

11
15.02.2023 - 15:53

, 400m

2010

: FINA 2023

			/				rt							
1.			2004				+0,66		4:31.68		658			
	50m:	30.78	30.78	150m:	1:39.06	34.44	250m:	2:48.66	34.75	350m:	3:58.23	34.46		
	100m:	1:04.62	33.84	200m:	2:13.91	34.85	300m:	3:23.77	35.11	400m:	4:31.68	33.45		
2.			2002				+0,69		4:36.15		627			
	50m:	31.34	31.34	150m:	1:40.75	34.87	250m:	2:50.39	35.02	350m:	4:00.73	35.61		
	100m:	1:05.88	34.54	200m:	2:15.37	34.62	300m:	3:25.12	34.73	400m:	4:36.15	35.42		
3.			2009				"		4:40.77		596			
	50m:	30.94	30.94	150m:	1:40.40	35.08	250m:	2:52.77	36.50	350m:	4:05.45	36.27		
	100m:	1:05.32	34.38	200m:	2:16.27	35.87	300m:	3:29.18	36.41	400m:	4:40.77	35.32		
4.			2007				,		+0,72		4:43.32	580		
	50m:	31.42	31.42	150m:	1:42.24	35.97	250m:	2:55.70	36.88	350m:	4:09.61	36.86		
	100m:	1:06.27	34.85	200m:	2:18.82	36.58	300m:	3:32.75	37.05	400m:	4:43.32	33.71		
5.			2009				,		+0,68		4:44.24	575	1	
	50m:	32.57	32.57	150m:	1:44.37	36.63	250m:	2:57.15	36.24	350m:	4:10.13	36.15		
	100m:	1:07.74	35.17	200m:	2:20.91	36.54	300m:	3:33.98	36.83	400m:	4:44.24	34.11		
6.			2007				,		+0,80		4:44.70	572	1	
	50m:	31.81	31.81	150m:	1:43.11	36.58	250m:	2:57.40	37.33	350m:	4:10.83	36.53		
	100m:	1:06.53	34.72	200m:	2:20.07	36.96	300m:	3:34.30	36.90	400m:	4:44.70	33.87		
7.			2010				,				4:47.68	554	1	
	50m:	33.13	33.13	250m:	2:58.53	1:13.35	350m:	4:11.99	36.46					
	150m:	1:45.18	1:12.05	300m:	3:35.53	37.00	400m:	4:47.68	35.69					
8.			2009				"		"		4:47.69	554	1	
	50m:	32.19	32.19	150m:	1:44.41	36.66	250m:	2:58.51	37.07	350m:	4:12.49	36.41		
	100m:	1:07.75	35.56	200m:	2:21.44	37.03	300m:	3:36.08	37.57	400m:	4:47.69	35.20		
9.			2007				,		+0,58		4:48.97	547	1	
	50m:	31.70	31.70	150m:	1:43.83	36.88	250m:	2:58.09	37.43	350m:	4:12.85	37.46		
	100m:	1:06.95	35.25	200m:	2:20.66	36.83	300m:	3:35.39	37.30	400m:	4:48.97	36.12		
10.			2007				,				4:51.48	533	1	
	50m:	31.80	31.80	150m:	1:45.37	37.06	250m:	2:59.89	37.55	350m:	4:15.36	36.73		
	100m:	1:08.31	36.51	200m:	2:22.34	36.97	300m:	3:38.63	38.74	400m:	4:51.48	36.12		
11.			2008				,		+0,62		4:51.51	533	1	
	50m:	31.95	31.95	150m:	1:45.83	36.83	250m:	3:00.45	36.84	350m:	4:15.68	37.46		
	100m:	1:09.00	37.05	200m:	2:23.61	37.78	300m:	3:38.22	37.77	400m:	4:51.51	35.83		
12.			2006				,		+0,80		4:52.77	526	1	
	50m:	33.01	33.01	150m:	1:45.65	36.66	250m:	3:00.44	37.51	350m:	4:16.02	37.53		
	100m:	1:08.99	35.98	200m:	2:22.93	37.28	300m:	3:38.49	38.05	400m:	4:52.77	36.75		
13.			2008				,		+0,80		4:53.06	524	1	
	50m:	32.67	32.67	150m:	1:46.90	37.57	250m:	3:02.23	38.04	350m:	4:16.82	37.28		
	100m:	1:09.33	36.66	200m:	2:24.19	37.29	300m:	3:39.54	37.31	400m:	4:53.06	36.24		
14.			2007				,		+0,55		4:54.12	519	1	
	50m:	32.48	32.48	150m:	1:48.18	37.54	250m:	3:03.43	37.00	350m:	4:17.50	36.37		
	100m:	1:10.64	38.16	200m:	2:26.43	38.25	300m:	3:41.13	37.70	400m:	4:54.12	36.62		
15.			2009 I				"		"		+0,81	4:54.22	518	1
	50m:	32.86	32.86	150m:	1:46.05	37.24	250m:	3:02.21	37.83	350m:	4:17.36	37.24		
	100m:	1:08.81	35.95	200m:	2:24.38	38.33	300m:	3:40.12	37.91	400m:	4:54.22	36.86		
16.			2007 I				,		+0,71		4:54.54	517	1	
	50m:	33.13	33.13	150m:	1:48.70	37.93	250m:	3:04.55	37.69	350m:	4:19.82	37.23		
	100m:	1:10.77	37.64	200m:	2:26.86	38.16	300m:	3:42.59	38.04	400m:	4:54.54	34.72		
17.			2009 I				,		+0,93		4:56.05	509	1	
	50m:	33.07	33.07	150m:	1:48.20	37.85	250m:	3:04.92	38.37	350m:	4:20.81	37.49		
	100m:	1:10.35	37.28	200m:	2:26.55	38.35	300m:	3:43.32	38.40	400m:	4:56.05	35.24		

11,		, 400m		, 2010		rt						
36.				2009 II			+0,79	5:14.54	424	2		
	50m:	35.64	35.64	150m:	1:55.32	40.51	250m:	3:16.46	41.15	350m:	4:36.95	39.65
	100m:	1:14.81	39.17	200m:	2:35.31	39.99	300m:	3:57.30	40.84	400m:	5:14.54	37.59
37.				2009 II			+0,75	5:17.28	413	2		
	50m:	35.94	35.94	150m:	1:56.51	40.08	250m:	3:16.89	39.81	350m:	4:38.60	40.15
	100m:	1:16.43	40.49	200m:	2:37.08	40.57	300m:	3:58.45	41.56	400m:	5:17.28	38.68
38.				2010 II			+0,69	5:17.56	412	2		
	50m:	34.95	34.95	150m:	1:55.46	40.62	250m:	3:18.57	40.75	350m:	4:39.76	39.95
	100m:	1:14.84	39.89	200m:	2:37.82	42.36	300m:	3:59.81	41.24	400m:	5:17.56	37.80
39.				2010 II			+0,78	5:17.93	411	2		
	50m:	34.61	34.61	150m:	1:54.56	40.72	250m:	3:16.63	41.36	350m:	4:38.48	40.67
	100m:	1:13.84	39.23	200m:	2:35.27	40.71	300m:	3:57.81	41.18	400m:	5:17.93	39.45
40.				2010 I			+0,74	5:18.17	410	2		
	50m:	34.89	34.89	150m:	1:55.12	40.95	250m:	3:17.69	41.74	350m:	4:38.83	40.08
	100m:	1:14.17	39.28	200m:	2:35.95	40.83	300m:	3:58.75	41.06	400m:	5:18.17	39.34
41.				2007 II		1,		5:21.88	396	2		
	50m:	36.98	36.98	150m:	1:57.81	41.17	250m:	3:21.25	41.70	350m:	4:44.25	41.02
	100m:	1:16.64	39.66	200m:	2:39.55	41.74	300m:	4:03.23	41.98	400m:	5:21.88	37.63
42.				2010 II				5:22.06	395	2		
	50m:	37.37	37.37	150m:	1:58.94	41.83	250m:	3:21.80	41.43	350m:	4:43.92	40.99
	100m:	1:17.11	39.74	200m:	2:40.37	41.43	300m:	4:02.93	41.13	400m:	5:22.06	38.14
43.				2007 II		"	"	+0,81	5:22.07	395	2	
	50m:	34.28	34.28	150m:	1:54.35	40.80	250m:	3:18.15	42.10	350m:	4:42.40	42.37
	100m:	1:13.55	39.27	200m:	2:36.05	41.70	300m:	4:00.03	41.88	400m:	5:22.07	39.67
44.				2009 II				5:23.60	389	2		
	50m:	36.87	36.87	150m:	1:59.50	41.62	250m:	3:21.72	40.68	350m:	4:44.92	40.93
	100m:	1:17.88	41.01	200m:	2:41.04	41.54	300m:	4:03.99	42.27	400m:	5:23.60	38.68
45.				2010 I			+0,71	5:24.80	385	2		
	50m:	37.69	37.69	150m:	2:00.38	41.36	250m:	3:23.67	41.22	350m:	4:45.76	40.53
	100m:	1:19.02	41.33	200m:	2:42.45	42.07	300m:	4:05.23	41.56	400m:	5:24.80	39.04
46.				2009 II		"	"	5:25.05	384	2		
	50m:	35.73	35.73	150m:	1:56.28	40.92	250m:	3:20.21	42.00	350m:	4:44.67	42.23
	100m:	1:15.36	39.63	200m:	2:38.21	41.93	300m:	4:02.44	42.23	400m:	5:25.05	40.38
47.				2010 II				5:26.01	381	2		
	50m:	36.23	36.23	150m:	1:58.51	42.13	250m:	3:22.35	42.35	350m:	4:46.00	41.61
	100m:	1:16.38	40.15	200m:	2:40.00	41.49	300m:	4:04.39	42.04	400m:	5:26.01	40.01
48.				2010 I				5:27.54	375	2		
	50m:	36.79	36.79	150m:	1:58.54	41.61	250m:	3:22.79	42.04	350m:	4:46.93	42.05
	100m:	1:16.93	40.14	200m:	2:40.75	42.21	300m:	4:04.88	42.09	400m:	5:27.54	40.61
49.				2009 II		"	"	5:29.50	369	2		
	50m:	36.71	36.71	150m:	1:58.70	40.82	250m:	3:22.68	42.30	350m:	4:47.62	42.06
	100m:	1:17.88	41.17	200m:	2:40.38	41.68	300m:	4:05.56	42.88	400m:	5:29.50	41.88
50.				2010 II				5:30.00	367	2		
	50m:	37.04	37.04	150m:	2:00.00	42.48	250m:	3:24.75	42.52	350m:	4:49.47	41.77
	100m:	1:17.52	40.48	200m:	2:42.23	42.23	300m:	4:07.70	42.95	400m:	5:30.00	40.53
51.				2010 II			+0,55	5:41.23	332	2		
	50m:	37.95	37.95	150m:	2:02.84	43.27	250m:	3:30.57	43.74	400m:	5:41.23	41.47
	100m:	1:19.57	41.62	200m:	2:46.83	43.99	350m:	4:59.76	1:29.19			
52.				2010 II		"	"	5:45.54	320	3		
	50m:	39.86	39.86	150m:	2:07.37	43.85	250m:	3:35.87	43.26	350m:	5:03.04	42.57
	100m:	1:23.52	43.66	200m:	2:52.61	45.24	300m:	4:20.47	44.60	400m:	5:45.54	42.50
53.				2010 II			+0,63	5:48.48	312	3		
	50m:	39.10	39.10	150m:	2:07.18	44.50	250m:	3:37.03	44.80	350m:	5:07.19	44.86
	100m:	1:22.68	43.58	200m:	2:52.23	45.05	300m:	4:22.33	45.30	400m:	5:48.48	41.29

