

26
03.10.2024 - 16:27

: FINA 2023

1.			2007					8:24.95	677			
	50m:	28.67	28.67	250m:	2:33.90	31.67	450m:	4:41.25	31.92	650m:	6:50.95	32.51
	100m:	59.55	30.88	300m:	3:05.48	31.58	500m:	5:13.58	32.33	700m:	7:22.76	31.81
	150m:	1:31.00	31.45	350m:	3:37.33	31.85	550m:	5:45.95	32.37	750m:	7:54.09	31.33
	200m:	2:02.23	31.23	400m:	4:09.33	32.00	600m:	6:18.44	32.49	800m:	8:24.95	30.86
2.			2008					8:34.41	640			
	50m:	28.52	28.52	250m:	2:36.57	32.31	450m:	4:45.65	32.40	650m:	6:56.44	32.74
	100m:	1:00.32	31.80	300m:	3:08.69	32.12	500m:	5:18.22	32.57	700m:	7:29.32	32.88
	150m:	1:32.27	31.95	350m:	3:41.15	32.46	550m:	5:50.87	32.65	750m:	8:02.10	32.78
	200m:	2:04.26	31.99	400m:	4:13.25	32.10	600m:	6:23.70	32.83	800m:	8:34.41	32.31
3.			2008					8:44.95	602			
	50m:	28.47	28.47	250m:	2:39.17	33.44	450m:	4:53.24	33.85	650m:	7:07.93	33.53
	100m:	1:00.38	31.91	300m:	3:12.73	33.56	500m:	5:27.05	33.81	700m:	7:41.36	33.43
	150m:	1:33.18	32.80	350m:	3:45.79	33.06	550m:	6:00.61	33.56	750m:	8:14.83	33.47
	200m:	2:05.73	32.55	400m:	4:19.39	33.60	600m:	6:34.40	33.79	800m:	8:44.95	30.12
4.			2008					8:53.03	575	I		
	50m:	30.18	30.18	250m:	2:42.96	33.89	450m:	4:57.80	33.49	650m:	7:11.48	33.40
	100m:	1:02.44	32.26	300m:	3:16.53	33.57	500m:	5:30.97	33.17	700m:	7:45.51	34.03
	150m:	1:35.46	33.02	350m:	3:50.46	33.93	550m:	6:04.20	33.23	750m:	8:19.85	34.34
	200m:	2:09.07	33.61	400m:	4:24.31	33.85	600m:	6:38.08	33.88	800m:	8:53.03	33.18
5.			2009 1					9:02.14	547	I		
	50m:	30.62	30.62	250m:	2:44.35	33.79	450m:	5:01.12	34.22	650m:	7:20.16	35.09
	100m:	1:03.40	32.78	300m:	3:18.36	34.01	500m:	5:35.98	34.86	700m:	7:54.68	34.52
	150m:	1:37.01	33.61	350m:	3:52.58	34.22	550m:	6:10.59	34.61	750m:	8:29.34	34.66
	200m:	2:10.56	33.55	400m:	4:26.90	34.32	600m:	6:45.07	34.48	800m:	9:02.14	32.80
6.			2009 1					9:02.72	545	I		
	50m:	30.47	30.47	250m:	2:47.53	34.75	450m:	5:05.52	34.58	650m:	7:23.88	34.71
	100m:	1:03.60	33.13	300m:	3:22.11	34.58	500m:	5:40.05	34.53	700m:	7:59.15	35.27
	150m:	1:37.82	34.22	350m:	3:56.53	34.42	550m:	6:14.69	34.64	750m:	8:32.79	33.64
	200m:	2:12.78	34.96	400m:	4:30.94	34.41	600m:	6:49.17	34.48	800m:	9:02.72	29.93
7.			2009 1					9:04.13	541	I		
	50m:	30.33	30.33	250m:	2:46.02	34.45	450m:	5:04.32	34.76	650m:	7:23.32	34.81
	100m:	1:03.62	33.29	300m:	3:20.33	34.31	500m:	5:38.96	34.64	700m:	7:58.21	34.89
	150m:	1:37.40	33.78	350m:	3:54.81	34.48	550m:	6:13.92	34.96	750m:	8:32.69	34.48
	200m:	2:11.57	34.17	400m:	4:29.56	34.75	600m:	6:48.51	34.59	800m:	9:04.13	31.44
8.			2009 1					9:05.29	537	I		
	50m:	29.26	29.26	250m:	2:40.87	33.92	450m:	5:00.08	35.31	650m:	7:22.26	36.33
	100m:	1:00.92	31.66	300m:	3:15.10	34.23	500m:	5:35.26	35.18	700m:	7:57.88	35.62
	150m:	1:33.85	32.93	350m:	3:49.63	34.53	550m:	6:10.93	35.67	750m:	8:32.37	34.49
	200m:	2:06.95	33.10	400m:	4:24.77	35.14	600m:	6:45.93	35.00	800m:	9:05.29	32.92
9.			2008					9:10.19	523	I		
10.			2009 1					9:12.41	517	I		
	50m:	30.24	30.24	250m:	2:48.82	35.01	450m:	5:09.13	35.18	650m:	7:29.50	35.16
	100m:	1:03.81	33.57	300m:	3:23.99	35.17	500m:	5:44.46	35.33	700m:	8:04.64	35.14
	150m:	1:38.59	34.78	350m:	3:58.85	34.86	550m:	6:19.52	35.06	750m:	8:39.60	34.96
	200m:	2:13.81	35.22	400m:	4:33.95	35.10	600m:	6:54.34	34.82	800m:	9:12.41	32.81
11.			2006 1					9:15.28	509	I		
12.			2008 1					9:16.78	505	I		
	50m:	31.32	31.32	250m:	2:47.20	34.53	450m:	5:05.87	34.82	650m:	7:29.89	36.11
	100m:	1:04.65	33.33	300m:	3:21.74	34.54	500m:	5:41.17	35.30	700m:	8:06.34	36.45
	150m:	1:38.43	33.78	350m:	3:56.24	34.50	550m:	6:17.38	36.21	750m:	8:42.65	36.31
	200m:	2:12.67	34.24	400m:	4:31.05	34.81	600m:	6:53.78	36.40	800m:	9:16.78	34.13

26, , 800m ,												
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13.		2010	1			9:17.74	502		I			
14.		2009				9:18.25	501		I			
15.		2010	2			9:18.69	499		I			
16.		2008				9:20.86	494		I			
17.		2009	1			9:26.37	479		II			
18.		2010	1			9:28.03	475		II			
19.		2010	1			9:34.46	459		II			
20.		2010	2			9:39.13	448		II			
21.		2009	2			9:47.80	429		II			
22.		2010	2			9:48.65	427		II			
23.		2010	2			9:58.28	407		II			
24.		2009	2			9:58.60	406		II			
25.		2009	1			10:01.11	401		II			
26.		2010	2			10:01.27	401		II			
27.		2009	2			10:01.79	400		II			
28.		2010	2			10:09.62	384		II			
29.		2010	2			10:15.45	373		II			
30.		2010	2			10:20.87	364		II			
31.		2009	2			10:23.80	359		II			
32.		2009	2			10:25.74	355		II			
33.		2009	2			10:32.16	345		II			
34.		2010	2			10:50.84	316		II			
35.		2010	2			11:03.92	297		III			
36.		2010	2			11:08.22	292		III			
37.		2009	2			11:10.92	288		III			
38.		2010	2			11:31.13	264		III			
16-18												
1.		2007					8:24.95	677				
	50m:	28.67	28.67	250m:	2:33.90	31.67	450m:	4:41.25	31.92	650m:	6:50.95	32.51
	100m:	59.55	30.88	300m:	3:05.48	31.58	500m:	5:13.58	32.33	700m:	7:22.76	31.81
	150m:	1:31.00	31.45	350m:	3:37.33	31.85	550m:	5:45.95	32.37	750m:	7:54.09	31.33
	200m:	2:02.23	31.23	400m:	4:09.33	32.00	600m:	6:18.44	32.49	800m:	8:24.95	30.86
2.		2008					8:34.41	640				
	50m:	28.52	28.52	250m:	2:36.57	32.31	450m:	4:45.65	32.40	650m:	6:56.44	32.74
	100m:	1:00.32	31.80	300m:	3:08.69	32.12	500m:	5:18.22	32.57	700m:	7:29.32	32.88
	150m:	1:32.27	31.95	350m:	3:41.15	32.46	550m:	5:50.87	32.65	750m:	8:02.10	32.78
	200m:	2:04.26	31.99	400m:	4:13.25	32.10	600m:	6:23.70	32.83	800m:	8:34.41	32.31
3.		2008					8:44.95	602				
	50m:	28.47	28.47	250m:	2:39.17	33.44	450m:	4:53.24	33.85	650m:	7:07.93	33.53
	100m:	1:00.38	31.91	300m:	3:12.73	33.56	500m:	5:27.05	33.81	700m:	7:41.36	33.43
	150m:	1:33.18	32.80	350m:	3:45.79	33.06	550m:	6:00.61	33.56	750m:	8:14.83	33.47
	200m:	2:05.73	32.55	400m:	4:19.39	33.60	600m:	6:34.40	33.79	800m:	8:44.95	30.12
4.		2008					8:53.03	575		I		
	50m:	30.18	30.18	250m:	2:42.96	33.89	450m:	4:57.80	33.49	650m:	7:11.48	33.40
	100m:	1:02.44	32.26	300m:	3:16.53	33.57	500m:	5:30.97	33.17	700m:	7:45.51	34.03
	150m:	1:35.46	33.02	350m:	3:50.46	33.93	550m:	6:04.20	33.23	750m:	8:19.85	34.34
	200m:	2:09.07	33.61	400m:	4:24.31	33.85	600m:	6:38.08	33.88	800m:	8:53.03	33.18
5.		2008					9:10.19	523		I		
6.		2006 1					9:15.28	509		I		

26, , 800m , 16-18	
7.	2008 1 9:16.78 505 I
50m:	31.32 31.32 250m: 2:47.20 34.53 450m: 5:05.87 34.82 650m: 7:29.89 36.11
100m:	1:04.65 33.33 300m: 3:21.74 34.54 500m: 5:41.17 35.30 700m: 8:06.34 36.45
150m:	1:38.43 33.78 350m: 3:56.24 34.50 550m: 6:17.38 36.21 750m: 8:42.65 36.31
200m:	2:12.67 34.24 400m: 4:31.05 34.81 600m: 6:53.78 36.40 800m: 9:16.78 34.13
8.	2008 9:20.86 494 I
14-15	
1.	2009 1 9:02.14 547 I
50m:	30.62 30.62 250m: 2:44.35 33.79 450m: 5:01.12 34.22 650m: 7:20.16 35.09
100m:	1:03.40 32.78 300m: 3:18.36 34.01 500m: 5:35.98 34.86 700m: 7:54.68 34.52
150m:	1:37.01 33.61 350m: 3:52.58 34.22 550m: 6:10.59 34.61 750m: 8:29.34 34.66
200m:	2:10.56 33.55 400m: 4:26.90 34.32 600m: 6:45.07 34.48 800m: 9:02.14 32.80
2.	2009 1 9:02.72 545 I
50m:	30.47 30.47 250m: 2:47.53 34.75 450m: 5:05.52 34.58 650m: 7:23.88 34.71
100m:	1:03.60 33.13 300m: 3:22.11 34.58 500m: 5:40.05 34.53 700m: 7:59.15 35.27
150m:	1:37.82 34.22 350m: 3:56.53 34.42 550m: 6:14.69 34.64 750m: 8:32.79 33.64
200m:	2:12.78 34.96 400m: 4:30.94 34.41 600m: 6:49.17 34.48 800m: 9:02.72 29.93
3.	2009 1 9:04.13 541 I
50m:	30.33 30.33 250m: 2:46.02 34.45 450m: 5:04.32 34.76 650m: 7:23.32 34.81
100m:	1:03.62 33.29 300m: 3:20.33 34.31 500m: 5:38.96 34.64 700m: 7:58.21 34.89
150m:	1:37.40 33.78 350m: 3:54.81 34.48 550m: 6:13.92 34.96 750m: 8:32.69 34.48
200m:	2:11.57 34.17 400m: 4:29.56 34.75 600m: 6:48.51 34.59 800m: 9:04.13 31.44
4.	2009 1 9:05.29 537 I
50m:	29.26 29.26 250m: 2:40.87 33.92 450m: 5:00.08 35.31 650m: 7:22.26 36.33
100m:	1:00.92 31.66 300m: 3:15.10 34.23 500m: 5:35.26 35.18 700m: 7:57.88 35.62
150m:	1:33.85 32.93 350m: 3:49.63 34.53 550m: 6:10.93 35.67 750m: 8:32.37 34.49
200m:	2:06.95 33.10 400m: 4:24.77 35.14 600m: 6:45.93 35.00 800m: 9:05.29 32.92
5.	2009 1 9:12.41 517 I
50m:	30.24 30.24 250m: 2:48.82 35.01 450m: 5:09.13 35.18 650m: 7:29.50 35.16
100m:	1:03.81 33.57 300m: 3:23.99 35.17 500m: 5:44.46 35.33 700m: 8:04.64 35.14
150m:	1:38.59 34.78 350m: 3:58.85 34.86 550m: 6:19.52 35.06 750m: 8:39.60 34.96
200m:	2:13.81 35.22 400m: 4:33.95 35.10 600m: 6:54.34 34.82 800m: 9:12.41 32.81
6.	2010 1 9:17.74 502 I
7.	2009 9:18.25 501 I
8.	2010 2 9:18.69 499 I
9.	2009 1 9:26.37 479 II
10.	2010 1 9:28.03 475 II
11.	2010 1 9:34.46 459 II
12.	2010 2 9:39.13 448 II
13.	2009 2 9:47.80 429 II
14.	2010 2 9:48.65 427 II
15.	2010 2 9:58.28 407 II
16.	2009 2 9:58.60 406 II
17.	2009 1 10:01.11 401 II
18.	2010 2 10:01.27 401 II
19.	2009 2 10:01.79 400 II
20.	2010 2 10:09.62 384 II
21.	2010 2 10:15.45 373 II
22.	2010 2 10:20.87 364 II
23.	2009 2 10:23.80 359 II
24.	2009 2 10:25.74 355 II
25.	2009 2 10:32.16 345 II

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26, , 800m , 14-15

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26.	2010	2	10:50.84	316	II
27.	2010	2	11:03.92	297	III
28.	2010	2	11:08.22	292	III
29.	2009	2	11:10.92	288	III
30.	2010	2	11:31.13	264	III