

(11-13)											
1.	800	9:59.59	528	200	2:37.31	515	100	1:13.39	476	1519	3
2.	800	10:14.90	490	200	2:42.76	465	100	1:16.90	414	1369	3
3.	200	2:37.37	514	800	10:32.16	451	100	1:17.66	402	1367	3
4.	200	2:39.37	495	100	1:16.88	414	800	11:00.68	395	1304	3
5.	100	1:13.95	465	200	2:46.67	433	800	10:54.97	405	1303	3
6.	200	2:42.85	464	800	10:34.96	445	100	1:19.55	374	1283	3
7.	800	10:28.80	458	200	2:49.57	411	100	1:18.68	386	1255	3
8.	800	10:29.51	456	200	2:50.80	402	100	1:19.55	374	1232	3
9.	100	1:15.18	443	200	2:57.85	356	800	11:37.18	336	1135	3
10.	200	2:51.07	400	100	1:18.23	393	800	11:37.15	336	1129	3
11.	800	11:01.55	393	200	2:55.24	372	100	1:20.90	355	1120	3
12.	800	10:53.95	407	200	2:57.28	360	100	1:22.35	337	1104	3
13.	200	2:55.09	373	100	1:20.19	365	800	12:00.64	304	1042	3
14.	100	1:19.97	368	800	11:37.99	335	200	3:02.56	329	1032	3
15.	100	1:19.45	375	200	3:03.38	325	800	12:06.50	297	997	3
16.	100	1:21.45	348	200	3:00.26	342	800	12:06.50	297	987	3
17.	100	1:18.85	384	200	3:06.85	307	800	12:07.65	295	986	3
18.	200	3:02.13	332	800	11:57.62	308	100	1:26.12	295	935	3
19.	200	3:05.45	314	800	12:10.93	291	100	1:27.89	277	882	3
	200	3:06.64	308	100	1:26.07	295	800	12:21.70	279	882	3

"

"

11-13

11-13

26-28.03.2024 .

21.	100	1:23.63	322	200	3:06.00	311	800	13:11.72	229	862	3
22.	100	1:26.62	289	800	12:28.91	271	200	3:20.64	248	808	3
23.	200	3:08.11	301	100	1:28.91	268	800	13:02.40	237	806	3
24.	100	1:29.54	262	800	12:39.31	260	200	3:17.81	259	781	3
25.	100	1:29.64	261	200	3:17.98	258	800	12:49.31	250	769	3
26.	200	3:13.27	277	100	1:31.52	245	800	13:04.92	235	757	3
27.	200	3:11.45	285	800	12:41.00	258	100	1:37.32	204	747	3
28.	200	3:16.61	263	800	12:41.75	257	100	1:34.36	224	744	3
29.	100	1:31.32	247	800	13:05.70	234	200	3:24.58	234	715	3
30.	200	3:18.00	258	100	1:31.26	247	800	13:37.05	208	713	3
31.	200	3:23.49	238	100	1:33.16	233	800	13:26.65	217	688	3
32.	800	12:50.59	248	200	3:25.98	229	100	1:36.42	210	687	3
33.	200	3:22.10	243	100	1:32.49	238	800	13:49.82	199	680	3
34.	100	1:34.02	226	200	3:30.68	214	800	13:39.64	206	646	3
35.	200	3:27.80	223	100	1:36.73	208	800	14:01.86	190	621	3
36.	200	3:25.46	231	800	14:00.53	191	100	1:39.65	190	612	3
37.	200	3:28.26	222	100	1:38.65	196	800	13:59.31	192	610	3
38.	200	3:31.17	213	800	13:40.57	206	100	1:40.33	186	605	3
39.	100	1:39.26	192	200	3:41.37	184	800	14:44.77	164	540	3
40.	200	3:38.89	191	800	14:43.52	165	100	1:46.54	155	511	3
41.	800	12:39.37	260	100	1:37.67	202	200	-	-	462	3
42.	100	1:43.62	169	800	14:37.10	168	200	-	-	337	3

"

"