

7
10.12.2022 - 11:53

, 400m

2010 - 2011

: FINA 2022

2011

1.			11								5:03.71	456	2
	50m:	33.83	33.83	150m:	1:50.11	38.66	250m:	3:07.39	38.39	350m:	4:25.31	38.64	
	100m:	1:11.45	37.62	200m:	2:29.00	38.89	300m:	3:46.67	39.28	400m:	5:03.71	38.40	
2.			11								5:08.99	433	2
	50m:	34.39	34.39	150m:	1:51.77	39.09	250m:	3:10.43	39.04	350m:	4:29.39	39.31	
	100m:	1:12.68	38.29	200m:	2:31.39	39.62	300m:	3:50.08	39.65	400m:	5:08.99	39.60	
3.			11				"	"			5:09.79	430	2
	50m:	33.61	33.61	150m:	1:51.01	39.74	250m:	3:10.59	40.01	350m:	4:30.58	40.45	
	100m:	1:11.27	37.66	200m:	2:30.58	39.57	300m:	3:50.13	39.54	400m:	5:09.79	39.21	
4.			11								5:13.27	416	2
	50m:	35.03	35.03	150m:	1:53.65	39.88	250m:	3:13.54	39.73	350m:	4:34.00	40.20	
	100m:	1:13.77	38.74	200m:	2:33.81	40.16	300m:	3:53.80	40.26	400m:	5:13.27	39.27	
5.			11								5:21.09	386	2
	50m:	34.91	34.91	150m:	1:53.22	39.72	250m:	3:15.35	41.32	350m:	4:39.38	42.06	
	100m:	1:13.50	38.59	200m:	2:34.03	40.81	300m:	3:57.32	41.97	400m:	5:21.09	41.71	
6.			11								5:22.24	382	2
	50m:	37.02	37.02	150m:	1:57.83	40.77	250m:	3:20.16	41.22	350m:	4:43.53	41.95	
	100m:	1:17.06	40.04	200m:	2:38.94	41.11	300m:	4:01.58	41.42	400m:	5:22.24	38.71	
7.			11				-	"	"		5:22.72	380	2
	50m:	36.59	36.59	150m:	1:59.28	41.96	250m:	3:21.68	41.15	350m:	4:43.38	40.97	
	100m:	1:17.32	40.73	200m:	2:40.53	41.25	300m:	4:02.41	40.73	400m:	5:22.72	39.34	
8.			11								6:02.47	268	3
	50m:	39.94	39.94	150m:	2:11.90	47.35	250m:	3:44.50	46.08	350m:	5:18.60	47.00	
	100m:	1:24.55	44.61	200m:	2:58.42	46.52	300m:	4:31.60	47.10	400m:	6:02.47	43.87	

2010

1.			10				"	"			4:51.91	514	1
	50m:	32.54	32.54	150m:	1:45.71	37.01	250m:	3:00.63	37.41	350m:	4:15.54	37.31	
	100m:	1:08.70	36.16	200m:	2:23.22	37.51	300m:	3:38.23	37.60	400m:	4:51.91	36.37	
2.			10				"	"			4:57.89	484	2
	50m:	33.17	33.17	150m:	1:48.12	38.05	250m:	3:03.79	37.91	350m:	4:20.83	37.98	
	100m:	1:10.07	36.90	200m:	2:25.88	37.76	300m:	3:42.85	39.06	400m:	4:57.89	37.06	
3.			10				-	"	"		5:06.42	444	2
	50m:	34.78	34.78	150m:	1:50.64	38.11	250m:	3:08.70	39.05	350m:	4:27.30	39.66	
	100m:	1:12.53	37.75	200m:	2:29.65	39.01	300m:	3:47.64	38.94	400m:	5:06.42	39.12	
4.			10								5:17.05	401	2
	50m:	34.00	34.00	150m:	1:52.73	40.33	250m:	3:13.74	40.33	350m:	4:35.90	40.90	
	100m:	1:12.40	38.40	200m:	2:33.41	40.68	300m:	3:55.00	41.26	400m:	5:17.05	41.15	
5.			10								5:19.14	393	2
	50m:	36.12	36.12	150m:	1:55.75	40.36	250m:	3:17.58	41.05	350m:	4:39.69	41.02	
	100m:	1:15.39	39.27	200m:	2:36.53	40.78	300m:	3:58.67	41.09	400m:	5:19.14	39.45	
6.			10								5:35.32	339	2
	50m:	37.79	37.79	150m:	2:02.74	43.28	250m:	3:28.89	43.40	350m:	4:54.63	42.26	
	100m:	1:19.46	41.67	200m:	2:45.49	42.75	300m:	4:12.37	43.48	400m:	5:35.32	40.69	
7.			10								5:38.25	330	3
	50m:	39.40	39.40	150m:	2:05.46	43.18	250m:	3:32.09	43.09	350m:	4:58.01	42.15	
	100m:	1:22.28	42.88	200m:	2:49.00	43.54	300m:	4:15.86	43.77	400m:	5:38.25	40.24	
8.			10								5:47.19	305	3
	50m:	37.18	37.18	150m:	2:05.03	45.06	250m:	3:35.46	44.81	350m:	5:05.00	44.61	
	100m:	1:19.97	42.79	200m:	2:50.65	45.62	300m:	4:20.39	44.93	400m:	5:47.19	42.19	

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" , 10. - 11.12.2022

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9. 10 1, **6:28.72** 217 1
50m: 40.31 40.31 150m: 2:15.36 48.43 250m: 3:55.01 50.63 350m: 5:37.85 52.38
100m: 1:26.93 46.62 200m: 3:04.38 49.02 300m: 4:45.47 50.46 400m: 6:28.72 50.87