

35
06.10.2023 - 15:42

, 1500m

2010 . .

: FINA 2023

2010 . .

1.				04						18:05.00	586	
	50m:	32.85	32.85	450m:	5:19.82	36.19	850m:	10:11.79	36.86	1250m:	15:06.46	36.67
	100m:	1:08.10	35.25	500m:	5:55.95	36.13	900m:	10:48.40	36.61	1300m:	15:42.96	36.50
	150m:	1:44.35	36.25	550m:	6:32.05	36.10	950m:	11:25.32	36.92	1350m:	16:19.65	36.69
	200m:	2:20.01	35.66	600m:	7:08.59	36.54	1000m:	12:02.19	36.87	1400m:	16:56.39	36.74
	250m:	2:55.64	35.63	650m:	7:44.99	36.40	1050m:	12:38.93	36.74	1450m:	17:31.65	35.26
	300m:	3:31.37	35.73	700m:	8:21.19	36.20	1100m:	13:15.64	36.71	1500m:	18:05.00	33.35
	350m:	4:07.43	36.06	750m:	8:58.08	36.89	1150m:	13:52.79	37.15			
	400m:	4:43.63	36.20	800m:	9:34.93	36.85	1200m:	14:29.79	37.00			
2.				10						18:28.82	549	
	50m:	33.24	33.24	450m:	5:22.81	36.56	850m:	10:19.83	37.55	1250m:	15:21.80	37.86
	100m:	1:08.97	35.73	500m:	5:59.32	36.51	900m:	10:57.49	37.66	1300m:	15:59.58	37.78
	150m:	1:45.29	36.32	550m:	6:35.96	36.64	950m:	11:35.23	37.74	1350m:	16:37.49	37.91
	200m:	2:21.37	36.08	600m:	7:13.13	37.17	1000m:	12:12.99	37.76	1400m:	17:15.11	37.62
	250m:	2:57.29	35.92	650m:	7:50.31	37.18	1050m:	12:50.80	37.81	1450m:	17:52.87	37.76
	300m:	3:33.61	36.32	700m:	8:27.62	37.31	1100m:	13:28.53	37.73	1500m:	18:28.82	35.95
	350m:	4:09.83	36.22	750m:	9:04.86	37.24	1150m:	14:06.11	37.58			
	400m:	4:46.25	36.42	800m:	9:42.28	37.42	1200m:	14:43.94	37.83			
3.				09						19:09.88	492 1	
	50m:	33.15	33.15	450m:	5:39.62	38.92	850m:	10:50.39	38.88	1250m:	16:02.26	38.23
	100m:	1:10.61	37.46	500m:	6:18.31	38.69	900m:	11:29.82	39.43	1300m:	16:41.18	38.92
	150m:	1:48.92	38.31	550m:	6:56.84	38.53	950m:	12:09.56	39.74	1350m:	17:20.65	39.47
	200m:	2:27.03	38.11	600m:	7:35.72	38.88	1000m:	12:48.53	38.97	1400m:	17:59.33	38.68
	250m:	3:05.08	38.05	650m:	8:14.66	38.94	1050m:	13:27.43	38.90	1450m:	18:37.72	38.39
	300m:	3:43.76	38.68	700m:	8:53.44	38.78	1100m:	14:06.57	39.14	1500m:	19:09.88	32.16
	350m:	4:22.21	38.45	750m:	9:32.83	39.39	1150m:	14:45.13	38.56			
	400m:	5:00.70	38.49	800m:	10:11.51	38.68	1200m:	15:24.03	38.90			
4.				08						19:22.46	476 1	
	50m:	33.65	33.65	450m:	5:37.52	38.77	850m:	10:49.12	39.13	1250m:	16:05.63	39.95
	100m:	1:10.17	36.52	500m:	6:16.35	38.83	900m:	11:28.25	39.13	1300m:	16:45.44	39.81
	150m:	1:47.51	37.34	550m:	6:55.17	38.82	950m:	12:07.76	39.51	1350m:	17:25.29	39.85
	200m:	2:25.28	37.77	600m:	7:34.18	39.01	1000m:	12:47.46	39.70	1400m:	18:05.45	40.16
	250m:	3:03.31	38.03	650m:	8:13.18	39.00	1050m:	13:26.97	39.51	1450m:	18:44.58	39.13
	300m:	3:41.69	38.38	700m:	8:52.13	38.95	1100m:	14:06.66	39.69	1500m:	19:22.46	37.88
	350m:	4:20.21	38.52	750m:	9:31.06	38.93	1150m:	14:45.80	39.14			
	400m:	4:58.75	38.54	800m:	10:09.99	38.93	1200m:	15:25.68	39.88			
5.				08						19:22.51	476 1	
	50m:	34.85	34.85	450m:	5:40.44	39.05	850m:	10:52.89	39.27	1250m:	16:08.33	39.90
	100m:	1:12.19	37.34	500m:	6:19.57	39.13	900m:	11:31.57	38.68	1300m:	16:47.73	39.40
	150m:	1:49.87	37.68	550m:	6:58.81	39.24	950m:	12:11.15	39.58	1350m:	17:27.60	39.87
	200m:	2:27.86	37.99	600m:	7:37.55	38.74	1000m:	12:50.71	39.56	1400m:	18:07.39	39.79
	250m:	3:05.77	37.91	650m:	8:17.08	39.53	1050m:	13:30.63	39.92	1450m:	18:46.91	39.52
	300m:	3:43.94	38.17	700m:	8:56.04	38.96	1100m:	14:09.96	39.33	1500m:	19:22.51	35.60
	350m:	4:22.84	38.90	750m:	9:35.07	39.03	1150m:	14:49.56	39.60			
	400m:	5:01.39	38.55	800m:	10:13.62	38.55	1200m:	15:28.43	38.87			
6.				09						19:23.06	476 1	
7.				08						19:46.33	448 1	
8.				08						19:57.81	435 1	
	50m:	34.23	34.23	450m:	5:44.36	39.05	850m:	11:07.05	41.09	1250m:	16:35.48	40.43
	100m:	1:11.14	36.91	500m:	6:23.46	39.10	900m:	11:47.91	40.86	1300m:	17:17.09	41.61
	150m:	1:49.97	38.83	550m:	7:02.32	38.86	950m:	12:29.75	41.84	1350m:	17:57.61	40.52
	200m:	2:28.93	38.96	600m:	7:42.52	40.20	1000m:	13:11.29	41.54	1400m:	18:38.25	40.64
	250m:	3:08.15	39.22	650m:	8:23.08	40.56	1050m:	13:51.19	39.90	1450m:	19:18.02	39.77
	300m:	3:47.62	39.47	700m:	9:03.65	40.57	1100m:	14:32.39	41.20	1500m:	19:57.81	39.79
	350m:	4:26.05	38.43	750m:	9:44.64	40.99	1150m:	15:13.49	41.10			
	400m:	5:05.31	39.26	800m:	10:25.96	41.32	1200m:	15:55.05	41.56			

ALGE TIMING

35, , 1500m , 2010 . .

9. , 09 **21:06.87** 368 2
 10. , 09 **21:29.93** 349 2

2006-2008

1. , 08 **19:22.46** 476 1

50m: 33.65 33.65 450m: 5:37.52 38.77 850m: 10:49.12 39.13 1250m: 16:05.63 39.95
 100m: 1:10.17 36.52 500m: 6:16.35 38.83 900m: 11:28.25 39.13 1300m: 16:45.44 39.81
 150m: 1:47.51 37.34 550m: 6:55.17 38.82 950m: 12:07.76 39.51 1350m: 17:25.29 39.85
 200m: 2:25.28 37.77 600m: 7:34.18 39.01 1000m: 12:47.46 39.70 1400m: 18:05.45 40.16
 250m: 3:03.31 38.03 650m: 8:13.18 39.00 1050m: 13:26.97 39.51 1450m: 18:44.58 39.13
 300m: 3:41.69 38.38 700m: 8:52.13 38.95 1100m: 14:06.66 39.69 1500m: 19:22.46 37.88
 350m: 4:20.21 38.52 750m: 9:31.06 38.93 1150m: 14:45.80 39.14
 400m: 4:58.75 38.54 800m: 10:09.99 38.93 1200m: 15:25.68 39.88

2. , 08 **19:22.51** 476 1

50m: 34.85 34.85 450m: 5:40.44 39.05 850m: 10:52.89 39.27 1250m: 16:08.33 39.90
 100m: 1:12.19 37.34 500m: 6:19.57 39.13 900m: 11:31.57 38.68 1300m: 16:47.73 39.40
 150m: 1:49.87 37.68 550m: 6:58.81 39.24 950m: 12:11.15 39.58 1350m: 17:27.60 39.87
 200m: 2:27.86 37.99 600m: 7:37.55 38.74 1000m: 12:50.71 39.56 1400m: 18:07.39 39.79
 250m: 3:05.77 37.91 650m: 8:17.08 39.53 1050m: 13:30.63 39.92 1450m: 18:46.91 39.52
 300m: 3:43.94 38.17 700m: 8:56.04 38.96 1100m: 14:09.96 39.33 1500m: 19:22.51 35.60
 350m: 4:22.84 38.90 750m: 9:35.07 39.03 1150m: 14:49.56 39.60
 400m: 5:01.39 38.55 800m: 10:13.62 38.55 1200m: 15:28.43 38.87

3. , 08 **19:46.33** 448 1

4. , 08 **19:57.81** 435 1

50m: 34.23 34.23 450m: 5:44.36 39.05 850m: 11:07.05 41.09 1250m: 16:35.48 40.43
 100m: 1:11.14 36.91 500m: 6:23.46 39.10 900m: 11:47.91 40.86 1300m: 17:17.09 41.61
 150m: 1:49.97 38.83 550m: 7:02.32 38.86 950m: 12:29.75 41.84 1350m: 17:57.61 40.52
 200m: 2:28.93 38.96 600m: 7:42.52 40.20 1000m: 13:11.29 41.54 1400m: 18:38.25 40.64
 250m: 3:08.15 39.22 650m: 8:23.08 40.56 1050m: 13:51.19 39.90 1450m: 19:18.02 39.77
 300m: 3:47.62 39.47 700m: 9:03.65 40.57 1100m: 14:32.39 41.20 1500m: 19:57.81 39.79
 350m: 4:26.05 38.43 750m: 9:44.64 40.99 1150m: 15:13.49 41.10
 400m: 5:05.31 39.26 800m: 10:25.96 41.32 1200m: 15:55.05 41.56

2009-2010

1. , 10 **18:28.82** 549

50m: 33.24 33.24 450m: 5:22.81 36.56 850m: 10:19.83 37.55 1250m: 15:21.80 37.86
 100m: 1:08.97 35.73 500m: 5:59.32 36.51 900m: 10:57.49 37.66 1300m: 15:59.58 37.78
 150m: 1:45.29 36.32 550m: 6:35.96 36.64 950m: 11:35.23 37.74 1350m: 16:37.49 37.91
 200m: 2:21.37 36.08 600m: 7:13.13 37.17 1000m: 12:12.99 37.76 1400m: 17:15.11 37.62
 250m: 2:57.29 35.92 650m: 7:50.31 37.18 1050m: 12:50.80 37.81 1450m: 17:52.87 37.76
 300m: 3:33.61 36.32 700m: 8:27.62 37.31 1100m: 13:28.53 37.73 1500m: 18:28.82 35.95
 350m: 4:09.83 36.22 750m: 9:04.86 37.24 1150m: 14:06.11 37.58
 400m: 4:46.25 36.42 800m: 9:42.28 37.42 1200m: 14:43.94 37.83

2. , 09 **19:09.88** 492 1

50m: 33.15 33.15 450m: 5:39.62 38.92 850m: 10:50.39 38.88 1250m: 16:02.26 38.23
 100m: 1:10.61 37.46 500m: 6:18.31 38.69 900m: 11:29.82 39.43 1300m: 16:41.18 38.92
 150m: 1:48.92 38.31 550m: 6:56.84 38.53 950m: 12:09.56 39.74 1350m: 17:20.65 39.47
 200m: 2:27.03 38.11 600m: 7:35.72 38.88 1000m: 12:48.53 38.97 1400m: 17:59.33 38.68
 250m: 3:05.08 38.05 650m: 8:14.66 38.94 1050m: 13:27.43 38.90 1450m: 18:37.72 38.39
 300m: 3:43.76 38.68 700m: 8:53.44 38.78 1100m: 14:06.57 39.14 1500m: 19:09.88 32.16
 350m: 4:22.21 38.45 750m: 9:32.83 39.39 1150m: 14:45.13 38.56
 400m: 5:00.70 38.49 800m: 10:11.51 38.68 1200m: 15:24.03 38.90

3. , 09 **19:23.06** 476 1

4. , 09 **21:06.87** 368 2

5. , 09 **21:29.93** 349 2