

26.09.2025 . - 27.09.2025 .

26.09.2025		15		, 800m				2014			
III		10 +: 8:50.00 / 9 +: 12:24.00 /		I		9 +: 9:24.00 / 8 +: 14:26.00		II		9 +: 11:02.00 /	
: FINA 2024											
FINA											
1.				2010		()		9:12.86 I			
50m:	30.69	30.69	250m:	3:24.12	35.12	500m:	5:45.78	35.37	700m:	8:06.98	34.91
100m:	1:38.80	1:08.11	300m:	3:59.60	35.48	550m:	6:20.95	35.17	800m:	9:12.86	1:05.88
150m:	2:13.91	35.11	400m:	4:34.98	35.38	600m:	6:56.55	35.60			
200m:	2:49.00	35.09	450m:	5:10.41	35.43	650m:	7:32.07	35.52			
2.				2010		()		9:42.03 II			
50m:	33.30	33.30	250m:	3:00.63	37.45	450m:	5:28.30	36.94	650m:	7:55.12	36.35
100m:	1:09.43	36.13	300m:	3:37.67	37.04	500m:	6:05.45	37.15	700m:	8:32.07	36.95
150m:	1:46.67	37.24	350m:	4:14.29	36.62	550m:	6:42.12	36.67	750m:	9:08.09	36.02
200m:	2:23.18	36.51	400m:	4:51.36	37.07	600m:	7:18.77	36.65	800m:	9:42.03	33.94
3.				2008		()		9:51.69 II			
50m:	33.37	33.37	250m:	3:00.18	36.78	450m:	5:26.49	36.49	650m:	7:56.95	38.39
100m:	1:09.98	36.61	300m:	3:36.66	36.48	500m:	6:03.19	36.70	700m:	8:36.09	39.14
150m:	1:46.38	36.40	350m:	4:13.40	36.74	550m:	6:40.70	37.51	750m:	9:14.79	38.70
200m:	2:23.40	37.02	400m:	4:50.00	36.60	600m:	7:18.56	37.86	800m:	9:51.69	36.90
4.				2010		()		10:05.89 II			
50m:	33.49	33.49	300m:	3:41.48	38.42	500m:	6:15.27	38.62	700m:	8:50.38	39.10
100m:	1:09.80	36.31	350m:	4:19.92	38.44	550m:	6:53.66	38.39	750m:	9:29.10	38.72
200m:	2:24.91	1:15.11	400m:	4:58.09	38.17	600m:	7:32.30	38.64	800m:	10:05.89	36.79
250m:	3:03.06	38.15	450m:	5:36.65	38.56	650m:	8:11.28	38.98			
5.				2010		()		10:26.06 II			
50m:	33.29	33.29	300m:	3:46.63	39.95	500m:	6:27.32	40.26	700m:	9:08.94	40.27
100m:	1:10.82	37.53	350m:	4:26.48	39.85	550m:	7:08.07	40.75	750m:	9:49.12	40.18
200m:	2:27.26	1:16.44	400m:	5:06.73	40.25	600m:	7:48.21	40.14	800m:	10:26.06	36.94
250m:	3:06.68	39.42	450m:	5:47.06	40.33	650m:	8:28.67	40.46			
6.				2011		()		10:58.29 II			
50m:	37.94	37.94	250m:	3:25.46	41.84	450m:	6:13.99	42.33	650m:	9:03.45	42.58
100m:	1:19.42	41.48	300m:	4:07.54	42.08	500m:	6:56.75	42.76	700m:	9:43.96	40.51
150m:	2:01.69	42.27	350m:	4:49.50	41.96	550m:	7:38.39	41.64	750m:	10:58.29	1:14.33
200m:	2:43.62	41.93	400m:	5:31.66	42.16	600m:	8:20.87	42.48	800m:	10:58.29	
2012 . . - 2014 . .											
1.				2013		()		9:36.11 II			
50m:	32.61	32.61	250m:	2:57.07	36.59	450m:	5:23.54	36.86	650m:	7:49.81	37.01
100m:	1:08.33	35.72	300m:	3:33.35	36.28	500m:	5:59.94	36.40	700m:	8:26.25	36.44
150m:	1:44.46	36.13	350m:	4:10.11	36.76	550m:	6:36.46	36.52	750m:	9:02.18	35.93
200m:	2:20.48	36.02	400m:	4:46.68	36.57	600m:	7:12.80	36.34	800m:	9:36.11	33.93
2.				2014		()		10:57.28 II			
50m:	35.15	35.15	250m:	3:19.71	41.73	450m:	6:09.54	42.42	650m:	8:56.73	40.50
100m:	1:15.04	39.89	300m:	4:02.80	43.09	500m:	6:51.94	42.40	700m:	9:39.41	42.68
150m:	1:56.25	41.21	350m:	4:44.47	41.67	550m:	7:33.75	41.81	750m:	10:21.48	42.07
200m:	2:37.98	41.73	400m:	5:27.12	42.65	600m:	8:16.23	42.48	800m:	10:57.28	35.80
3.				2014		()		11:02.10 III			
50m:	36.79	36.79	250m:	3:21.78	41.38	450m:	6:10.02	42.12	650m:	8:59.34	41.82
100m:	1:18.01	41.22	300m:	4:04.46	42.68	500m:	6:53.59	43.57	700m:	9:41.50	42.16
150m:	1:58.02	40.01	350m:	4:45.66	41.20	550m:	7:35.28	41.69	750m:	10:22.83	41.33
200m:	2:40.40	42.38	400m:	5:27.90	42.24	600m:	8:17.52	42.24	800m:	11:02.10	39.27
4.				2014		()		11:54.53 III			
50m:	39.08	39.08	250m:	3:37.20	45.04	450m:	6:40.59	45.62	650m:	9:43.07	45.15
100m:	1:21.83	42.75	300m:	4:24.32	47.12	500m:	7:26.04	45.45	700m:	10:28.24	45.17
150m:	2:07.19	45.36	350m:	5:09.69	45.37	550m:	8:13.55	47.51	750m:	11:13.21	44.97
200m:	2:52.16	44.97	400m:	5:54.97	45.28	600m:	8:57.92	44.37	800m:	11:54.53	41.32

26.09.2025 . - 27.09.2025 .

15, , 800m , 2012 . . - 2014 . .

FINA

5.			2014		()				12:57.85	I		
	50m:	43.05	43.05	250m:	3:59.21	50.26	450m:	7:19.13	48.93	650m:	10:37.42	49.93
	100m:	1:28.96	45.91	300m:	4:50.10	50.89	500m:	8:09.91	50.78	700m:	11:23.85	46.43
	150m:	2:18.83	49.87	350m:	5:40.75	50.65	550m:	8:57.60	47.69	750m:	12:15.03	51.18
	200m:	3:08.95	50.12	400m:	6:30.20	49.45	600m:	9:47.49	49.89	800m:	12:57.85	42.82
6.			2014		()				14:08.33	I		
	50m:	46.96	46.96	250m:	4:18.24	54.60	450m:	7:52.96	52.71	650m:	11:30.91	53.87
	100m:	1:38.30	51.34	300m:	5:12.52	54.28	500m:	8:48.86	55.90	700m:	12:25.05	54.14
	150m:	2:31.09	52.79	350m:	6:06.24	53.72	550m:	9:43.04	54.18	750m:	13:18.86	53.81
	200m:	3:23.64	52.55	400m:	7:00.25	54.01	600m:	10:37.04	54.00	800m:	14:08.33	49.47