

17
06.12.2022 - 15:43

, 400m

2005 - 2009

: FINA 2022

2005 - 2007

1.			2007					5:07.61	596			
	50m:	32.02	32.02	150m:	1:51.01	39.71	250m:	3:13.32	43.79	350m:	4:33.41	36.01
	100m:	1:11.30	39.28	200m:	2:29.53	38.52	300m:	3:57.40	44.08	400m:	5:07.61	34.20
2.			2007					5:18.08	539			
	50m:	33.34	33.34	150m:	1:52.29	40.36	250m:	3:16.92	45.29	350m:	4:41.53	37.65
	100m:	1:11.93	38.59	200m:	2:31.63	39.34	300m:	4:03.88	46.96	400m:	5:18.08	36.55
3.			2006					5:25.25	504	1		
	50m:	35.92	35.92	150m:	1:56.36	39.57	250m:	3:25.18	49.53	350m:	4:50.21	36.38
	100m:	1:16.79	40.87	200m:	2:35.65	39.29	300m:	4:13.83	48.65	400m:	5:25.25	35.04
4.			2007	1				5:31.14	478	1		
	50m:	34.07	34.07	150m:	2:00.19	44.26	250m:	3:28.08	45.23	350m:	4:54.37	39.18
	100m:	1:15.93	41.86	200m:	2:42.85	42.66	300m:	4:15.19	47.11	400m:	5:31.14	36.77
5.			2007	2				5:56.15	384	2		
	50m:	38.03	38.03	150m:	2:08.40	45.47	250m:	3:43.08	51.49	350m:	5:16.99	41.62
	100m:	1:22.93	44.90	200m:	2:51.59	43.19	300m:	4:35.37	52.29	400m:	5:56.15	39.16

2008 - 2009

1.			2009					5:27.62	493	1		
	50m:	34.34	34.34	150m:	1:58.83	43.56	250m:	3:24.78	43.71	350m:	4:50.45	40.11
	100m:	1:15.27	40.93	200m:	2:41.07	42.24	300m:	4:10.34	45.56	400m:	5:27.62	37.17
2.			2009	1				5:30.07	482	1		
	50m:	34.38	34.38	150m:	1:57.62	42.88	250m:	3:28.45	47.62	350m:	4:53.59	37.63
	100m:	1:14.74	40.36	200m:	2:40.83	43.21	300m:	4:15.96	47.51	400m:	5:30.07	36.48
3.			2009	1				5:40.70	439	2		
	50m:	35.43	35.43	150m:	2:03.21	43.94	250m:	3:35.41	49.78	350m:	5:03.76	39.16
	100m:	1:19.27	43.84	200m:	2:45.63	42.42	300m:	4:24.60	49.19	400m:	5:40.70	36.94
4.			2009	1				5:58.49	376	2		
	50m:	41.37	41.37	150m:	2:16.84	46.46	250m:	3:52.29	51.53	350m:	5:22.02	38.70
	100m:	1:30.38	49.01	200m:	3:00.76	43.92	300m:	4:43.32	51.03	400m:	5:58.49	36.47