

09.11.2024 . - 10.11.2024 .

16 , 200m 2009 - 2015  
09.11.2024 - 17:55

			10 +: 2:11.45 /			I 9 +: 2:19.20 /			II 9 +: 2:36.20 /					
			9 +: 2:56.20 /			I 8 +: 3:24.20 /			II 8 +: 4:10.20 /					
			8 +: 4:50.20											
: FINA 2023												FINA		
9 - 10														
1.			2014			( )			2:41.71 III			278		
	25m:	18.63	18.63	75m:	59.15	20.65	125m:	1:40.65	20.92	175m:	2:22.56	21.37		
	50m:	38.50	19.87	100m:	1:19.73	20.58	150m:	2:01.19	20.54	200m:	2:41.71	19.15		
2.			2014 3			( )			3:00.92 I			199		
	25m:	20.26	20.26	75m:	1:04.14	22.62	125m:	1:51.43	24.28	175m:	2:38.61	23.96		
	50m:	41.52	21.26	100m:	1:27.15	23.01	150m:	2:14.65	23.22	200m:	3:00.92	22.31		
3.			2014 1			.			3:05.49 I			184		
	25m:	21.56	21.56	75m:	1:08.15	23.89	125m:	1:55.61	23.87	175m:	2:42.95	23.83		
	50m:	44.26	22.70	100m:	1:31.74	23.59	150m:	2:19.12	23.51	200m:	3:05.49	22.54		
4.			2014 1			( )			3:05.58 I			184		
	25m:	20.43	20.43	75m:	1:06.43	23.83	125m:	1:53.86	24.71	175m:	2:42.23	24.21		
	50m:	42.60	22.17	100m:	1:29.15	22.72	150m:	2:18.02	24.16	200m:	3:05.58	23.35		
5.			2015 1			" 2"			3:10.73 I			169		
	25m:	20.48	20.48	75m:	1:06.49	22.68	125m:	1:57.52	24.47	175m:	2:46.66	23.91		
	50m:	43.81	23.33	100m:	1:33.05	26.56	150m:	2:22.75	25.23	200m:	3:10.73	24.07		
6.			2014 2						3:20.05 I			147		
	25m:	23.41	23.41	75m:	1:13.09	24.91	125m:	2:04.90	26.13	175m:	2:55.72	25.15		
	50m:	48.18	24.77	100m:	1:38.77	25.68	150m:	2:30.57	25.67	200m:	3:20.05	24.33		
7.			2014 1			( )			3:21.85 I			143		
	25m:	21.34	21.34	75m:	1:13.52	26.55	125m:	2:06.38	26.62	175m:	2:58.66	26.31		
	50m:	46.97	25.63	100m:	1:39.76	26.24	150m:	2:32.35	25.97	200m:	3:21.85	23.19		
8.			2014 2						3:29.43 II			128		
	25m:	21.49	21.49	75m:	1:12.54	24.92	125m:	2:07.24	27.14	175m:	3:02.95	27.67		
	50m:	47.62	26.13	100m:	1:40.10	27.56	150m:	2:35.28	28.04	200m:	3:29.43	26.48		
9.			2014 2			( )			3:42.12 II			107		
	25m:	23.26	23.26	75m:	1:15.43	26.84	125m:	2:13.27	28.16	175m:	3:13.09	29.49		
	50m:	48.59	25.33	100m:	1:45.11	29.68	150m:	2:43.60	30.33	200m:	3:42.12	29.03		
10.			2014 2			" "			3:43.08 II			106		
	25m:	22.05	22.05	75m:	1:17.78	28.48	125m:	2:16.30	29.61	175m:	3:14.56	29.29		
	50m:	49.30	27.25	100m:	1:46.69	28.91	150m:	2:45.27	28.97	200m:	3:43.08	28.52		
11.			2014			.			3:59.38 II			85		
	25m:	24.64	24.64	75m:	1:21.97	30.43	125m:	2:25.19	31.96	175m:	3:29.50	32.28		
	50m:	51.54	26.90	100m:	1:53.23	31.26	150m:	2:57.22	32.03	200m:	3:59.38	29.88		
12.			2015			" " "( )			4:09.75 II			75		
	25m:	25.39	25.39	75m:	1:26.68	32.36	125m:	2:34.48	32.84	175m:	3:39.49	30.69		
	50m:	54.32	28.93	100m:	2:01.64	34.96	150m:	3:08.80	34.32	200m:	4:09.75	30.26		
DSQ			2015 2			( )						II		
11 - 13														
1.			2011 1			.			2:18.78 I			440		
	25m:	15.58	15.58	75m:	50.19	17.91	125m:	1:26.15	18.09	175m:	2:01.54	17.15		
	50m:	32.28	16.70	100m:	1:08.06	17.87	150m:	1:44.39	18.24	200m:	2:18.78	17.24		
2.			2011 I			" "			2:19.11 I			437		
	25m:	16.52	16.52	75m:	51.14	17.07	125m:	1:26.47	17.32	175m:	2:02.09	17.81		
	50m:	34.07	17.55	100m:	1:09.15	18.01	150m:	1:44.28	17.81	200m:	2:19.11	17.02		

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16,		, 200m		, 11		- 13				FINA	
3.				2011		( )		<b>2:32.12</b>	II		334
	25m:	16.40	16.40	75m:	54.24	19.78	125m:	1:33.99	20.80	175m:	2:13.46
	50m:	34.46	18.06	100m:	1:13.19	18.95	150m:	1:54.10	20.11	200m:	2:32.12
4.				2011 2		( )		<b>2:32.27</b>	II		333
	25m:	16.68	16.68	75m:	53.86	19.09	125m:	1:33.76	19.84	175m:	2:13.58
	50m:	34.77	18.09	100m:	1:13.92	20.06	150m:	1:54.01	20.25	200m:	2:32.27
5.				2011 2		( )		<b>2:34.50</b>	II		319
	25m:	16.69	16.69	75m:	54.35	19.36	125m:	1:34.95	20.36	175m:	2:15.41
	50m:	34.99	18.30	100m:	1:14.59	20.24	150m:	1:55.24	20.29	200m:	2:34.50
6.				2012 3				<b>2:40.04</b>	III		287
	25m:	17.62	17.62	75m:	58.07	20.37	125m:	1:39.91	20.87	175m:	2:20.96
	50m:	37.70	20.08	100m:	1:19.04	20.97	150m:	2:01.23	21.32	200m:	2:40.04
7.				2012 3		( ) -		<b>2:40.23</b>	III		286
	25m:	17.92	17.92	75m:	57.12	20.37	125m:	1:38.72	21.18	175m:	2:21.02
	50m:	36.75	18.83	100m:	1:17.54	20.42	150m:	1:59.33	20.61	200m:	2:40.23
8.				2012 II		" "		<b>2:41.76</b>	III		278
	25m:	19.37	19.37	75m:	59.50	20.62	125m:	1:41.40	21.41	175m:	2:23.21
	50m:	38.88	19.51	100m:	1:19.99	20.49	150m:	2:02.31	20.91	200m:	2:41.76
9.				2012 3				<b>2:41.83</b>	III		278
	25m:	18.99	18.99	75m:	59.48	20.47	125m:	1:40.91	20.92	175m:	2:22.39
	50m:	39.01	20.02	100m:	1:19.99	20.51	150m:	2:01.68	20.77	200m:	2:41.83
10.				2012 II		" "		<b>2:42.62</b>	III		274
	25m:	18.58	18.58	75m:	59.76	21.04	125m:	1:41.64	21.14	175m:	2:22.77
	50m:	38.72	20.14	100m:	1:20.50	20.74	150m:	2:02.15	20.51	200m:	2:42.62
11.				2012 2				<b>2:44.84</b>	III		263
	25m:	19.08	19.08	75m:	59.90	20.60	125m:	1:41.71	21.02	175m:	2:23.96
	50m:	39.30	20.22	100m:	1:20.69	20.79	150m:	2:02.58	20.87	200m:	2:44.84
12.				2012		( )		<b>2:46.82</b>	III		253
	25m:	20.19	20.19	75m:	1:01.08	20.86	125m:	1:43.28	21.08	175m:	2:25.80
	50m:	40.22	20.03	100m:	1:22.20	21.12	150m:	2:04.57	21.29	200m:	2:46.82
13.				2012 3				<b>2:48.53</b>	III		246
	25m:	18.77	18.77	75m:	59.60	20.98	125m:	1:42.43	21.66	175m:	2:27.16
	50m:	38.62	19.85	100m:	1:20.77	21.17	150m:	2:04.73	22.30	200m:	2:48.53
14.				2013 3		( ) -		<b>2:49.41</b>	III		242
	25m:	19.37	19.37	75m:	1:01.16	20.84	125m:	1:45.40	22.06	175m:	2:29.24
	50m:	40.32	20.95	100m:	1:23.34	22.18	150m:	2:07.61	22.21	200m:	2:49.41
15.				2012 3				<b>2:52.59</b>	III		229
	25m:	19.53	19.53	75m:	1:03.15	22.05	125m:	1:48.19	22.68	175m:	2:32.33
	50m:	41.10	21.57	100m:	1:25.51	22.36	150m:	2:10.22	22.03	200m:	2:52.59
16.				2013 1		( )		<b>2:55.99</b>	III		216
	25m:	19.82	19.82	75m:	1:04.24	22.37	125m:	1:50.43	23.37	175m:	2:35.57
	50m:	41.87	22.05	100m:	1:27.06	22.82	150m:	2:12.74	22.31	200m:	2:55.99
17.				2013		( )		<b>2:58.13</b>	I		208
	25m:	20.37	20.37	75m:	1:04.48	22.13	125m:	1:50.39	22.78	175m:	2:36.30
	50m:	42.35	21.98	100m:	1:27.61	23.13	150m:	2:13.55	23.16	200m:	2:58.13
18.				2013 I		" "		<b>2:59.33</b>	I		204
	25m:	20.35	20.35	75m:	1:04.53	22.58	125m:	1:50.97	23.20	175m:	2:37.20
	50m:	41.95	21.60	100m:	1:27.77	23.24	150m:	2:14.34	23.37	200m:	2:59.33
19.				2013 1		( )		<b>3:03.31</b>	I		191
	25m:	19.72	19.72	75m:	1:04.47	23.11	125m:	1:51.67	23.85	175m:	2:39.86
	50m:	41.36	21.64	100m:	1:27.82	23.35	150m:	2:15.85	24.18	200m:	3:03.31
20.				2013 1				<b>3:04.16</b>	I		188
	25m:	20.22	20.22	75m:	1:04.65	22.68	125m:	1:53.18	24.19	175m:	2:41.44
	50m:	41.97	21.75	100m:	1:28.99	24.34	150m:	2:17.92	24.74	200m:	3:04.16

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16,		, 200m		11		- 13				FINA	
21.				2011 1	"	"		<b>3:04.88</b>	I	186	
	25m:	20.46	20.46	75m:	1:04.37	23.12	125m:	1:52.12	24.58	175m:	2:42.46
	50m:	41.25	20.79	100m:	1:27.54	23.17	150m:	2:16.44	24.32	200m:	3:04.88
22.				2011 3				<b>3:05.90</b>	I	183	
	25m:	20.22	20.22	75m:	1:07.14	24.50	125m:	1:56.25	25.08	175m:	2:44.41
	50m:	42.64	22.42	100m:	1:31.17	24.03	150m:	2:21.51	25.26	200m:	3:05.90
23.				2013 1	( )	-		<b>3:06.10</b>	I	182	
	25m:	20.65	20.65	75m:	1:06.52	23.26	125m:	1:54.87	24.35	175m:	2:44.27
	50m:	43.26	22.61	100m:	1:30.52	24.00	150m:	2:19.40	24.53	200m:	3:06.10
24.				2012 3	( )	-		<b>3:06.76</b>	I	180	
	25m:	20.26	20.26	75m:	1:06.13	23.20	125m:	1:54.40	23.82	175m:	2:41.64
	50m:	42.93	22.67	100m:	1:30.58	24.45	150m:	2:18.35	23.95	200m:	3:06.76
25.				2012	( )			<b>3:11.58</b>	I	167	
	25m:	21.53	21.53	75m:	1:09.98	24.65	125m:	2:02.94	26.78	175m:	2:49.71
	50m:	45.33	23.80	100m:	1:36.16	26.18	150m:	2:27.41	24.47	200m:	3:11.58
26.				2012 I	"	"		<b>3:12.80</b>	I	164	
	25m:	20.67	20.67	75m:	1:07.13	24.10	125m:	1:58.36	25.74	175m:	2:48.50
	50m:	43.03	22.36	100m:	1:32.62	25.49	150m:	2:23.88	25.52	200m:	3:12.80
27.				2013	( )			<b>3:13.45</b>	I	162	
	25m:	22.03	22.03	75m:	1:10.00	24.09	125m:	2:00.32	25.16	175m:	2:50.44
	50m:	45.91	23.88	100m:	1:35.16	25.16	150m:	2:25.64	25.32	200m:	3:13.45
28.				2012 1	"	2"		<b>3:14.89</b>	I	159	
	25m:	22.06	22.06	75m:	1:10.59	24.48	125m:	2:00.90	24.97	175m:	2:51.13
	50m:	46.11	24.05	100m:	1:35.93	25.34	150m:	2:26.88	25.98	200m:	3:14.89
29.				2012	.			<b>3:15.32</b>	I	158	
	25m:	21.64	21.64	75m:	1:09.27	24.97	125m:	1:59.82	25.32	175m:	2:51.32
	50m:	44.30	22.66	100m:	1:34.50	25.23	150m:	2:26.05	26.23	200m:	3:15.32
30.				2013 1				<b>3:20.64</b>	I	145	
	25m:	23.55	23.55	75m:	1:14.60	1:14.27	125m:	2:05.02	25.36	175m:	2:57.35
	50m:	0.33		100m:	1:39.66	25.06	150m:	2:30.94	25.92	200m:	3:20.64
31.				2013 2				<b>3:21.69</b>	I	143	
	25m:	22.60	22.60	75m:	1:13.20	26.14	125m:	2:05.86	26.78	175m:	2:57.91
	50m:	47.06	24.46	100m:	1:39.08	25.88	150m:	2:31.82	25.96	200m:	3:21.69
32.				2013 1	"	2"		<b>3:24.71</b>	II	137	
	25m:	22.16	22.16	75m:	1:12.52	25.64	125m:	2:06.20	27.56	175m:	2:59.36
	50m:	46.88	24.72	100m:	1:38.64	26.12	150m:	2:32.75	26.55	200m:	3:24.71
<b>14 - 15</b>											
1.				2009				<b>2:09.91</b>		537	
	25m:	14.07	14.07	75m:	46.17	16.22	125m:	1:19.13	16.80	175m:	1:53.44
	50m:	29.95	15.88	100m:	1:02.33	16.16	150m:	1:36.15	17.02	200m:	2:09.91
2.				2010 I	"	"		<b>2:15.55</b>	I	473	
	25m:	15.39	15.39	75m:	48.69	16.64	125m:	1:23.25	16.78	175m:	1:58.00
	50m:	32.05	16.66	100m:	1:06.47	17.78	150m:	1:41.04	17.79	200m:	2:15.55
3.				2009 2				<b>2:17.18</b>	I	456	
	25m:	15.87	15.87	75m:	49.26	17.06	125m:	1:24.90	18.01	175m:	2:00.90
	50m:	32.20	16.33	100m:	1:06.89	17.63	150m:	1:42.56	17.66	200m:	2:17.18
4.				2010	( )			<b>2:19.70</b>	II	432	
	25m:	15.65	15.65	75m:	49.84	17.46	125m:	2:02.37	54.79	200m:	2:19.70
	50m:	32.38	16.73	100m:	1:07.58	17.74	150m:	1:43.88			35.82
5.				2009 1				<b>2:19.77</b>	II	431	
	25m:	16.08	16.08	75m:	51.84	18.19	125m:	1:27.58	17.72	175m:	2:03.16
	50m:	33.65	17.57	100m:	1:09.86	18.02	150m:	1:45.36	17.78	200m:	2:19.77

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		16, , 200m ,			14 - 15							FINA
6.				2009 2 "						<b>2:24.04</b> II	394	
	25m:	16.02	16.02	75m:	50.51	17.36	125m:	1:27.35	18.31	175m:	2:06.22	19.50
	50m:	33.15	17.13	100m:	1:09.04	18.53	150m:	1:46.72	19.37	200m:	2:24.04	17.82
7.				2009						<b>2:30.62</b> II	344	
	25m:	16.36	16.36	75m:	51.82	17.92	125m:	1:31.15	19.77	175m:	2:11.82	20.08
	50m:	33.90	17.54	100m:	1:11.38	19.56	150m:	1:51.74	20.59	200m:	2:30.62	18.80
8.				2009 2 "						<b>2:34.30</b> II	320	
	25m:	18.14	18.14	75m:	55.20	18.81	125m:	1:33.91	19.55	175m:	2:14.41	20.66
	50m:	36.39	18.25	100m:	1:14.36	19.16	150m:	1:53.75	19.84	200m:	2:34.30	19.89
9.				2010 II						<b>2:36.61</b> III	306	
	25m:	17.71	17.71	75m:	55.97	19.88	125m:	1:35.73	20.56	175m:	2:16.91	21.16
	50m:	36.09	18.38	100m:	1:15.17	19.20	150m:	1:55.75	20.02	200m:	2:36.61	19.70
DSQ				2010 3							III	