

26.09.2025 . - 27.09.2025 .

29		, 400m		2014	
27.09.2025					
III	10 +: 4:08.50 / 9 +: 5:41.00 /	I	9 +: 4:25.00 / 8 +: 6:37.00	II	9 +: 5:00.00 /
: FINA 2024					
FINA					
1.		2008	()		4:36.45 II
50m:	30.47 30.47	150m:	1:38.20 34.29	250m:	2:48.83 35.51
100m:	1:03.91 33.44	200m:	2:13.32 35.12	300m:	3:25.29 36.46
				350m:	4:01.66 36.37
				400m:	4:36.45 34.79
2.		2010	()		4:39.26 II
50m:	31.08 31.08	150m:	1:41.38 35.80	250m:	2:53.28 36.21
100m:	1:05.58 34.50	200m:	2:17.07 35.69	300m:	3:29.53 36.25
				350m:	4:05.13 35.60
				400m:	4:39.26 34.13
3.		2010	()		4:53.36 II
50m:	31.61 31.61	150m:	1:44.08 36.92	250m:	2:59.99 38.31
100m:	1:07.16 35.55	200m:	2:21.68 37.60	300m:	3:38.25 38.26
				350m:	4:16.56 38.31
				400m:	4:53.36 36.80
4.		2011	()		4:57.18 II
50m:	32.89 32.89	150m:	1:45.73 36.95	250m:	3:02.13 38.12
100m:	1:08.78 35.89	200m:	2:24.01 38.28	300m:	3:41.22 39.09
				350m:	4:20.51 39.29
				400m:	4:57.18 36.67
5.		2011	()		5:08.05 III
50m:	34.32 34.32	150m:	1:51.16 39.16	250m:	3:10.84 39.93
100m:	1:12.00 37.68	200m:	2:30.91 39.75	300m:	3:50.67 39.83
				350m:	4:30.03 39.36
				400m:	5:08.05 38.02
2012 . . - 2014 . .					
1.		2013	()		4:41.53 II
50m:	30.71 30.71	150m:	1:40.55 35.51	250m:	2:52.91 36.30
100m:	1:05.04 34.33	200m:	2:16.61 36.06	300m:	3:29.31 36.40
				350m:	4:05.72 36.41
				400m:	4:41.53 35.81
2.		2014	()		5:13.48 III
50m:	34.93 34.93	150m:	1:54.09 39.81	250m:	3:14.67 41.42
100m:	1:14.28 39.35	200m:	2:33.25 39.16	300m:	3:56.19 41.52
				350m:	4:36.07 39.88
				400m:	5:13.48 37.41
3.		2013	()		5:26.96 III
50m:	36.10 36.10	150m:	2:00.01 42.34	250m:	3:25.61 42.87
100m:	1:17.67 41.57	200m:	2:42.74 42.73	300m:	4:08.15 42.54
				350m:	4:49.81 41.66
				400m:	5:26.96 37.15
4.		2013	()		5:33.52 III
50m:	35.77 35.77	150m:	1:57.19 41.73	250m:	3:23.27 43.71
100m:	1:15.46 39.69	200m:	2:39.56 42.37	300m:	4:06.98 43.71
				350m:	4:51.27 44.29
				400m:	5:33.52 42.25
5.		2014	()		5:38.49 III
50m:	36.71 36.71	150m:	2:01.83 43.19	250m:	3:29.24 44.15
100m:	1:18.64 41.93	200m:	2:45.09 43.26	300m:	4:12.75 43.51
				350m:	4:56.55 43.80
				400m:	5:38.49 41.94
6.		2012	()		5:38.92 III
50m:	38.27 38.27	150m:	2:01.32 41.90	250m:	3:27.59 43.39
100m:	1:19.42 41.15	200m:	2:44.20 42.88	300m:	4:11.80 44.21
				350m:	4:56.92 45.12
				400m:	5:38.92 42.00
7.		2014	()		6:10.25 I
50m:	39.48 39.48	150m:	2:09.52 46.53	250m:	3:47.09 48.52
100m:	1:22.99 43.51	200m:	2:58.57 49.05	300m:	4:36.84 49.75
				350m:	5:23.95 47.11
				400m:	6:10.25 46.30
8.		2014	()		6:45.24
50m:	43.67 43.67	150m:	2:25.00 51.19	250m:	4:11.39 52.77
100m:	1:33.81 50.14	200m:	3:18.62 53.62	300m:	5:04.09 52.70
				350m:	5:56.49 52.40
				400m:	6:45.24 48.75