

29.05.2025 . - 30.05.2025 .

22		, 5000m		2014			
30.05.2025 - 15:50							
: FINA 2024							
14							
FINA							
1.	2010		()		1:03:17.50	446	
50m:	33.19	33.19	1000m:	12:24.07	1950m:	33:11.61 38.28 2900m:	52:55.43 37.80
100m:	1:09.21	36.02	1050m:	18:06.11 5:42.04	2000m:	35:05.89 1:54.28 2950m:	53:36.12 40.69
150m:	1:47.71	38.50	1100m:	13:39.20	2050m:	35:44.79 38.90 3000m:	54:14.83 38.71
200m:	2:25.14	37.43	1150m:	20:37.56 6:58.36	2100m:	36:22.04 37.25 3050m:	56:11.66 1:56.83
250m:	3:02.87	37.73	1200m:	14:55.34	2150m:	37:01.24 39.20 3100m:	55:32.11
300m:	3:40.14	37.27	1250m:	21:53.24 6:57.90	2200m:	37:39.13 37.89 3150m:	57:29.10 1:56.99
350m:	4:17.67	37.53	1300m:	21:14.60	2250m:	38:17.80 38.67 3200m:	58:07.68 38.58
400m:	4:54.76	37.09	1350m:	24:23.13 3:08.53	2300m:	38:53.83 36.03 3250m:	58:47.54 39.86
450m:	5:32.11	37.35	1400m:	22:29.32	2350m:	42:03.48 3:09.65 3300m:	59:25.66 38.12
500m:	6:08.58	36.47	1450m:	25:37.96 3:08.64	2400m:	43:56.68 1:53.20 3350m:	1:00:04.86 39.20
550m:	6:46.74	38.16	1500m:	26:14.46 36.50	2450m:	43:19.38 3400m:	1:00:43.81 38.95
600m:	7:23.22	36.48	1550m:	28:09.94 1:55.48	2500m:	46:29.57 3:10.19 3450m:	1:01:23.34 39.53
650m:	8:02.10	38.88	1600m:	27:30.97	2550m:	47:08.79 39.22 3500m:	1:02:02.09 38.75
700m:	8:38.73	36.63	1650m:	29:25.28 1:54.31	2600m:	47:46.67 37.88 3550m:	1:02:39.48 37.39
750m:	10:31.86	1:53.13	1700m:	30:02.46 37.18	2650m:	48:25.76 39.09 3600m:	1:03:17.50 38.02
800m:	9:53.38		1750m:	30:40.90 38.44	2700m:	50:20.73 1:54.97 5000m:	1:03:17.50
850m:	11:46.86	1:53.48	1800m:	31:17.79 36.89	2750m:	49:42.67	
900m:	11:08.64		1850m:	31:56.05 38.26	2800m:	51:38.21 1:55.54	
950m:	16:49.46	5:40.82	1900m:	32:33.33 37.28	2850m:	52:17.63 39.42	
2.	2009		()		1:04:08.07	429	
50m:	33.79	33.79	1300m:	16:11.70 38.15	2550m:	32:08.58 38.77 3800m:	48:30.29 39.13
100m:	1:11.52	37.73	1350m:	16:49.59 37.89	2600m:	32:47.55 38.97 3850m:	49:10.35 40.06
150m:	1:48.86	37.34	1400m:	17:27.62 38.03	2650m:	33:26.51 38.96 3900m:	49:49.58 39.23
200m:	2:25.83	36.97	1450m:	18:06.12 38.50	2700m:	34:04.91 38.40 3950m:	50:29.47 39.89
250m:	3:02.46	36.63	1500m:	18:43.86 37.74	2750m:	34:43.71 38.80 4000m:	51:08.42 38.95
300m:	3:39.05	36.59	1550m:	19:22.37 38.51	2800m:	35:22.60 38.89 4050m:	51:48.38 39.96
350m:	4:16.26	37.21	1600m:	20:00.33 37.96	2850m:	36:01.45 38.85 4100m:	52:27.49 39.11
400m:	4:53.50	37.24	1650m:	20:38.43 38.10	2900m:	36:40.37 38.92 4150m:	53:07.11 39.62
450m:	5:30.88	37.38	1700m:	21:16.77 38.34	2950m:	37:19.66 39.29 4200m:	53:46.33 39.22
500m:	6:08.14	37.26	1750m:	21:54.85 38.08	3000m:	37:58.84 39.18 4250m:	54:25.57 39.24
550m:	6:46.08	37.94	1800m:	22:32.46 37.61	3050m:	38:38.10 39.26 4300m:	55:04.63 39.06
600m:	7:23.62	37.54	1850m:	23:10.80 38.34	3100m:	39:17.28 39.18 4350m:	55:44.16 39.53
650m:	8:01.39	37.77	1900m:	23:48.72 37.92	3150m:	39:56.52 39.24 4400m:	56:22.86 38.70
700m:	8:39.22	37.83	1950m:	24:27.06 38.34	3200m:	40:35.88 39.36 4450m:	57:02.52 39.66
750m:	9:16.92	37.70	2000m:	25:04.96 37.90	3250m:	41:15.32 39.44 4500m:	57:41.77 39.25
800m:	9:54.63	37.71	2050m:	25:43.19 38.23	3300m:	41:54.65 39.33 4550m:	58:22.36 40.59
850m:	10:32.51	37.88	2100m:	26:21.45 38.26	3350m:	42:34.39 39.74 4600m:	59:01.33 38.97
900m:	11:09.84	37.33	2150m:	27:00.18 38.73	3400m:	43:13.60 39.21 4650m:	59:41.32 39.99
950m:	11:47.73	37.89	2200m:	27:38.56 38.38	3450m:	43:53.26 39.66 4700m:	1:00:20.41 39.09
1000m:	12:25.09	37.36	2250m:	28:16.98 38.42	3500m:	44:32.98 39.72 4750m:	1:01:00.62 40.21
1050m:	13:02.64	37.55	2300m:	28:55.01 38.03	3550m:	45:12.75 39.77 4800m:	1:01:38.86 38.24
1100m:	13:40.33	37.69	2350m:	29:33.62 38.61	3600m:	45:51.87 39.12 4850m:	1:02:18.52 39.66
1150m:	14:18.10	37.77	2400m:	30:12.57 38.95	3650m:	46:31.80 39.93 4900m:	1:02:57.28 38.76
1200m:	14:55.84	37.74	2450m:	30:51.08 38.51	3700m:	47:11.17 39.37 4950m:	1:03:33.15 35.87
1250m:	15:33.55	37.71	2500m:	31:29.81 38.73	3750m:	47:51.16 39.99 5000m:	1:04:08.07 34.92
3.	2008		()		1:05:54.47	395	
50m:	34.47	34.47	750m:	9:21.16 38.14	1450m:	18:16.14 38.93 2150m:	27:20.34 40.00
100m:	1:10.35	35.88	800m:	9:58.13 36.97	1500m:	18:53.82 37.68 2200m:	27:58.20 37.86
150m:	1:48.54	38.19	850m:	10:36.64 38.51	1550m:	19:33.75 39.93 2250m:	28:38.48 40.28
200m:	2:25.48	36.94	900m:	11:13.75 37.11	1600m:	20:12.45 38.70 2300m:	29:16.95 38.47
250m:	3:03.76	38.28	950m:	11:52.34 38.59	1650m:	20:52.03 39.58 2350m:	29:57.82 40.87
300m:	3:40.69	36.93	1000m:	12:29.16 36.82	1700m:	21:29.92 37.89 2400m:	30:36.02 38.20
350m:	4:18.76	38.07	1050m:	13:07.87 38.71	1750m:	22:10.00 40.08 2450m:	31:17.17 41.15
400m:	4:55.65	36.89	1100m:	13:45.42 37.55	1800m:	22:47.99 37.99 2500m:	31:55.91 38.74
450m:	5:33.83	38.18	1150m:	14:24.11 38.69	1850m:	23:27.33 39.34 2550m:	32:36.74 40.83
500m:	6:10.82	36.99	1200m:	15:01.40 37.29	1900m:	24:05.09 37.76 2600m:	33:15.18 38.44
550m:	6:49.49	38.67	1250m:	15:41.13 39.73	1950m:	24:44.62 39.53 2650m:	33:56.22 41.04
600m:	7:26.41	36.92	1300m:	16:18.98 37.85	2000m:	25:22.40 37.78 2700m:	34:35.10 38.88
650m:	8:05.47	39.06	1350m:	16:58.77 39.79	2050m:	26:02.00 39.60 2750m:	35:16.33 41.23
700m:	8:43.02	37.55	1400m:	17:37.21 38.44	2100m:	26:40.34 38.34 2800m:	35:55.13 38.80
2850m:	36:36.51	41.38	2900m:	37:15.63 39.12	2950m:	37:57.07 41.44 3000m:	38:36.54 39.47

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22, , 5000m

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FINA

3050m:	39:18.12	41.58	3550m:	46:06.69	42.39	4050m:	52:56.32	42.26	4550m:	59:54.10	43.84
3100m:	39:58.10	39.98	3600m:	46:46.56	39.87	4100m:	53:36.66	40.34	4600m:	1:00:35.44	41.34
3150m:	40:39.65	41.55	3650m:	47:28.93	42.37	4150m:	54:19.91	43.25	4650m:	1:01:18.92	43.48
3200m:	41:19.37	39.72	3700m:	48:09.05	40.12	4200m:	55:00.30	40.39	4700m:	1:02:00.17	41.25
3250m:	42:01.98	42.61	3750m:	48:51.52	42.47	4250m:	55:43.27	42.97	4750m:	1:02:42.34	42.17
3300m:	42:41.78	39.80	3800m:	49:30.32	38.80	4300m:	56:23.11	39.84	4800m:	1:03:21.61	39.27
3350m:	43:23.53	41.75	3850m:	50:12.35	42.03	4350m:	57:06.35	43.24	4850m:	1:04:01.97	40.36
3400m:	44:03.10	39.57	3900m:	50:52.32	39.97	4400m:	57:47.26	40.91	4900m:	1:04:40.14	38.17
3450m:	44:44.92	41.82	3950m:	51:33.80	41.48	4450m:	58:29.62	42.36	4950m:	1:05:18.11	37.97
3500m:	45:24.30	39.38	4000m:	52:14.06	40.26	4500m:	59:10.26	40.64	5000m:	1:05:54.47	36.36

4.			2011	()	1:20:40.89	215						
	50m:	37.92	37.92	1150m:	20:37.05	48.55	2250m:	41:46.43	2:31.37	3350m:	1:01:45.31	2:30.58
	100m:	1:21.31	43.39	1200m:	21:24.57	47.52	2300m:	42:34.81	48.38	3400m:	1:00:55.78	
	150m:	2:05.99	44.68	1250m:	22:13.17	48.60	2350m:	43:22.33	47.52	3450m:	1:03:24.70	2:28.92
	200m:	2:51.58	45.59	1300m:	23:00.42	47.25	2400m:	44:10.63	48.30	3500m:	1:02:36.04	
	250m:	3:37.59	46.01	1350m:	23:48.68	48.26	2450m:	45:01.02	50.39	3550m:	1:05:02.31	2:26.27
	300m:	4:22.62	45.03	1400m:	24:36.21	47.53	2500m:	45:50.63	49.61	3600m:	1:05:51.67	49.36
	350m:	5:08.23	45.61	1450m:	25:25.87	49.66	2550m:	46:40.59	49.96	3650m:	1:06:39.91	48.24
	400m:	5:54.46	46.23	1500m:	26:12.84	46.97	2600m:	47:30.64	50.05	3700m:	1:10:50.68	4:10.77
	450m:	6:39.95	45.49	1550m:	27:02.78	49.94	2650m:	48:19.69	49.05	3750m:	1:09:59.23	
	500m:	7:24.78	44.83	1600m:	27:50.36	47.58	2700m:	49:10.14	50.45	3800m:	1:12:31.81	2:32.58
	550m:	8:11.03	46.25	1650m:	28:39.06	48.70	2750m:	49:59.03	48.89	3850m:	1:11:40.51	
	600m:	8:56.31	45.28	1700m:	31:03.23	2:24.17	2800m:	50:48.70	49.67	3900m:	1:14:11.76	2:31.25
	650m:	9:41.49	45.18	1750m:	31:52.70	49.47	2850m:	53:18.39	2:29.69	3950m:	1:13:21.23	
	700m:	13:30.45	3:48.96	1800m:	32:41.47	48.77	2900m:	52:27.57		4000m:	1:15:51.87	2:30.64
	750m:	14:17.40	46.95	1850m:	35:09.27	2:27.80	2950m:	55:01.42	2:33.85	4050m:	1:15:02.09	
	800m:	15:04.06	46.66	1900m:	34:21.28		3000m:	54:11.53		4100m:	1:17:31.98	2:29.89
	850m:	15:51.97	47.91	1950m:	36:46.91	2:25.63	3050m:	56:43.67	2:32.14	4150m:	1:16:42.56	
	900m:	16:39.21	47.24	2000m:	35:59.17		3100m:	55:51.59		4200m:	1:19:09.41	2:26.85
	950m:	17:26.46	47.25	2050m:	38:26.57	2:27.40	3150m:	58:25.01	2:33.42	4250m:	1:18:21.20	
	1000m:	18:14.13	47.67	2100m:	37:35.60		3200m:	57:34.90		4300m:	1:20:40.89	2:19.69
	1050m:	19:01.72	47.59	2150m:	40:05.62	2:30.02	3250m:	1:00:04.86	2:29.96	4350m:	1:19:55.39	
	1100m:	19:48.50	46.78	2200m:	39:15.06		3300m:	59:14.73		5000m:	1:20:40.89	45.50

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1.			2013	()	1:14:20.64	275						
	50m:	35.88	35.88	1100m:	18:15.54		2150m:	36:53.44	44.90	3200m:	57:35.31	46.82
	100m:	1:15.45	39.57	1150m:	20:26.21	2:10.67	2200m:	37:38.93	45.49	3250m:	58:21.56	46.25
	150m:	1:56.88	41.43	1200m:	19:42.43		2250m:	38:23.75	44.82	3300m:	59:07.01	45.45
	200m:	2:37.06	40.18	1250m:	21:54.66	2:12.23	2300m:	39:09.21	45.46	3350m:	59:53.71	46.70
	250m:	3:18.91	41.85	1300m:	22:38.40	43.74	2350m:	44:28.54	5:19.33	3400m:	1:00:40.24	46.53
	300m:	4:00.08	41.17	1350m:	23:22.68	44.28	2400m:	43:42.59		3450m:	1:01:27.81	47.57
	350m:	4:41.60	41.52	1400m:	24:06.66	43.98	2450m:	46:01.77	2:19.18	3500m:	1:02:12.76	44.95
	400m:	5:23.08	41.48	1450m:	24:50.48	43.82	2500m:	45:15.26		3550m:	1:04:30.13	2:17.37
	450m:	6:05.33	42.25	1500m:	25:35.52	45.04	2550m:	47:34.26	2:19.00	3600m:	1:03:44.00	
	500m:	8:10.85	2:05.52	1550m:	27:50.25	2:14.73	2600m:	46:47.23		3650m:	1:06:01.12	2:17.12
	550m:	7:29.42		1600m:	28:34.57	44.32	2650m:	49:05.16	2:17.93	3700m:	1:05:14.82	
	600m:	9:36.02	2:06.60	1650m:	29:20.09	45.52	2700m:	48:19.86		3750m:	1:07:32.55	2:17.73
	650m:	8:53.80		1700m:	30:04.85	44.76	2750m:	50:37.31	2:17.45	3800m:	1:06:46.00	
	700m:	12:26.32	3:32.52	1750m:	30:50.63	45.78	2800m:	49:50.61		3850m:	1:12:11.66	5:25.66
	750m:	10:18.92		1800m:	31:35.62	44.99	2850m:	52:08.86	2:18.25	3900m:	1:08:18.50	
	800m:	13:52.64	3:33.72	1850m:	32:20.27	44.65	2900m:	51:23.25		3950m:	1:13:40.28	5:21.78
	850m:	14:36.61	43.97	1900m:	33:05.99	45.72	2950m:	53:40.90	2:17.65	4000m:	1:09:51.51	
	900m:	15:19.45	42.84	1950m:	33:51.90	45.91	3000m:	52:54.94		4100m:	1:12:57.76	3:06.25
	950m:	16:03.34	43.89	2000m:	34:36.56	44.66	3050m:	55:14.13	2:19.19	4200m:	1:14:20.64	1:22.88
	1000m:	16:47.96	44.62	2050m:	35:22.85	46.29	3100m:	54:27.79		5000m:	1:14:20.64	
	1050m:	18:58.68	2:10.72	2100m:	36:08.54	45.69	3150m:	56:48.49	2:20.70			

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										FINA	
2.											179
										1:25:43.67	
										2014	
										()	
50m:	41.94	41.94	1300m:	20:39.54	50.76	2550m:	41:40.35	53.35	3800m:	1:03:53.31	53.90
100m:	1:28.22	46.28	1350m:	21:28.71	49.17	2600m:	42:33.82	53.47	3850m:	1:04:50.33	57.02
150m:	2:13.96	45.74	1400m:	22:19.32	50.61	2650m:	43:23.50	49.68	3900m:	1:05:45.18	54.85
200m:	3:01.30	47.34	1450m:	23:11.74	52.42	2700m:	44:13.01	49.51	3950m:	1:06:41.30	56.12
250m:	3:47.36	46.06	1500m:	24:01.89	50.15	2750m:	45:04.81	51.80	4000m:	1:07:34.52	53.22
300m:	4:33.52	46.16	1550m:	24:52.09	50.20	2800m:	45:55.00	50.19	4050m:	1:08:29.77	55.25
350m:	5:21.70	48.18	1600m:	25:41.06	48.97	2850m:	46:46.24	51.24	4100m:	1:09:24.89	55.12
400m:	6:07.19	45.49	1650m:	26:31.61	50.55	2900m:	47:40.77	54.53	4150m:	1:10:19.89	55.00
450m:	6:55.71	48.52	1700m:	27:24.07	52.46	2950m:	48:33.69	52.92	4200m:	1:11:15.54	55.65
500m:	7:43.73	48.02	1750m:	28:14.63	50.56	3000m:	49:29.72	56.03	4250m:	1:12:09.83	54.29
550m:	8:32.34	48.61	1800m:	29:05.11	50.48	3050m:	50:22.27	52.55	4300m:	1:13:05.63	55.80
600m:	9:20.99	48.65	1850m:	29:57.44	52.33	3100m:	51:17.44	55.17	4350m:	1:14:00.87	55.24
650m:	10:09.64	48.65	1900m:	30:48.62	51.18	3150m:	52:10.32	52.88	4400m:	1:14:56.27	55.40
700m:	10:58.42	48.78	1950m:	31:39.16	50.54	3200m:	53:02.85	52.53	4450m:	1:15:52.90	56.63
750m:	11:48.19	49.77	2000m:	32:31.85	52.69	3250m:	53:56.12	53.27	4500m:	1:16:47.73	54.83
800m:	12:37.12	48.93	2050m:	33:18.89	47.04	3300m:	54:51.98	55.86	4550m:	1:17:42.91	55.18
850m:	13:25.52	48.40	2100m:	34:05.08	46.19	3350m:	55:44.63	52.65	4600m:	1:18:38.29	55.38
900m:	14:12.72	47.20	2150m:	34:53.15	48.07	3400m:	56:37.65	53.02	4650m:	1:19:32.58	54.29
950m:	14:59.64	46.92	2200m:	35:41.91	48.76	3450m:	57:30.73	53.08	4700m:	1:20:28.38	55.80
1000m:	15:46.28	46.64	2250m:	36:30.64	48.73	3500m:	58:26.27	55.54	4750m:	1:21:24.17	55.79
1050m:	16:33.13	46.85	2300m:	37:20.51	49.87	3550m:	59:20.99	54.72	4800m:	1:22:20.43	56.26
1100m:	17:20.97	47.84	2350m:	38:11.87	51.36	3600m:	1:00:16.63	55.64	4850m:	1:23:13.83	53.40
1150m:	18:09.65	48.68	2400m:	39:04.84	52.97	3650m:	1:01:11.37	54.74	4900m:	1:24:07.88	54.05
1200m:	18:58.55	48.90	2450m:	39:56.25	51.41	3700m:	1:02:05.68	54.31	4950m:	1:24:54.13	46.25
1250m:	19:48.78	50.23	2500m:	40:47.00	50.75	3750m:	1:02:59.41	53.73	5000m:	1:25:43.67	49.54