

31 , 400m 2009 - 2015  
13.12.2025 - 12:47

I .	8 +: 7:29.00 /	I	9 +: 4:52.00 /	II .	8 +: 8:40.00 /
II	9 +: 5:34.00 /	III .	8 +: 9:51.00 /	III	9 +: 6:18.00 /
	10 +: 4:30.00 /		12 +: 4:20.00		

: AQUA 2025

2009

1.	,	09	( )	<b>4:58.19</b>	460	2		
50m:	32.98	32.98	150m: 1:45.98	37.20	250m: 3:02.11	38.16	350m: 4:19.47	38.69
100m:	1:08.78	35.80	200m: 2:23.95	37.97	300m: 3:40.78	38.67	400m: 4:58.19	38.72

2010 - 2011

1.	,	10	( )	<b>4:46.25</b>	520	1		
50m:	32.06	32.06	150m: 1:44.03	36.28	250m: 2:57.21	36.51	350m: 4:10.33	36.83
100m:	1:07.75	35.69	200m: 2:20.70	36.67	300m: 3:33.50	36.29	400m: 4:46.25	35.92

2012 - 2013

1.	,	13	( )	<b>5:13.15</b>	397	2		
50m:	34.68	34.68	150m: 1:52.16	39.57	250m: 3:12.57	40.30	350m: 4:33.99	40.72
100m:	1:12.59	37.91	200m: 2:32.27	40.11	300m: 3:53.27	40.70	400m: 5:13.15	39.16