

04.10.2024 . - 05.10.2024 .

15			, 400m						2013		
04.10.2024 - 15:45											
III	10 +: 4:30.00 / 9 +: 6:18.00 /		I	I	9 +: 4:52.00 / 8 +: 7:29.00	II	9 +: 5:34.00 /				
: FINA 2023											
FINA											
11 - 13											
1.			2012			( )		<b>5:32.54 II</b>		336	
50m:	38.84	38.84	150m:	2:03.23	42.77	250m:	3:27.21	41.55	350m:	4:51.76	43.04
100m:	1:20.46	41.62	200m:	2:45.66	42.43	300m:	4:08.72	41.51	400m:	5:32.54	40.78
2.			2012			( )		<b>5:54.39 III</b>		278	
50m:	40.45	40.45	150m:	2:07.50	44.07	250m:	3:38.75	45.30	350m:	5:10.19	45.48
100m:	1:23.43	42.98	200m:	2:53.45	45.95	300m:	4:24.71	45.96	400m:	5:54.39	44.20
3.			2012			( )		<b>6:07.60 III</b>		249	
50m:	36.84	36.84	150m:	2:08.38	46.88	250m:	3:43.03	47.87	350m:	5:19.52	47.48
100m:	1:21.50	44.66	200m:	2:55.16	46.78	300m:	4:32.04	49.01	400m:	6:07.60	48.08
4.			2012			( )		<b>6:22.41 I</b>		221	
50m:	43.28	43.28	150m:	2:20.31	49.17	250m:	4:00.78	50.31	350m:	5:38.52	48.72
100m:	1:31.14	47.86	200m:	3:10.47	50.16	300m:	4:49.80	49.02	400m:	6:22.41	43.89
5.			2012			( )		<b>6:52.73 I</b>		176	
50m:	44.61	44.61	150m:	2:29.83	53.73	250m:	4:16.28	53.81	350m:	6:03.00	52.82
100m:	1:36.10	51.49	200m:	3:22.47	52.64	300m:	5:10.18	53.90	400m:	6:52.73	49.73
14 - 15											
1.			2009			( )		<b>5:31.62 II</b>		339	
50m:	36.25	36.25	150m:	1:59.70	42.24	250m:	3:24.72	42.11	350m:	4:48.28	42.01
100m:	1:17.46	41.21	200m:	2:42.61	42.91	300m:	4:06.27	41.55	400m:	5:31.62	43.34
16 - 18											
1.			2007			( )		<b>4:59.94 II</b>		458	
50m:	34.41	34.41	150m:	1:50.72	38.82	250m:	3:08.80	38.82	350m:	4:25.16	37.68
100m:	1:11.90	37.49	200m:	2:29.98	39.26	300m:	3:47.48	38.68	400m:	4:59.94	34.78
2.			2008 I			( )		<b>5:00.26 II</b>		457	
50m:	35.26	35.26	150m:	1:50.76	37.88	250m:	3:08.71	38.65	350m:	4:25.12	37.49
100m:	1:12.88	37.62	200m:	2:30.06	39.30	300m:	3:47.63	38.92	400m:	5:00.26	35.14
1.			2007			( )		<b>4:59.94 II</b>		458	
50m:	34.41	34.41	150m:	1:50.72	38.82	250m:	3:08.80	38.82	350m:	4:25.16	37.68
100m:	1:11.90	37.49	200m:	2:29.98	39.26	300m:	3:47.48	38.68	400m:	4:59.94	34.78
2.			2008 I			( )		<b>5:00.26 II</b>		457	
50m:	35.26	35.26	150m:	1:50.76	37.88	250m:	3:08.71	38.65	350m:	4:25.12	37.49
100m:	1:12.88	37.62	200m:	2:30.06	39.30	300m:	3:47.63	38.92	400m:	5:00.26	35.14
3.			2009			( )		<b>5:31.62 II</b>		339	
50m:	36.25	36.25	150m:	1:59.70	42.24	250m:	3:24.72	42.11	350m:	4:48.28	42.01
100m:	1:17.46	41.21	200m:	2:42.61	42.91	300m:	4:06.27	41.55	400m:	5:31.62	43.34