

13
30.05.2023 - 16:20

, 400m

2010

: FINA 2023

							100m	200m	300m	400m		
1.		04				4:34.83 636	1:05.14	1:10.86	1:10.55	1:08.28		
	50m:	30.76	30.76	150m:	1:40.29	35.15	250m:	2:50.65	34.65	350m:	4:01.28	34.73
	100m:	1:05.14	34.38	200m:	2:16.00	35.71	300m:	3:26.55	35.90	400m:	4:34.83	33.55
2.		09				4:42.29 587	1:06.84	1:11.79	1:12.59	1:11.07		
	50m:	32.17	32.17	150m:	1:42.66	35.82	250m:	2:54.89	36.26	350m:	4:07.80	36.58
	100m:	1:06.84	34.67	200m:	2:18.63	35.97	300m:	3:31.22	36.33	400m:	4:42.29	34.49
3.		07				4:46.38 562 1	1:06.84	1:12.60	1:14.06	1:12.88		
	50m:	31.72	31.72	150m:	1:43.29	36.45	250m:	2:56.58	37.14	350m:	4:10.65	37.15
	100m:	1:06.84	35.12	200m:	2:19.44	36.15	300m:	3:33.50	36.92	400m:	4:46.38	35.73
4.		09				4:50.34 539 1	1:09.57	1:14.10	1:14.74	1:11.93		
	50m:	32.91	32.91	150m:	1:46.14	36.57	250m:	3:00.65	36.98	350m:	4:14.49	36.08
	100m:	1:09.57	36.66	200m:	2:23.67	37.53	300m:	3:38.41	37.76	400m:	4:50.34	35.85
5.		08				4:51.78 531 1	1:08.77	1:14.91	1:15.42	1:12.68		
	50m:	32.89	32.89	150m:	1:46.47	37.70	250m:	3:01.54	37.86	350m:	4:16.48	37.38
	100m:	1:08.77	35.88	200m:	2:23.68	37.21	300m:	3:39.10	37.56	400m:	4:51.78	35.30
6.		09				4:52.36 528 1	1:10.99	1:14.78	1:15.07	1:11.52		
	50m:	33.53	33.53	150m:	1:48.34	37.35	250m:	3:03.21	37.44	350m:	4:17.71	36.87
	100m:	1:10.99	37.46	200m:	2:25.77	37.43	300m:	3:40.84	37.63	400m:	4:52.36	34.65
7.		07				4:57.68 500 1	1:09.15	1:15.36	1:16.79	1:16.38		
	50m:	32.38	32.38	150m:	1:45.98	36.83	250m:	3:02.60	38.09	350m:	4:19.51	38.21
	100m:	1:09.15	36.77	200m:	2:24.51	38.53	300m:	3:41.30	38.70	400m:	4:57.68	38.17
8.		07				4:58.15 498 1	1:09.41	1:15.74	1:16.42	1:16.58		
	50m:	32.75	32.75	150m:	1:47.36	37.95	250m:	3:02.98	37.83	350m:	4:20.67	39.10
	100m:	1:09.41	36.66	200m:	2:25.15	37.79	300m:	3:41.57	38.59	400m:	4:58.15	37.48
9.		08				4:58.21 498 1	1:09.42	1:15.45	1:17.18	1:16.16		
	50m:	33.09	33.09	150m:	1:46.66	37.24	250m:	3:03.44	38.57	350m:	4:20.37	38.32
	100m:	1:09.42	36.33	200m:	2:24.87	38.21	300m:	3:42.05	38.61	400m:	4:58.21	37.84
10.		09				5:02.55 477 2	1:11.67	1:17.02	1:17.88	1:15.98		
	50m:	33.99	33.99	150m:	1:49.71	38.04	250m:	3:07.38	38.69	350m:	4:24.97	38.40
	100m:	1:11.67	37.68	200m:	2:28.69	38.98	300m:	3:46.57	39.19	400m:	5:02.55	37.58
11.		08				5:05.46 463 2	1:11.53	1:17.25	1:19.15	1:17.53		
	50m:	34.60	34.60	150m:	1:49.74	38.21	250m:	3:08.43	39.65	350m:	4:27.10	39.17
	100m:	1:11.53	36.93	200m:	2:28.78	39.04	300m:	3:47.93	39.50	400m:	5:05.46	38.36
12.		09				5:06.88 457 2	1:11.95	1:18.11	1:19.17	1:17.65		
	50m:	34.72	34.72	150m:	1:51.24	39.29	250m:	3:10.22	40.16	350m:	4:29.81	40.58
	100m:	1:11.95	37.23	200m:	2:30.06	38.82	300m:	3:49.23	39.01	400m:	5:06.88	37.07
13.		10				5:07.49 454 2	1:14.35	1:18.68	1:18.85	1:15.61		
	50m:	35.77	35.77	150m:	1:53.61	39.26	250m:	3:12.38	39.35	350m:	4:30.83	38.95
	100m:	1:14.35	38.58	200m:	2:33.03	39.42	300m:	3:51.88	39.50	400m:	5:07.49	36.66
14.		06				5:10.64 440 2	1:12.43	1:19.50	1:20.28	1:18.43		
	50m:	34.26	34.26	150m:	1:51.52	39.09	250m:	3:11.74	39.81	350m:	4:31.90	39.69
	100m:	1:12.43	38.17	200m:	2:31.93	40.41	300m:	3:52.21	40.47	400m:	5:10.64	38.74
15.		09				5:12.58 432 2	1:15.26	1:20.53	1:19.70	1:17.09		
	50m:	35.61	35.61	150m:	1:55.67	40.41	250m:	3:15.80	40.01	350m:	4:35.03	39.54
	100m:	1:15.26	39.65	200m:	2:35.79	40.12	300m:	3:55.49	39.69	400m:	5:12.58	37.55
16.		09				5:13.34 429 2	1:14.03	1:19.35	1:20.51	1:19.45		
	50m:	35.20	35.20	150m:	1:53.78	39.75	250m:	3:13.40	40.02	350m:	4:34.48	40.59
	100m:	1:14.03	38.83	200m:	2:33.38	39.60	300m:	3:53.89	40.49	400m:	5:13.34	38.86
17.		10				5:13.38 429 2	1:14.89	1:19.65	1:20.19	1:18.65		
	50m:	35.62	35.62	150m:	1:54.93	40.04	250m:	3:14.22	39.68	350m:	4:35.11	40.38
	100m:	1:14.89	39.27	200m:	2:34.54	39.61	300m:	3:54.73	40.51	400m:	5:13.38	38.27
18.		10				5:15.72 419 2	1:16.17	1:20.96	1:21.32	1:17.27		
	50m:	36.14	36.14	150m:	1:56.28	40.11	250m:	3:17.35	40.22	350m:	4:37.89	39.44
	100m:	1:16.17	40.03	200m:	2:37.13	40.85	300m:	3:58.45	41.10	400m:	5:15.72	37.83
19.		09				5:15.88 419 2	1:15.60	1:20.90	1:21.22	1:18.16		
	50m:	35.57	35.57	150m:	1:55.59	39.99	250m:	3:16.75	40.25	350m:	4:37.43	39.71
	100m:	1:15.60	40.03	200m:	2:36.50	40.91	300m:	3:57.72	40.97	400m:	5:15.88	38.45

13,		, 400m		, 2010								
						100m	200m	300m	400m			
20.	,	10				5:16.00	418	2	1:16.89	1:20.88	1:20.56	1:17.67
	50m:	37.01	37.01	150m:	1:57.33	40.44	250m:	3:17.48	39.71	350m:	4:38.07	39.74
	100m:	1:16.89	39.88	200m:	2:37.77	40.44	300m:	3:58.33	40.85	400m:	5:16.00	37.93
21.	,	10				5:17.02	414	2	1:15.53	1:20.16	1:21.69	1:19.64
	50m:	35.70	35.70	150m:	1:55.02	39.49	250m:	3:15.99	40.30	350m:	4:37.30	39.92
	100m:	1:15.53	39.83	200m:	2:35.69	40.67	300m:	3:57.38	41.39	400m:	5:17.02	39.72
22.	,	09				5:23.40	390	2	1:15.72	1:22.25	1:22.78	1:22.65
	50m:	35.98	35.98	150m:	1:56.96	41.24	250m:	3:20.08	42.11	350m:	4:42.99	42.24
	100m:	1:15.72	39.74	200m:	2:37.97	41.01	300m:	4:00.75	40.67	400m:	5:23.40	40.41
23.	,	10				5:25.01	384	2	1:13.94	1:23.44	1:25.33	1:22.30
	50m:	34.29	34.29	150m:	1:55.42	41.48	250m:	3:19.70	42.32	350m:	4:43.99	41.28
	100m:	1:13.94	39.65	200m:	2:37.38	41.96	300m:	4:02.71	43.01	400m:	5:25.01	41.02
24.	,	10				5:25.49	383	2	1:14.60	1:22.08	1:25.01	1:23.80
	50m:	35.03	35.03	150m:	1:55.49	40.89	250m:	3:19.32	42.64	350m:	4:44.39	42.70
	100m:	1:14.60	39.57	200m:	2:36.68	41.19	300m:	4:01.69	42.37	400m:	5:25.49	41.10
25.	,	09				5:26.63	379	2	1:14.86	1:23.26	1:24.47	1:24.04
	50m:	34.08	34.08	150m:	1:55.76	40.90	250m:	3:20.12	42.00	350m:	4:44.67	42.08
	100m:	1:14.86	40.78	200m:	2:38.12	42.36	300m:	4:02.59	42.47	400m:	5:26.63	41.96
26.	,	10				5:27.20	377	2	1:17.69	1:24.46	1:23.42	1:21.63
	50m:	36.24	36.24	150m:	1:59.32	41.63	250m:	3:23.19	41.04	350m:	4:46.13	40.56
	100m:	1:17.69	41.45	200m:	2:42.15	42.83	300m:	4:05.57	42.38	400m:	5:27.20	41.07
27.	,	10				5:30.50	365	2	1:16.78	1:24.68	1:25.40	1:23.64
	50m:	35.52	35.52	150m:	1:58.92	42.14	250m:	3:23.72	42.26	350m:	4:49.05	42.19
	100m:	1:16.78	41.26	200m:	2:41.46	42.54	300m:	4:06.86	43.14	400m:	5:30.50	41.45
28.	,	10				5:35.11	351	2	1:17.08	1:24.88	1:28.03	1:25.12
	50m:	36.44	36.44	150m:	1:59.90	42.82	250m:	3:26.12	44.16	350m:	4:53.65	43.66
	100m:	1:17.08	40.64	200m:	2:41.96	42.06	300m:	4:09.99	43.87	400m:	5:35.11	41.46
29.	,	08				5:42.30	329	2	1:20.15	1:27.30	1:28.48	1:26.37
	50m:	37.47	37.47	150m:	2:03.91	43.76	250m:	3:32.56	45.11	350m:	5:00.47	44.54
	100m:	1:20.15	42.68	200m:	2:47.45	43.54	300m:	4:15.93	43.37	400m:	5:42.30	41.83
30.	,	09				5:55.94	292	3	1:24.15	1:33.41	1:32.20	1:26.18
	50m:	39.43	39.43	150m:	2:11.72	47.57	250m:	3:44.36	46.80	350m:	5:14.37	44.61
	100m:	1:24.15	44.72	200m:	2:57.56	45.84	300m:	4:29.76	45.40	400m:	5:55.94	41.57