

14
30.05.2023 - 16:45

, 400m

2008

: FINA 2023

								100m	200m	300m	400m	
1.			01				4:10.78 675	59.53	1:04.97	1:04.30	1:01.98	
	50m:	28.59	28.59	150m:	1:32.01	32.48	250m:	2:36.74	32.24	350m:	3:40.48	31.68
	100m:	59.53	30.94	200m:	2:04.50	32.49	300m:	3:08.80	32.06	400m:	4:10.78	30.30
2.			08				4:15.08 642	59.43	1:05.56	1:05.50	1:04.59	
	50m:	27.77	27.77	150m:	1:31.94	32.51	250m:	2:37.82	32.83	350m:	3:43.34	32.85
	100m:	59.43	31.66	200m:	2:04.99	33.05	300m:	3:10.49	32.67	400m:	4:15.08	31.74
3.			05				4:15.95 635	59.97	1:05.26	1:06.02	1:04.70	
	50m:	28.58	28.58	150m:	1:32.56	32.59	250m:	2:38.27	33.04	350m:	3:43.88	32.63
	100m:	59.97	31.39	200m:	2:05.23	32.67	300m:	3:11.25	32.98	400m:	4:15.95	32.07
4.			08				4:17.97 620 1	1:00.82	1:06.06	1:06.00	1:05.09	
	50m:	28.56	28.56	150m:	1:33.21	32.39	250m:	2:39.14	32.26	350m:	3:45.38	32.50
	100m:	1:00.82	32.26	200m:	2:06.88	33.67	300m:	3:12.88	33.74	400m:	4:17.97	32.59
5.			04				4:21.14 598 1	1:01.06	1:06.59	1:06.85	1:06.64	
	50m:	28.83	28.83	150m:	1:33.84	32.78	250m:	2:40.31	32.66	350m:	3:47.67	33.17
	100m:	1:01.06	32.23	200m:	2:07.65	33.81	300m:	3:14.50	34.19	400m:	4:21.14	33.47
6.			08				4:24.07 578 1	1:02.97	1:08.26	1:08.72	1:04.12	
	50m:	29.90	29.90	150m:	1:37.02	34.05	250m:	2:45.69	34.46	350m:	3:52.57	32.62
	100m:	1:02.97	33.07	200m:	2:11.23	34.21	300m:	3:19.95	34.26	400m:	4:24.07	31.50
7.			08				4:26.53 562 1	1:02.38	1:08.35	1:09.23	1:06.57	
	50m:	29.56	29.56	150m:	1:36.51	34.13	250m:	2:45.71	34.98	350m:	3:54.38	34.42
	100m:	1:02.38	32.82	200m:	2:10.73	34.22	300m:	3:19.96	34.25	400m:	4:26.53	32.15
8.			07				4:27.62 556 1	1:04.68	1:08.66	1:09.06	1:05.22	
	50m:	30.34	30.34	150m:	1:38.60	33.92	250m:	2:47.45	34.11	350m:	3:56.12	33.72
	100m:	1:04.68	34.34	200m:	2:13.34	34.74	300m:	3:22.40	34.95	400m:	4:27.62	31.50
9.			06				4:28.67 549 1	1:03.03	1:07.81	1:08.85	1:08.98	
	50m:	30.19	30.19	150m:	1:36.88	33.85	250m:	2:45.37	34.53	350m:	3:54.35	34.66
	100m:	1:03.03	32.84	200m:	2:10.84	33.96	300m:	3:19.69	34.32	400m:	4:28.67	34.32
10.			08				4:29.85 542 1	1:03.63	1:09.45	1:09.34	1:07.43	
	50m:	29.61	29.61	150m:	1:38.20	34.57	250m:	2:47.47	34.39	350m:	3:56.39	33.97
	100m:	1:03.63	34.02	200m:	2:13.08	34.88	300m:	3:22.42	34.95	400m:	4:29.85	33.46
11.			08				4:30.86 536 1	1:04.63	1:10.04	1:09.77	1:06.42	
	50m:	30.56	30.56	150m:	1:39.15	34.52	250m:	2:49.43	34.76	350m:	3:58.39	33.95
	100m:	1:04.63	34.07	200m:	2:14.67	35.52	300m:	3:24.44	35.01	400m:	4:30.86	32.47
12.			08				4:31.15 534 1	1:04.47	1:09.42	1:10.34	1:06.92	
	50m:	30.62	30.62	150m:	1:39.07	34.60	250m:	2:48.81	34.92	350m:	3:59.03	34.80
	100m:	1:04.47	33.85	200m:	2:13.89	34.82	300m:	3:24.23	35.42	400m:	4:31.15	32.12
13.			07				4:34.18 517 2	1:03.84	1:09.52	1:10.56	1:10.26	
	50m:	30.65	30.65	150m:	1:38.31	34.47	250m:	2:48.64	35.28	350m:	3:59.64	35.72
	100m:	1:03.84	33.19	200m:	2:13.36	35.05	300m:	3:23.92	35.28	400m:	4:34.18	34.54
14.			08				4:35.75 508 2	1:06.19	1:10.51	1:09.86	1:09.19	
	50m:	31.72	31.72	150m:	1:41.70	35.51	250m:	2:51.65	34.95	350m:	4:01.63	35.07
	100m:	1:06.19	34.47	200m:	2:16.70	35.00	300m:	3:26.56	34.91	400m:	4:35.75	34.12
15.			06				4:36.65 503 2	1:01.58	1:10.20	1:13.14	1:11.73	
	50m:	28.94	28.94	150m:	1:35.79	34.21	250m:	2:48.11	36.33	350m:	4:01.85	36.93
	100m:	1:01.58	32.64	200m:	2:11.78	35.99	300m:	3:24.92	36.81	400m:	4:36.65	34.80
16.			08				4:36.98 501 2	1:05.33	1:10.28	1:11.60	1:09.77	
	50m:	30.76	30.76	150m:	1:39.95	34.62	250m:	2:50.81	35.20	350m:	4:02.13	34.92
	100m:	1:05.33	34.57	200m:	2:15.61	35.66	300m:	3:27.21	36.40	400m:	4:36.98	34.85
17.			06				4:37.29 499 2	1:05.11	1:11.47	1:11.57	1:09.14	
	50m:	31.39	31.39	150m:	1:40.79	35.68	250m:	2:52.76	36.18	350m:	4:03.55	35.40
	100m:	1:05.11	33.72	200m:	2:16.58	35.79	300m:	3:28.15	35.39	400m:	4:37.29	33.74
18.			08				4:39.54 487 2	1:06.78	1:10.90	1:11.82	1:10.04	
	50m:	30.57	30.57	150m:	1:41.57	34.79	250m:	2:52.62	34.94	350m:	4:04.57	35.07
	100m:	1:06.78	36.21	200m:	2:17.68	36.11	300m:	3:29.50	36.88	400m:	4:39.54	34.97
19.			04				4:43.69 466 2	1:03.79	1:10.91	1:14.32	1:14.67	
	50m:	30.37	30.37	150m:	1:38.67	34.88	250m:	2:51.52	36.82	350m:	4:06.91	37.89
	100m:	1:03.79	33.42	200m:	2:14.70	36.03	300m:	3:29.02	37.50	400m:	4:43.69	36.78

14,		, 400m		, 2008								
						100m	200m	300m	400m			
20.	,	04				4:44.26	464	2	1:02.28	1:11.04	1:15.17	1:15.77
	50m:	28.46	28.46	150m:	1:37.57	35.29	250m:	2:50.88	37.56	350m:	4:07.49	39.00
	100m:	1:02.28	33.82	200m:	2:13.32	35.75	300m:	3:28.49	37.61	400m:	4:44.26	36.77
21.	,	08				4:44.31	463	2	1:03.46	1:13.00	1:15.34	1:12.51
	50m:	28.96	28.96	150m:	1:39.25	35.79	250m:	2:53.70	37.24	350m:	4:08.88	37.08
	100m:	1:03.46	34.50	200m:	2:16.46	37.21	300m:	3:31.80	38.10	400m:	4:44.31	35.43
22.	,	08				4:44.75	461	2	1:08.27	1:11.98	1:13.75	1:10.75
	50m:	32.07	32.07	150m:	1:43.92	35.65	250m:	2:56.46	36.21	350m:	4:10.08	36.08
	100m:	1:08.27	36.20	200m:	2:20.25	36.33	300m:	3:34.00	37.54	400m:	4:44.75	34.67
23.	,	07				4:45.64	457	2	1:05.12	1:11.66	1:16.08	1:12.78
	50m:	30.35	30.35	150m:	1:39.55	34.43	250m:	2:54.35	37.57	350m:	4:09.87	37.01
	100m:	1:05.12	34.77	200m:	2:16.78	37.23	300m:	3:32.86	38.51	400m:	4:45.64	35.77
24.	,	08				4:47.16	450	2	1:07.21	1:13.38	1:14.03	1:12.54
	50m:	32.05	32.05	150m:	1:43.72	36.51	250m:	2:57.64	37.05	350m:	4:11.54	36.92
	100m:	1:07.21	35.16	200m:	2:20.59	36.87	300m:	3:34.62	36.98	400m:	4:47.16	35.62
25.	,	08				4:57.82	403	2	1:06.51	1:16.26	1:17.49	1:17.56
	50m:	31.43	31.43	150m:	1:43.91	37.40	250m:	3:00.69	37.92	350m:	4:19.02	38.76
	100m:	1:06.51	35.08	200m:	2:22.77	38.86	300m:	3:40.26	39.57	400m:	4:57.82	38.80
26.	,	07				5:07.14	367	2	1:11.73	1:17.62	1:20.14	1:17.65
	50m:	34.43	34.43	150m:	1:50.11	38.38	250m:	3:09.91	40.56	350m:	4:29.52	40.03
	100m:	1:11.73	37.30	200m:	2:29.35	39.24	300m:	3:49.49	39.58	400m:	5:07.14	37.62