

26.09.2025 . - 27.09.2025 .

30				, 400m				2014			
27.09.2025											
III	10 +: 4:30.00 / 9 +: 6:18.00 /	I	I	9 +: 4:52.00 / 8 +: 7:29.00	II	9 +: 5:34.00 /					
: FINA 2024											
FINA											
1.			2008		()		5:02.97 II				
50m:	33.55	33.55	150m:	1:48.36	38.46	250m:	3:07.09	39.72	350m:	4:25.21	39.04
100m:	1:09.90	36.35	200m:	2:27.37	39.01	300m:	3:46.17	39.08	400m:	5:02.97	37.76
2.			2011		()		5:31.14 II				
50m:	36.55	36.55	150m:	1:57.66	41.59	250m:	3:23.76	43.26	350m:	4:50.73	43.17
100m:	1:16.07	39.52	200m:	2:40.50	42.84	300m:	4:07.56	43.80	400m:	5:31.14	40.41
2012 . . - 2014 . .											
1.			2012		()		5:15.45 II				
50m:	34.67	34.67	150m:	1:53.20	40.04	250m:	3:14.89	41.26	350m:	4:36.67	40.87
100m:	1:13.16	38.49	200m:	2:33.63	40.43	300m:	3:55.80	40.91	400m:	5:15.45	38.78
2.			2012		()		5:50.64 III				
50m:	36.14	36.14	150m:	2:03.21	45.29	250m:	3:36.09	46.43	350m:	5:06.73	45.26
100m:	1:17.92	41.78	200m:	2:49.66	46.45	300m:	4:21.47	45.38	400m:	5:50.64	43.91
3.			2012		()		5:56.88 III				
50m:	40.72	40.72	150m:	2:09.28	44.62	250m:	3:39.91	44.82	350m:	5:13.39	46.20
100m:	1:24.66	43.94	200m:	2:55.09	45.81	300m:	4:27.19	47.28	400m:	5:56.88	43.49
4.			2013		()		6:03.01 III				
50m:	39.59	39.59	150m:	2:10.99	46.11	250m:	3:45.10	47.32	350m:	5:19.44	47.34
100m:	1:24.88	45.29	200m:	2:57.78	46.79	300m:	4:32.10	47.00	400m:	6:03.01	43.57