

3
20.02.2026 - 14:38

, 800m

2014

	10 +: 9:02.00 / III 9 +: 12:40.00 / III 9 +: 18:42.00	I	9 +: 9:41.00 / I 9 +: 14:42.00 /	II	9 +: 11:18.00 / II 9 +: 16:42.00 /						
: AQUA 2025											
/											
2013 . . - 2014 . .											
1.	2013				()	10:01.81 II		424			
50m:	32.67	32.67	250m:	3:01.10	38.25	450m:	5:34.15	39.20	650m:	8:09.31	39.40
100m:	1:08.15	35.48	300m:	3:38.71	37.61	500m:	6:12.17	38.02	700m:	8:47.72	38.41
150m:	1:45.91	37.76	350m:	4:17.19	38.48	550m:	6:51.55	39.38	750m:	9:26.05	38.33
200m:	2:22.85	36.94	400m:	4:54.95	37.76	600m:	7:29.91	38.36	800m:	10:01.81	35.76
2.	2014				()	10:30.71 II		368			
50m:	35.61	35.61	250m:	3:14.94	40.07	450m:	5:56.00	40.10	650m:	8:35.33	39.80
100m:	1:14.77	39.16	300m:	3:55.46	40.52	500m:	6:36.12	40.12	700m:	9:14.11	38.78
150m:	1:54.13	39.36	350m:	4:35.32	39.86	550m:	7:15.60	39.48	750m:	9:53.25	39.14
200m:	2:34.87	40.74	400m:	5:15.90	40.58	600m:	7:55.53	39.93	800m:	10:30.71	37.46
3.	2013				()	10:38.48 II		355			
50m:	35.79	35.79	250m:	3:17.76	40.63	450m:	5:59.24	40.31	650m:	8:43.72	41.25
100m:	1:15.05	39.26	300m:	3:58.19	40.43	500m:	6:40.20	40.96	700m:	9:24.94	41.22
150m:	1:56.02	40.97	350m:	4:38.46	40.27	550m:	7:21.08	40.88	750m:	10:03.20	38.26
200m:	2:37.13	41.11	400m:	5:18.93	40.47	600m:	8:02.47	41.39	800m:	10:38.48	35.28
4.	2014				()	10:38.80 II		354			
50m:	36.07	36.07	250m:	3:17.75	40.21	450m:	5:59.18	40.65	650m:	8:42.98	41.99
100m:	1:15.74	39.67	300m:	3:58.24	40.49	500m:	6:39.36	40.18	700m:	9:23.69	40.71
150m:	1:56.34	40.60	350m:	4:38.46	40.22	550m:	7:19.82	40.46	750m:	10:02.94	39.25
200m:	2:37.54	41.20	400m:	5:18.53	40.07	600m:	8:00.99	41.17	800m:	10:38.80	35.86
5.	2013				()	10:39.47 II		353			
50m:	34.99	34.99	250m:	3:19.18	41.67	450m:	6:05.47	41.48	650m:	8:47.93	40.94
100m:	1:15.29	40.30	300m:	4:00.83	41.65	500m:	6:45.87	40.40	700m:	9:26.99	39.06
150m:	1:57.13	41.84	350m:	4:41.42	40.59	550m:	7:26.16	40.29	750m:	10:04.21	37.22
200m:	2:37.51	40.38	400m:	5:23.99	42.57	600m:	8:06.99	40.83	800m:	10:39.47	35.26
6.	2014				()	10:41.47 II		350			
50m:	35.36	35.36	250m:	3:18.57	41.94	450m:	6:04.25	41.15	650m:	8:47.64	40.45
100m:	1:15.24	39.88	300m:	4:00.59	42.02	500m:	6:45.49	41.24	700m:	9:27.81	40.17
150m:	1:56.03	40.79	350m:	4:41.41	40.82	550m:	7:26.97	41.48	750m:	10:05.36	37.55
200m:	2:36.63	40.60	400m:	5:23.10	41.69	600m:	8:07.19	40.22	800m:	10:41.47	36.11
7.	2013				()	11:18.59 III		295			
50m:	36.74	36.74	250m:	3:28.97	44.22	450m:	6:23.46	44.02	650m:	9:16.85	43.06
100m:	1:17.54	40.80	300m:	4:12.47	43.50	500m:	7:06.74	43.28	700m:	9:58.30	41.45
150m:	2:01.29	43.75	350m:	4:56.41	43.94	550m:	7:50.78	44.04	750m:	10:39.26	40.96
200m:	2:44.75	43.46	400m:	5:39.44	43.03	600m:	8:33.79	43.01	800m:	11:18.59	39.33
8.	2014				()	11:20.07 III		293			
50m:	37.23	37.23	250m:	3:29.86	44.20	450m:	6:25.08	43.46	650m:	9:17.79	42.16
100m:	1:19.39	42.16	300m:	4:14.29	44.43	500m:	7:09.07	43.99	700m:	10:00.45	42.66
150m:	2:01.91	42.52	350m:	4:57.73	43.44	550m:	7:51.90	42.83	750m:	10:41.69	41.24
200m:	2:45.66	43.75	400m:	5:41.62	43.89	600m:	8:35.63	43.73	800m:	11:20.07	38.38
9.	2013				()	11:24.80 III		287			
50m:	37.03	37.03	250m:	3:28.37	43.74	450m:	6:23.63	43.04	650m:	9:18.31	43.06
100m:	1:18.58	41.55	300m:	4:12.33	43.96	500m:	7:08.26	44.63	700m:	10:02.14	43.83
150m:	2:01.24	42.66	350m:	4:56.08	43.75	550m:	7:50.60	42.34	750m:	10:44.32	42.18
200m:	2:44.63	43.39	400m:	5:40.59	44.51	600m:	8:35.25	44.65	800m:	11:24.80	40.48
10.	2013				()	11:32.87 III		277			
50m:	35.87	35.87	250m:	3:27.34	41.31	450m:	6:25.07	41.49	650m:	9:25.29	43.43
100m:	1:19.87	44.00	300m:	4:14.88	47.54	500m:	7:13.18	48.11	700m:	10:11.65	46.36
150m:	1:59.55	39.68	350m:	4:56.06	41.18	550m:	7:56.23	43.05	750m:	10:53.93	42.28
200m:	2:46.03	46.48	400m:	5:43.58	47.52	600m:	8:41.86	45.63	800m:	11:32.87	38.94

3,		, 800m				2013 . . - 2014 . .				FINA		
11.										270		
	50m:	37.17	37.17	250m:	3:29.62	44.00	450m:	6:27.13	44.32	650m:	9:27.75	44.27
	100m:	1:19.54	42.37	300m:	4:13.76	44.14	500m:	7:12.84	45.71	700m:	10:12.63	44.88
	150m:	2:02.01	42.47	350m:	4:58.03	44.27	550m:	7:57.52	44.68	750m:	10:56.58	43.95
	200m:	2:45.62	43.61	400m:	5:42.81	44.78	600m:	8:43.48	45.96	800m:	11:39.40	42.82
12.										242		
	50m:	36.29	36.29	250m:	3:31.93	44.79	450m:	6:38.84	47.11	650m:	9:48.97	47.70
	100m:	1:18.61	42.32	300m:	4:18.02	46.09	500m:	7:26.00	47.16	700m:	10:36.40	47.43
	150m:	2:03.61	45.00	350m:	5:04.76	46.74	550m:	8:13.39	47.39	750m:	11:22.61	46.21
	200m:	2:47.14	43.53	400m:	5:51.73	46.97	600m:	9:01.27	47.88	800m:	12:04.91	42.30
13.										237		
	50m:	37.10	37.10	250m:	3:32.19	45.28	450m:	6:39.22	47.19	650m:	9:51.01	48.52
	100m:	1:19.29	42.19	300m:	4:17.84	45.65	500m:	7:26.68	47.46	700m:	10:38.29	47.28
	150m:	2:03.00	43.71	350m:	5:04.58	46.74	550m:	8:14.44	47.76	750m:	11:25.34	47.05
	200m:	2:46.91	43.91	400m:	5:52.03	47.45	600m:	9:02.49	48.05	800m:	12:09.98	44.64
14.										219		
	50m:	38.41	38.41	250m:	3:48.76	48.34	450m:	7:02.05	47.34	650m:	10:14.35	48.54
	100m:	1:24.93	46.52	300m:	4:38.08	49.32	500m:	7:50.04	47.99	700m:	11:02.06	47.71
	150m:	2:13.16	48.23	350m:	5:27.18	49.10	550m:	8:37.91	47.87	750m:	11:47.21	45.15
	200m:	3:00.42	47.26	400m:	6:14.71	47.53	600m:	9:25.81	47.90	800m:	12:29.97	42.76
15.										218		
	50m:	40.51	40.51	250m:	3:48.73	47.72	450m:	7:03.06	49.01	650m:	10:14.71	48.44
	100m:	1:25.21	44.70	300m:	4:37.27	48.54	500m:	7:51.44	48.38	700m:	11:01.56	46.85
	150m:	2:12.75	47.54	350m:	5:26.96	49.69	550m:	8:39.32	47.88	750m:	11:46.97	45.41
	200m:	3:01.01	48.26	400m:	6:14.05	47.09	600m:	9:26.27	46.95	800m:	12:30.32	43.35
16.										217		
	50m:	40.57	40.57	250m:	3:51.74	49.35	450m:	7:06.46	48.75	650m:	10:18.96	48.60
	100m:	1:27.27	46.70	300m:	4:40.52	48.78	500m:	7:54.59	48.13	700m:	11:06.52	47.56
	150m:	2:15.15	47.88	350m:	5:30.24	49.72	550m:	8:43.27	48.68	800m:	12:32.08	1:25.56
	200m:	3:02.39	47.24	400m:	6:17.71	47.47	600m:	9:30.36	47.09			
17.										214		
	50m:	41.27	41.27	250m:	3:52.24	48.14	450m:	7:05.05	47.65	650m:	10:17.61	48.19
	100m:	1:29.08	47.81	300m:	4:40.30	48.06	500m:	7:53.28	48.23	700m:	11:04.33	46.72
	150m:	2:16.56	47.48	350m:	5:29.50	49.20	550m:	8:41.38	48.10	750m:	11:52.09	47.76
	200m:	3:04.10	47.54	400m:	6:17.40	47.90	600m:	9:29.42	48.04	800m:	12:35.09	43.00
18.										212		
	50m:	39.81	39.81	250m:	3:50.93	48.77	450m:	7:05.40	48.76	650m:	10:18.72	49.14
	100m:	1:25.23	45.42	300m:	4:39.82	48.89	500m:	7:53.12	47.72	700m:	11:05.25	46.53
	150m:	2:13.68	48.45	350m:	5:29.29	49.47	550m:	8:41.54	48.42	750m:	11:52.65	47.40
	200m:	3:02.16	48.48	400m:	6:16.64	47.35	600m:	9:29.58	48.04	800m:	12:37.25	44.60
19.										210		
	50m:	40.02	40.02	250m:	3:47.27	47.16	450m:	7:02.36	48.45	650m:	10:18.78	48.59
	100m:	1:25.13	45.11	300m:	4:36.37	49.10	500m:	7:51.89	49.53	700m:	11:08.05	49.27
	150m:	2:11.48	46.35	350m:	5:24.85	48.48	550m:	8:40.84	48.95	750m:	11:55.26	47.21
	200m:	3:00.11	48.63	400m:	6:13.91	49.06	600m:	9:30.19	49.35	800m:	12:40.29	45.03
20.										206		
	50m:	39.20	39.20	250m:	3:50.55	48.84	450m:	7:10.33	50.32	650m:	10:27.35	48.32
	100m:	1:24.61	45.41	300m:	4:40.22	49.67	500m:	7:59.75	49.42	700m:	11:16.76	49.41
	150m:	2:12.77	48.16	350m:	5:30.43	50.21	550m:	8:49.31	49.56	750m:	12:01.89	45.13
	200m:	3:01.71	48.94	400m:	6:20.01	49.58	600m:	9:39.03	49.72	800m:	12:44.49	42.60
21.										192		
	50m:	40.99	40.99	250m:	4:00.38	50.89	450m:	7:23.24	50.19	650m:	10:43.52	49.35
	100m:	1:29.39	48.40	300m:	4:51.02	50.64	500m:	8:13.25	50.01	700m:	11:33.42	49.90
	150m:	2:19.24	49.85	350m:	5:43.15	52.13	550m:	9:03.83	50.58	750m:	12:21.34	47.92
	200m:	3:09.49	50.25	400m:	6:33.05	49.90	600m:	9:54.17	50.34	800m:	13:03.31	41.97
22.										192		
	50m:	40.35	40.35	250m:	4:00.93	50.47	450m:	7:22.98	51.42	650m:	10:44.06	50.95
	100m:	1:29.61	49.26	300m:	4:51.39	50.46	500m:	8:12.23	49.25	700m:	11:31.66	47.60
	150m:	2:20.06	50.45	350m:	5:41.96	50.57	550m:	9:03.29	51.06	750m:	12:20.12	48.46
	200m:	3:10.46	50.40	400m:	6:31.56	49.60	600m:	9:53.11	49.82	800m:	13:03.40	43.28

3,		, 800m		2013		- 2014		FINA			
23.								13:04.74	191		
50m:	43.01	43.01	250m:	4:02.32	50.85	450m:	7:23.96	50.30	650m:	10:46.87	51.74
100m:	1:30.84	47.83	300m:	4:53.19	50.87	500m:	8:14.77	50.81	700m:	11:36.76	49.89
150m:	2:21.19	50.35	350m:	5:42.90	49.71	550m:	9:04.95	50.18	750m:	12:23.65	46.89
200m:	3:11.47	50.28	400m:	6:33.66	50.76	600m:	9:55.13	50.18	800m:	13:04.74	41.09
24.								13:06.28	190		
50m:	42.30	42.30	250m:	3:59.69	51.33	450m:	7:22.80	51.87	650m:	10:41.40	50.25
100m:	1:28.51	46.21	300m:	4:49.74	50.05	500m:	8:11.67	48.87	700m:	11:29.52	48.12
150m:	2:19.38	50.87	350m:	5:41.60	51.86	550m:	9:02.01	50.34	750m:	12:21.34	51.82
200m:	3:08.36	48.98	400m:	6:30.93	49.33	600m:	9:51.15	49.14	800m:	13:06.28	44.94
25.								13:07.49	189		
50m:	41.81	41.81	250m:	3:57.49	49.65	450m:	7:19.39	50.16	650m:	10:43.63	50.44
100m:	1:29.84	48.03	300m:	4:47.26	49.77	500m:	8:11.07	51.68	700m:	11:34.45	50.82
150m:	2:18.68	48.84	350m:	5:38.81	51.55	550m:	9:01.88	50.81	750m:	12:24.76	50.31
200m:	3:07.84	49.16	400m:	6:29.23	50.42	600m:	9:53.19	51.31	800m:	13:07.49	42.73
26.								13:08.84	188		
50m:	40.39	40.39	250m:	3:55.83	49.33	450m:	7:22.02	52.29	650m:	10:48.16	52.04
100m:	1:27.41	47.02	300m:	4:48.52	52.69	500m:	8:12.60	50.58	700m:	11:36.33	48.17
150m:	2:16.06	48.65	350m:	5:39.41	50.89	550m:	9:05.27	52.67	750m:	12:23.51	47.18
200m:	3:06.50	50.44	400m:	6:29.73	50.32	600m:	9:56.12	50.85	800m:	13:08.84	45.33
27.								13:26.98	175		
50m:	43.88	43.88	250m:	4:09.33	53.47	450m:	7:37.28	53.41	650m:	11:02.08	51.02
100m:	1:32.73	48.85	300m:	5:00.77	51.44	500m:	8:27.74	50.46	700m:	11:53.45	51.37
150m:	2:24.46	51.73	350m:	5:53.48	52.71	550m:	9:19.37	51.63	750m:	12:43.34	49.89
200m:	3:15.86	51.40	400m:	6:43.87	50.39	600m:	10:11.06	51.69	800m:	13:26.98	43.64
28.								13:28.34	174		
50m:	43.15	43.15	250m:	4:10.07	51.78	450m:	7:38.85	53.18	650m:	11:01.94	50.30
100m:	1:35.06	51.91	300m:	4:59.83	49.76	500m:	8:28.40	49.55	700m:	11:53.07	51.13
150m:	2:26.84	51.78	350m:	5:55.27	55.44	550m:	9:20.92	52.52	750m:	12:44.05	50.98
200m:	3:18.29	51.45	400m:	6:45.67	50.40	600m:	10:11.64	50.72	800m:	13:28.34	44.29
29.								13:30.12	173		
50m:	41.74	41.74	250m:	4:03.64	51.55	450m:	7:32.83	51.61	650m:	11:01.27	52.11
100m:	1:30.49	48.75	300m:	4:55.17	51.53	500m:	8:25.47	52.64	700m:	11:53.02	51.75
150m:	2:20.51	50.02	350m:	5:48.01	52.84	550m:	9:17.23	51.76	750m:	12:41.83	48.81
200m:	3:12.09	51.58	400m:	6:41.22	53.21	600m:	10:09.16	51.93	800m:	13:30.12	48.29
30.								13:34.44	171		
50m:	42.52	42.52	250m:	4:06.77	51.92	450m:	7:36.94	52.74	650m:	11:08.81	50.51
100m:	1:32.85	50.33	300m:	4:58.25	51.48	500m:	8:30.16	53.22	700m:	12:01.22	52.41
150m:	2:23.17	50.32	350m:	5:51.79	53.54	550m:	9:24.70	54.54	750m:	12:49.72	48.50
200m:	3:14.85	51.68	400m:	6:44.20	52.41	600m:	10:18.30	53.60	800m:	13:34.44	44.72
31.								13:38.09	168		
50m:	44.50	44.50	250m:	4:13.43	53.49	450m:	7:44.75	52.17	650m:	11:10.63	50.89
100m:	1:34.76	50.26	300m:	5:06.06	52.63	500m:	8:37.27	52.52	700m:	12:01.96	51.33
150m:	2:27.80	53.04	350m:	5:59.71	53.65	550m:	9:28.85	51.58	750m:	12:51.73	49.77
200m:	3:19.94	52.14	400m:	6:52.58	52.87	600m:	10:19.74	50.89	800m:	13:38.09	46.36
32.								13:43.97	165		
50m:	43.64	43.64	250m:	4:17.18	53.50	450m:	7:51.67	52.71	650m:	11:21.94	51.63
100m:	1:35.68	52.04	300m:	5:11.56	54.38	500m:	8:44.38	52.71	700m:	12:12.89	50.95
150m:	2:29.36	53.68	350m:	6:05.01	53.45	550m:	9:36.87	52.49	750m:	13:01.63	48.74
200m:	3:23.68	54.32	400m:	6:58.96	53.95	600m:	10:30.31	53.44	800m:	13:43.97	42.34
33.								13:47.90	162		
50m:	44.58	44.58	250m:	4:18.48	53.47	450m:	7:52.09	53.54	650m:	11:22.42	52.49
100m:	1:36.83	52.25	300m:	5:12.71	54.23	500m:	8:44.41	52.32	700m:	12:13.68	51.26
150m:	2:31.32	54.49	350m:	6:06.48	53.77	550m:	9:38.22	53.81	750m:	13:03.43	49.75
200m:	3:25.01	53.69	400m:	6:58.55	52.07	600m:	10:29.93	51.71	800m:	13:47.90	44.47
34.								13:48.44	162		
50m:	42.92	42.92	250m:	4:10.12	53.41	450m:	7:43.24	53.39	650m:	11:12.86	52.17
100m:	1:33.99	51.07	300m:	5:02.44	52.32	500m:	8:35.30	52.06	700m:	12:04.10	51.24
150m:	2:25.78	51.79	350m:	5:56.66	54.22	550m:	9:28.95	53.65	750m:	12:58.57	54.47
200m:	3:16.71	50.93	400m:	6:49.85	53.19	600m:	10:20.69	51.74	800m:	13:48.44	49.87

3,		, 800m		, 2013 . . - 2014 . .						FINA		
35.										158		
	50m:	45.42	45.42	250m:	4:10.26	52.90	450m:	7:42.21	53.34	650m:	11:15.33	53.83
	100m:	1:35.09	49.67	300m:	5:02.67	52.41	500m:	8:35.40	53.19	700m:	12:09.47	54.14
	150m:	2:25.46	50.37	350m:	5:56.10	53.43	550m:	9:28.20	52.80	750m:	13:02.90	53.43
	200m:	3:17.36	51.90	400m:	6:48.87	52.77	600m:	10:21.50	53.30	800m:	13:54.91	52.01
36.										156		
	50m:	45.83	45.83	250m:	4:19.02	53.44	450m:	7:52.64	53.00	650m:	11:26.39	53.50
	100m:	1:38.14	52.31	300m:	5:11.96	52.94	500m:	8:46.77	54.13	700m:	12:19.02	52.63
	150m:	2:31.20	53.06	350m:	6:05.39	53.43	550m:	9:39.96	53.19	750m:	13:11.92	52.90
	200m:	3:25.58	54.38	400m:	6:59.64	54.25	600m:	10:32.89	52.93	800m:	13:58.59	46.67
37.										150		
	50m:	41.43	41.43	250m:	4:08.05	54.08	450m:	7:48.96	56.36	650m:	11:31.32	56.68
	100m:	1:30.01	48.58	300m:	5:01.83	53.78	500m:	8:44.84	55.88	700m:	12:25.15	53.83
	150m:	2:22.93	52.92	350m:	5:57.51	55.68	550m:	9:39.55	54.71	750m:	13:18.59	53.44
	200m:	3:13.97	51.04	400m:	6:52.60	55.09	600m:	10:34.64	55.09	800m:	14:10.57	51.98
38.										141		
	50m:	38.46	38.46	250m:	4:13.05	55.42	450m:	7:57.70	58.20	650m:	11:43.82	56.07
	100m:	1:28.58	50.12	300m:	5:09.81	56.76	500m:	8:54.13	56.43	700m:	12:41.57	57.75
	150m:	2:21.30	52.72	350m:	6:03.82	54.01	550m:	9:50.70	56.57	750m:	13:32.94	51.37
	200m:	3:17.63	56.33	400m:	6:59.50	55.68	600m:	10:47.75	57.05	800m:	14:28.51	55.57
39.										139		
	50m:	44.96	44.96	250m:	4:22.18	55.61	450m:	8:07.74	56.92	650m:	11:49.79	54.68
	100m:	1:37.17	52.21	300m:	5:17.76	55.58	500m:	9:02.83	55.09	700m:	12:46.26	56.47
	150m:	2:32.40	55.23	350m:	6:13.60	55.84	550m:	9:58.41	55.58	750m:	13:39.95	53.69
	200m:	3:26.57	54.17	400m:	7:10.82	57.22	600m:	10:55.11	56.70	800m:	14:32.49	52.54
40.										120		
	50m:	45.32	45.32	250m:	4:30.33	58.45	450m:	8:28.17	59.76	650m:	12:25.80	58.33
	100m:	1:37.64	52.32	300m:	5:29.34	59.01	500m:	9:28.54	1:00.37	700m:	13:24.99	59.19
	150m:	2:34.38	56.74	350m:	6:30.18	1:00.84	550m:	10:28.06	59.52	750m:	14:19.92	54.93
	200m:	3:31.88	57.50	400m:	7:28.41	58.23	600m:	11:27.47	59.41	800m:	15:15.17	55.25
41.										120		
	50m:	51.82	51.82	250m:	4:43.44	58.63	450m:	8:38.65	59.39	650m:	12:31.90	58.80
	100m:	1:48.50	56.68	300m:	5:45.50	1:02.06	500m:	9:36.29	57.64	700m:	13:29.20	57.30
	150m:	2:46.37	57.87	350m:	6:42.02	56.52	550m:	10:35.03	58.74	750m:	14:22.76	53.56
	200m:	3:44.81	58.44	400m:	7:39.26	57.24	600m:	11:33.10	58.07	800m:	15:16.10	53.34
DSQ										III		
DNS												
DNS												
2011												
1.										523		
	50m:	28.14	28.14	250m:	2:42.32	42.01	450m:	5:13.96	38.11	650m:	7:40.68	33.90
	100m:	57.81	29.67	300m:	3:20.18	37.86	500m:	5:51.35	37.39	700m:	8:13.71	33.03
	150m:	1:29.23	31.42	350m:	3:58.05	37.87	550m:	6:29.60	38.25	750m:	8:47.52	33.81
	200m:	2:00.31	31.08	400m:	4:35.85	37.80	600m:	7:06.78	37.18	800m:	9:20.81	33.29
2.										452		
	50m:	31.56	31.56	250m:	2:59.86	37.52	450m:	5:30.46	37.51	650m:	8:00.56	37.28
	100m:	1:07.94	36.38	300m:	3:38.03	38.17	500m:	6:08.47	38.01	700m:	8:37.81	37.25
	150m:	1:44.85	36.91	350m:	4:15.15	37.12	550m:	6:46.23	37.76	750m:	9:14.51	36.70
	200m:	2:22.34	37.49	400m:	4:52.95	37.80	600m:	7:23.28	37.05	800m:	9:49.09	34.58
3.										438		
	50m:	32.31	32.31	250m:	3:00.99	37.93	450m:	5:31.26	38.18	650m:	8:04.45	38.99
	100m:	1:08.90	36.59	300m:	3:37.98	36.99	500m:	6:09.06	37.80	700m:	8:42.89	38.44
	150m:	1:45.88	36.98	350m:	4:15.82	37.84	550m:	6:47.86	38.80	750m:	9:19.88	36.99
	200m:	2:23.06	37.18	400m:	4:53.08	37.26	600m:	7:25.46	37.60	800m:	9:55.10	35.22

3,		, 800m		, 2011						FINA	
4.										413	
	50m:	32.11	32.11	250m:	3:04.09	38.36	450m:	5:39.10	38.42	10:06.98 II	38.94
	100m:	1:09.25	37.14	300m:	3:42.79	38.70	500m:	6:18.44	39.34	700m:	8:54.00
	150m:	1:47.64	38.39	350m:	4:21.59	38.80	550m:	6:57.58	39.14	750m:	9:31.08
	200m:	2:25.73	38.09	400m:	5:00.68	39.09	600m:	7:36.96	39.38	800m:	10:06.98
5.										395	
	50m:	33.01	33.01	250m:	3:04.88	38.66	450m:	5:41.77	39.05	650m:	8:20.82
	100m:	1:09.76	36.75	300m:	3:44.39	39.51	500m:	6:21.12	39.35	700m:	8:59.49
	150m:	1:47.52	37.76	350m:	4:23.62	39.23	550m:	7:01.18	40.06	750m:	9:38.40
	200m:	2:26.22	38.70	400m:	5:02.72	39.10	600m:	7:40.68	39.50	800m:	10:15.83
6.										395	
	50m:	31.59	31.59	250m:	3:06.64	39.57	450m:	5:47.09	39.30	650m:	8:26.56
	100m:	1:08.77	37.18	300m:	3:47.16	40.52	500m:	6:27.84	40.75	700m:	9:05.88
	150m:	1:46.77	38.00	350m:	4:26.86	39.70	550m:	7:07.36	39.52	750m:	9:43.09
	200m:	2:27.07	40.30	400m:	5:07.79	40.93	600m:	7:47.96	40.60	800m:	10:16.01
7.										364	
	50m:	33.65	33.65	250m:	3:11.15	41.00	450m:	5:56.62	41.35	650m:	8:39.01
	100m:	1:11.25	37.60	300m:	3:52.01	40.86	500m:	6:38.28	41.66	700m:	9:19.20
	150m:	1:50.26	39.01	350m:	4:33.37	41.36	550m:	7:17.62	39.34	750m:	9:57.46
	200m:	2:30.15	39.89	400m:	5:15.27	41.90	600m:	7:58.36	40.74	800m:	10:33.13
8.										350	
	50m:	34.29	34.29	250m:	3:17.22	41.40	450m:	6:01.95	41.40	650m:	8:45.61
	100m:	1:13.92	39.63	300m:	3:57.96	40.74	500m:	6:43.12	41.17	700m:	9:26.15
	150m:	1:54.94	41.02	350m:	4:39.55	41.59	550m:	7:24.21	41.09	750m:	10:03.65
	200m:	2:35.82	40.88	400m:	5:20.55	41.00	600m:	8:05.10	40.89	800m:	10:41.10
9.										349	
	50m:	33.15	33.15	250m:	3:12.67	40.54	450m:	5:57.04	40.38	650m:	8:42.60
	100m:	1:12.17	39.02	300m:	3:54.03	41.36	500m:	6:38.54	41.50	700m:	9:24.01
	150m:	1:51.21	39.04	350m:	4:35.15	41.12	550m:	7:19.98	41.44	750m:	10:04.48
	200m:	2:32.13	40.92	400m:	5:16.66	41.51	600m:	8:01.21	41.23	800m:	10:41.80
10.										348	
	50m:	34.44	34.44	250m:	3:16.77	40.70	450m:	6:03.70	41.88	650m:	8:48.76
	100m:	1:14.36	39.92	300m:	3:58.28	41.51	500m:	6:45.33	41.63	700m:	9:28.63
	150m:	1:55.25	40.89	350m:	4:40.00	41.72	550m:	7:26.77	41.44	750m:	10:06.58
	200m:	2:36.07	40.82	400m:	5:21.82	41.82	600m:	8:07.99	41.22	800m:	10:42.54
11.										340	
	50m:	33.22	33.22	250m:	3:13.56	41.89	450m:	6:01.10	42.48	650m:	8:48.90
	100m:	1:11.89	38.67	300m:	3:54.90	41.34	500m:	6:42.71	41.61	700m:	9:30.72
	150m:	1:51.66	39.77	350m:	4:37.65	42.75	550m:	7:25.14	42.43	750m:	10:12.36
	200m:	2:31.67	40.01	400m:	5:18.62	40.97	600m:	8:06.54	41.40	800m:	10:47.56
12.										317	
	50m:	34.93	34.93	250m:	3:19.22	42.40	450m:	6:08.80	43.04	650m:	8:59.53
	100m:	1:14.90	39.97	300m:	4:01.30	42.08	500m:	6:51.62	42.82	700m:	9:42.12
	150m:	1:55.93	41.03	350m:	4:43.93	42.63	550m:	7:34.50	42.88	750m:	10:23.39
	200m:	2:36.82	40.89	400m:	5:25.76	41.83	600m:	8:16.93	42.43	800m:	11:02.57
13.										315	
	50m:	32.55	32.55	250m:	3:07.50	41.01	450m:	5:58.76	43.43	650m:	8:55.48
	100m:	1:08.42	35.87	300m:	3:49.26	41.76	500m:	6:42.47	43.71	700m:	9:39.89
	150m:	1:46.80	38.38	350m:	4:32.43	43.17	550m:	7:26.70	44.23	750m:	10:23.68
	200m:	2:26.49	39.69	400m:	5:15.33	42.90	600m:	8:10.88	44.18	800m:	11:04.22
14.										288	
	50m:	36.45	36.45	250m:	3:29.75	43.56	450m:	6:25.34	43.29	650m:	9:19.75
	100m:	1:18.60	42.15	300m:	4:13.69	43.94	500m:	7:08.93	43.59	700m:	10:03.62
	150m:	2:01.95	43.35	350m:	4:57.75	44.06	550m:	7:52.19	43.26	750m:	10:45.59
	200m:	2:46.19	44.24	400m:	5:42.05	44.30	600m:	8:36.36	44.17	800m:	11:24.62
15.										262	
	50m:	35.75	35.75	250m:	3:29.92	44.53	450m:	6:29.93	45.38	650m:	9:34.43
	100m:	1:17.75	42.00	300m:	4:14.90	44.98	500m:	7:15.66	45.73	700m:	10:19.84
	150m:	2:01.37	43.62	350m:	4:59.49	44.59	550m:	8:02.04	46.38	750m:	11:03.97
	200m:	2:45.39	44.02	400m:	5:44.55	45.06	600m:	8:47.62	45.58	800m:	11:46.09

