

20.12.2024

20.12.2024 - 15:48

, 400m

2007 - 2015

	10 +: 5:15.50 /	I	9 +: 5:37.00 /	II	9 +: 6:21.00 /			
III	9 +: 7:14.00 /	I	8 +: 8:15.00 /	II	8 +: 9:26.00 /			
III	8 +: 10:37.00							
: FINA 2024								
11	- 13				FINA			
1.		2012	()		6:05.88 II			
25m:	17.72	17.72	125m: 1:51.78	24.56	225m: 3:25.36	25.13	325m: 5:02.27	19.90
50m:	38.41	20.69	150m: 2:14.28	22.50	250m: 3:51.03	25.67	350m: 5:22.60	20.33
75m:	1:02.14	23.73	175m: 2:38.01	23.73	275m: 4:17.18	26.15	375m: 5:45.10	22.50
100m:	1:27.22	25.08	200m: 3:00.23	22.22	300m: 4:42.37	25.19	400m: 6:05.88	20.78
2.		2011	()		6:32.54 III			
25m:	17.55	17.55	125m: 1:52.77	27.25	225m: 3:36.19	24.63	325m: 5:21.99	25.62
50m:	38.88	21.33	150m: 2:18.53	25.76	250m: 4:03.68	27.49	350m: 5:46.98	24.99
75m:	1:02.10	23.22	175m: 2:44.73	26.20	275m: 4:29.55	25.87	375m: 6:11.58	24.60
100m:	1:25.52	23.42	200m: 3:11.56	26.83	300m: 4:56.37	26.82	400m: 6:32.54	20.96
3.		2012	()		6:47.91 III			
25m:	16.88	16.88	125m: 1:58.51	25.83	225m: 3:45.47	28.63	325m: 5:34.42	23.83
50m:	38.68	21.80	150m: 2:24.67	26.16	250m: 4:13.16	27.69	350m: 5:58.92	24.50
75m:	1:03.94	25.26	175m: 2:51.13	26.46	275m: 4:41.81	28.65	375m: 6:23.68	24.76
100m:	1:32.68	28.74	200m: 3:16.84	25.71	300m: 5:10.59	28.78	400m: 6:47.91	24.23
4.		2013	()		7:02.04 III			
25m:	21.04	21.04	125m: 2:11.87	29.01	225m: 3:57.70	27.76	325m: 5:48.14	25.62
50m:	46.70	25.66	150m: 2:38.03	26.16	250m: 4:24.98	27.28	350m: 6:13.04	24.90
75m:	1:14.62	27.92	175m: 3:04.62	26.59	275m: 4:53.98	29.00	375m: 6:38.42	25.38
100m:	1:42.86	28.24	200m: 3:29.94	25.32	300m: 5:22.52	28.54	400m: 7:02.04	23.62