

33
26.01.2024 - 13:31

, 1500m

2009 - 2010

: FINA 2023

							rt	FINA	
1.			2010				+0,73	18:47.85	543
50m:	32.68	32.68	450m:	5:27.59	37.07	900m:	11:10.59	38.67	1300m: 16:18.23 38.36
100m:	1:09.42	36.74	500m:	6:05.16	37.57	950m:	11:48.73	38.14	1350m: 16:56.62 38.39
150m:	1:45.54	36.12	550m:	6:42.77	37.61	1000m:	12:27.26	38.53	1400m: 17:34.75 38.13
200m:	2:22.36	36.82	600m:	7:58.79	1:16.02	1050m:	13:05.43	38.17	1450m: 18:11.78 37.03
250m:	2:58.98	36.62	700m:	8:37.04	38.25	1100m:	13:43.83	38.40	1500m: 18:47.85 36.07
300m:	3:36.07	37.09	750m:	9:15.37	38.33	1150m:	14:22.49	38.66	
350m:	4:12.60	36.53	800m:	9:53.91	38.54	1200m:	15:01.27	38.78	
400m:	4:50.52	37.92	850m:	10:31.92	38.01	1250m:	15:39.87	38.60	
2.			2009 1					19:25.85	492 1
50m:	33.51	33.51	450m:	5:45.11	39.60	850m:	10:59.99	39.58	1250m: 16:16.77 39.44
100m:	1:11.22	37.71	500m:	6:24.42	39.31	900m:	11:39.43	39.44	1300m: 16:56.24 39.47
150m:	1:50.29	39.07	550m:	7:03.32	38.90	950m:	12:19.49	40.06	1350m: 17:35.13 38.89
200m:	2:29.25	38.96	600m:	7:42.45	39.13	1000m:	12:58.40	38.91	1400m: 18:14.05 38.92
250m:	3:08.30	39.05	650m:	8:21.97	39.52	1050m:	13:38.40	40.00	1450m: 18:53.15 39.10
300m:	3:47.20	38.90	700m:	9:01.48	39.51	1100m:	14:18.11	39.71	1500m: 19:25.85 32.70
350m:	4:26.54	39.34	750m:	9:41.01	39.53	1150m:	14:57.79	39.68	
400m:	5:05.51	38.97	800m:	10:20.41	39.40	1200m:	15:37.33	39.54	
3.			2010 1				+0,61	19:58.04	453 1
50m:	33.57	33.57	450m:	5:45.25	39.75	850m:	11:08.33	40.44	1250m: 16:35.07 40.74
100m:	1:11.26	37.69	500m:	6:25.73	40.48	900m:	11:49.50	41.17	1300m: 17:16.33 41.26
150m:	1:49.54	38.28	550m:	7:05.35	39.62	950m:	12:30.04	40.54	1350m: 17:56.75 40.42
200m:	2:28.40	38.86	600m:	7:45.73	40.38	1000m:	13:11.08	41.04	1400m: 18:38.02 41.27
250m:	3:07.17	38.77	650m:	8:25.93	40.20	1050m:	13:51.04	39.96	1450m: 19:17.90 39.88
300m:	3:46.49	39.32	700m:	9:06.59	40.66	1100m:	14:32.36	41.32	1500m: 19:58.04 40.14
350m:	4:25.48	38.99	750m:	9:47.15	40.56	1150m:	15:12.82	40.46	
400m:	5:05.50	40.02	800m:	10:27.89	40.74	1200m:	15:54.33	41.51	
4.			2010					20:13.27	436 1
50m:	33.61	33.61	450m:	5:51.36	40.39	850m:	11:19.68	40.83	1250m: 16:52.96 41.47
100m:	1:11.80	38.19	500m:	6:32.72	41.36	900m:	12:00.89	41.21	1300m: 17:34.21 41.25
150m:	1:50.35	38.55	550m:	7:13.34	40.62	950m:	12:42.10	41.21	1350m: 18:14.61 40.40
200m:	2:30.36	40.01	600m:	7:54.93	41.59	1000m:	13:24.05	41.95	1400m: 18:55.58 40.97
250m:	3:09.64	39.28	650m:	8:35.28	40.35	1050m:	14:05.39	41.34	1450m: 19:35.48 39.90
300m:	3:50.30	40.66	700m:	9:16.60	41.32	1100m:	14:47.46	42.07	1500m: 20:13.27 37.79
350m:	4:30.32	40.02	750m:	9:57.55	40.95	1150m:	15:29.01	41.55	
400m:	5:10.97	40.65	800m:	10:38.85	41.30	1200m:	16:11.49	42.48	
5.			2009 1				+0,74	20:13.87	436 1
50m:	35.54	35.54	450m:	5:58.14	41.23	850m:	11:29.73	41.88	1250m: 16:58.10 40.58
100m:	1:14.32	38.78	500m:	6:40.28	42.14	900m:	12:10.88	41.15	1300m: 17:38.23 40.13
150m:	1:54.25	39.93	550m:	7:20.92	40.64	950m:	12:52.43	41.55	1350m: 18:19.31 41.08
200m:	2:34.09	39.84	600m:	8:02.46	41.54	1000m:	13:33.26	40.83	1400m: 18:59.96 40.65
250m:	3:14.21	40.12	650m:	8:43.45	40.99	1050m:	14:14.28	41.02	1450m: 19:37.28 37.32
300m:	3:55.06	40.85	700m:	9:25.42	41.97	1100m:	14:55.75	41.47	1500m: 20:13.87 36.59
350m:	4:35.96	40.90	750m:	10:06.42	41.00	1150m:	15:37.13	41.38	
400m:	5:16.91	40.95	800m:	10:47.85	41.43	1200m:	16:17.52	40.39	
6.			2009 1					21:17.65	373 2
50m:	35.32	35.32	450m:	6:15.99	43.27	850m:	12:05.21	43.42	1250m: 17:49.54 43.21
100m:	1:15.75	40.43	500m:	6:59.63	43.64	900m:	12:50.16	44.95	1300m: 18:32.90 43.36
150m:	1:57.34	41.59	550m:	7:43.48	43.85	950m:	13:34.99	44.83	1350m: 19:14.96 42.06
200m:	2:40.25	42.91	600m:	8:26.27	42.79	1000m:	14:18.27	43.28	1400m: 19:57.21 42.25
250m:	3:23.24	42.99	650m:	9:09.86	43.59	1050m:	14:59.43	41.16	1450m: 20:37.93 40.72
300m:	4:06.09	42.85	700m:	9:54.26	44.40	1100m:	15:42.18	42.75	1500m: 21:17.65 39.72
350m:	4:49.21	43.12	750m:	10:37.98	43.72	1150m:	16:24.13	41.95	
400m:	5:32.72	43.51	800m:	11:21.79	43.81	1200m:	17:06.33	42.20	

"

"

. , 24 - 26 2024 . " ", 50

33, , 1500m , 2009 - 2010

		/		rt		FINA	
7.	,	2009	2	.	+0,86	21:32.81	360 2
50m:	36.16 36.16	450m:	6:15.55 1:27.37	800m:	11:22.80 43.24	1250m:	18:00.63 1:28.37
100m:	1:15.56 39.40	500m:	6:59.45 43.90	850m:	12:07.50 44.70	1350m:	19:29.56 1:28.93
150m:	1:57.94 42.38	550m:	7:43.57 44.12	950m:	13:35.86 1:28.36	1400m:	20:13.12 43.56
250m:	3:22.15 1:24.21	650m:	9:11.78 1:28.21	1050m:	15:04.30 1:28.44	1450m:	20:51.95 38.83
350m:	4:48.18 1:26.03	750m:	10:39.56 1:27.78	1150m:	16:32.26 1:27.96	1500m:	21:32.81 40.86