79
	100m:	1:03.86	33.50	350m:	4:05.01	36.65			
2.			2010	"	"	" ( )		<b>5:23.92</b> III	313
	50m:	34.65	34.65	150m:	1:54.96	41.86	250m:	3:19.38	42.73
	100m:	1:13.10	38.45	200m:	2:36.65	41.69	300m:	4:02.32	42.94
								350m:	4:44.80
								400m:	5:23.92
3.			2009	"	"	" ( )		<b>5:24.65</b> III	311
	50m:	35.30	35.30	150m:	1:55.57	41.34	250m:	3:21.07	43.12
	100m:	1:14.23	38.93	200m:	2:37.95	42.38	300m:	4:03.33	42.26
								350m:	4:46.33
								400m:	5:24.65
4.			2010	"	"	" ( )		<b>5:35.21</b> III	282
	50m:	38.68	38.68	150m:	2:04.96	43.69	250m:	3:31.69	43.11
	100m:	1:21.27	42.59	200m:	2:48.58	43.62	300m:	4:15.26	43.57
								350m:	4:57.10
								400m:	5:35.21
5.			2010	"	"	" ( )		<b>5:37.03</b> III	278
	50m:	38.64	38.64	150m:	2:04.99	43.75	250m:	3:32.48	43.89
	100m:	1:21.24	42.60	200m:	2:48.59	43.60	300m:	4:15.78	43.30
								350m:	4:58.26
								400m:	5:37.03
6.			2010	"	"	" ( )		<b>5:50.64</b>	247
	50m:	38.45	38.45	150m:	2:05.04	44.20	250m:	3:37.11	46.55
	100m:	1:20.84	42.39	200m:	2:50.56	45.52	300m:	4:22.59	45.48
								350m:	5:08.19
								400m:	5:50.64
7.			2009	"	"	" ( )		<b>5:53.28</b>	241
	50m:	32.53	32.53	150m:	1:54.34	42.86	250m:	3:28.64	48.69
	100m:	1:11.48	38.95	200m:	2:39.95	45.61	300m:	4:17.26	48.62
								350m:	5:06.18
								400m:	5:53.28
8.			2010	"	"	" ( )		<b>6:01.03</b>	226
	50m:	40.18	40.18	150m:	2:11.63	46.62	250m:	3:43.54	46.10
	100m:	1:25.01	44.83	200m:	2:57.44	45.81	300m:	4:31.09	47.55
								350m:	5:15.96
								400m:	6:01.03
9.			2010	"	"	" ( )		<b>6:02.94</b>	222
	50m:	37.03	37.03	150m:	2:06.95	46.44	250m:	3:41.67	48.27
	100m:	1:20.51	43.48	200m:	2:53.40	46.45	300m:	4:29.27	47.60
								350m:	5:18.42
								400m:	6:02.94
10.			2010	"	"	" ( )		<b>6:13.36</b>	204
	50m:	39.79	39.79	150m:	2:14.84	49.03	250m:	3:51.67	49.45
	100m:	1:25.81	46.02	200m:	3:02.22	47.38	300m:	4:40.22	48.55
								350m:	5:29.56
								400m:	6:13.36

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26, , 400m

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1.			2011		"	" ( )		<b>5:30.10</b> III	296
	50m:	36.56	36.56	150m:	2:00.68	43.43	250m:	3:26.25	43.28
	100m:	1:17.25	40.69	200m:	2:42.97	42.29	300m:	4:09.67	43.42
								350m:	4:52.17
								400m:	5:30.10
2.			2011		"	" ( )		<b>5:50.40</b>	247
	50m:	38.80	38.80	150m:	2:10.40	47.63	250m:	3:44.71	48.05
	100m:	1:22.77	43.97	200m:	2:56.66	46.26	300m:	4:30.47	45.76
								350m:	5:13.92
								400m:	5:50.40
3.			2011		"	" ( )		<b>6:06.03</b>	217
	50m:	38.91	38.91	150m:	2:10.91	46.70	250m:	3:47.20	48.62
	100m:	1:24.21	45.30	200m:	2:58.58	47.67	300m:	4:34.70	47.50
								350m:	5:21.25
								400m:	6:06.03
4.			2011		"	" ( )		<b>6:24.46</b>	187
	50m:	40.07	40.07	150m:	2:17.71	50.33	250m:	3:58.43	51.57
	100m:	1:27.38	47.31	200m:	3:06.86	49.15	300m:	4:49.51	51.08
								350m:	5:38.57
								400m:	6:24.46
5.			2012		"	" ( )		<b>6:34.41</b>	173
	50m:	37.82	37.82	150m:	2:15.81	50.55	250m:	4:01.72	53.19
	100m:	1:25.26	47.44	200m:	3:08.53	52.72	300m:	4:54.14	52.42
								350m:	5:48.03
								400m:	6:34.41
6.			2011		"	" ( )		<b>6:47.48</b>	157
	50m:	41.87	41.87	150m:	2:22.40	51.81	250m:	4:09.02	53.92
	100m:	1:30.59	48.72	200m:	3:15.10	52.70	300m:	5:02.56	53.54
								350m:	5:57.66
								400m:	6:47.48

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1.			2013		"	" ( )		<b>5:48.97</b> III	250
	50m:	39.36	39.36	150m:	2:07.10	43.69	250m:	3:37.88	45.55
	100m:	1:23.41	44.05	200m:	2:52.33	45.23	300m:	4:22.36	44.48
								350m:	5:08.29
								400m:	5:48.97