

20.12.2024

4 , 200m 2007 - 2015
20.12.2024 - 15:18

		10 +: 2:29.45 /		I 9 +: 2:38.95 /		II 9 +: 2:59.20 /						
		9 +: 3:25.20 /		I 8 +: 3:54.20 /		II 8 +: 4:30.20 /						
		8 +: 5:10.20										
: FINA 2024												
9 - 10												
1.		2014		()		3:24.64 III						
	25m:	20.16	20.16	75m:	1:11.82	26.30	125m:	2:09.33	30.52	175m:	3:03.76	21.98
	50m:	45.52	25.36	100m:	1:38.81	26.99	150m:	2:41.78	32.45	200m:	3:24.64	20.88
2.		2014		()		3:50.28 I						
	25m:	25.05	25.05	75m:	1:25.53	27.72	125m:	2:22.65	28.48	175m:	3:21.49	28.61
	50m:	57.81	32.76	100m:	1:54.17	28.64	150m:	2:52.88	30.23	200m:	3:50.28	28.79
11 - 13												
1.		2011		()		3:00.49 III						
	25m:	18.34	18.34	75m:	1:05.48	23.42	125m:	1:53.07	25.62	175m:	2:41.18	21.24
	50m:	42.06	23.72	100m:	1:27.45	21.97	150m:	2:19.94	26.87	200m:	3:00.49	19.31
2.		2011		()		3:03.49 III						
	25m:	17.99	17.99	75m:	1:03.82	24.55	125m:	1:53.88	26.01	175m:	2:43.37	22.12
	50m:	39.27	21.28	100m:	1:27.87	24.05	150m:	2:21.25	27.37	200m:	3:03.49	20.12
3.		2013		()		3:04.66 III						
	25m:	17.43	17.43	75m:	1:04.18	25.67	125m:	1:55.89	26.93	175m:	2:45.43	22.10
	50m:	38.51	21.08	100m:	1:28.96	24.78	150m:	2:23.33	27.44	200m:	3:04.66	19.23
4.		2011		()		3:07.51 III						
	25m:	17.60	17.60	75m:	1:05.06	24.90	125m:	1:56.53	27.75	175m:	2:46.83	22.74
	50m:	40.16	22.56	100m:	1:28.78	23.72	150m:	2:24.09	27.56	200m:	3:07.51	20.68
5.		2012		()		3:13.01 III						
	25m:	19.79	19.79	75m:	1:10.54	27.58	125m:	2:00.78	25.24	175m:	2:50.55	24.00
	50m:	42.96	23.17	100m:	1:35.54	25.00	150m:	2:26.55	25.77	200m:	3:13.01	22.46
6.		2013		()		3:16.67 III						
	25m:	20.13	20.13	75m:	1:10.74	24.63	125m:	2:01.62	25.81	175m:	2:53.96	24.57
	50m:	46.11	25.98	100m:	1:35.81	25.07	150m:	2:29.39	27.77	200m:	3:16.67	22.71
7.		2013		()		3:28.34 I						
	25m:	21.39	21.39	75m:	1:16.90	29.56	125m:	2:12.12	27.33	175m:	3:07.01	25.73
	50m:	47.34	25.95	100m:	1:44.79	27.89	150m:	2:41.28	29.16	200m:	3:28.34	21.33
14 - 17												
1.		2007		()		2:29.72 I						
	25m:	14.40	14.40	75m:	51.74	20.35	125m:	1:31.92	20.24	175m:	2:13.03	18.92
	50m:	31.39	16.99	100m:	1:11.68	19.94	150m:	1:54.11	22.19	200m:	2:29.72	16.69
2.		2010		()		2:49.41 II						
	25m:	16.42	16.42	75m:	57.77	21.17	125m:	1:44.56	25.84	175m:	2:29.82	21.18
	50m:	36.60	20.18	100m:	1:18.72	20.95	150m:	2:08.64	24.08	200m:	2:49.41	19.59
3.		2009		()		3:11.32 III						
	25m:	18.91	18.91	75m:	1:06.97	24.14	125m:	1:57.56	28.20	175m:	2:48.54	22.42
	50m:	42.83	23.92	100m:	1:29.36	22.39	150m:	2:26.12	28.56	200m:	3:11.32	22.78
4.		2009		()		3:28.93 I						
	25m:	20.17	20.17	75m:	1:13.34	27.85	125m:	2:12.04	30.27	175m:	3:07.30	23.02
	50m:	45.49	25.32	100m:	1:41.77	28.43	150m:	2:44.28	32.24	200m:	3:28.93	21.63