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1.			2011	1			4:13.25	588 1
	50m:	28.56 28.56	150m:	1:32.61 32.24	250m:	2:37.10 32.13	350m:	3:42.32 32.63
	100m:	1:00.37 31.81	200m:	2:04.97 32.36	300m:	3:09.69 32.59	400m:	4:13.25 30.93
2.			2011	1			4:15.85	570 1
	50m:	29.13 29.13	150m:	1:33.62 32.60	250m:	2:38.98 33.01	350m:	3:44.82 32.93
	100m:	1:01.02 31.89	200m:	2:05.97 32.35	300m:	3:11.89 32.91	400m:	4:15.85 31.03
3.			2011	1			4:26.95	502 2
	50m:	29.49 29.49	150m:	1:37.68 34.44	250m:	2:46.20 34.06	350m:	3:54.25 33.60
	100m:	1:03.24 33.75	200m:	2:12.14 34.46	300m:	3:20.65 34.45	400m:	4:26.95 32.70
4.			2011	2			4:27.14	501 2
	50m:	31.14 31.14	150m:	1:38.11 33.31	250m:	2:46.13 34.20	350m:	3:54.94 33.94
	100m:	1:04.80 33.66	200m:	2:11.93 33.82	300m:	3:21.00 34.87	400m:	4:27.14 32.20
5.			2011	2			4:31.66	476 2
	50m:	29.80 29.80	150m:	1:37.50 34.59	250m:	2:47.35 35.10	350m:	3:57.91 35.40
	100m:	1:02.91 33.11	200m:	2:12.25 34.75	300m:	3:22.51 35.16	400m:	4:31.66 33.75
6.			2011	2			4:35.23	458 2
	50m:	30.19 30.19	150m:	1:39.63 35.23	250m:	2:50.40 35.41	350m:	4:00.95 35.46
	100m:	1:04.40 34.21	200m:	2:14.99 35.36	300m:	3:25.49 35.09	400m:	4:35.23 34.28
7.			2011	2			4:39.20	439 2
	50m:	30.69 30.69	150m:	1:41.35 35.55	250m:	2:52.88 36.20	350m:	4:04.57 36.03
	100m:	1:05.80 35.11	200m:	2:16.68 35.33	300m:	3:28.54 35.66	400m:	4:39.20 34.63
8.			2011	2			4:39.34	438 2
	50m:	31.25 31.25	150m:	1:41.58 35.74	250m:	2:53.51 36.22	350m:	4:06.08 35.83
	100m:	1:05.84 34.59	200m:	2:17.29 35.71	300m:	3:30.25 36.74	400m:	4:39.34 33.26
9.			2011	2			4:40.90	431 2
	50m:	30.00 30.00	150m:	1:38.95 35.33	250m:	2:52.04 36.53	350m:	4:05.31 36.59
	100m:	1:03.62 33.62	200m:	2:15.51 36.56	300m:	3:28.72 36.68	400m:	4:40.90 35.59
10.			2011	2			4:42.85	422 2
	50m:	31.43 31.43	150m:	1:42.31 36.01	250m:	2:54.81 36.53	350m:	4:08.01 36.26
	100m:	1:06.30 34.87	200m:	2:18.28 35.97	300m:	3:31.75 36.94	400m:	4:42.85 34.84
11.			2011	2			4:43.57	419 2
	50m:	32.02 32.02	150m:	1:42.72 35.94	250m:	2:55.39 36.35	350m:	4:08.60 36.62
	100m:	1:06.78 34.76	200m:	2:19.04 36.32	300m:	3:31.98 36.59	400m:	4:43.57 34.97
12.			2011	2			4:44.02	417 2
	50m:	31.16 31.16	150m:	1:42.61 36.31	250m:	2:55.51 36.50	350m:	4:08.75 36.71
	100m:	1:06.30 35.14	200m:	2:19.01 36.40	300m:	3:32.04 36.53	400m:	4:44.02 35.27
13.			2011	2			4:46.85	405 2
	50m:	31.33 31.33	150m:	1:42.62 36.37	250m:	2:57.08 37.37	350m:	4:10.92 36.86
	100m:	1:06.25 34.92	200m:	2:19.71 37.09	300m:	3:34.06 36.98	400m:	4:46.85 35.93
14.			2011	2			4:49.49	394 2
	50m:	32.91 32.91	150m:	1:46.06 37.05	250m:	3:00.09 37.03	350m:	4:13.43 36.25
	100m:	1:09.01 36.10	200m:	2:23.06 37.00	300m:	3:37.18 37.09	400m:	4:49.49 36.06
15.			2012	2			4:49.70	393 2
	50m:	32.53 32.53	150m:	1:45.80 36.62	250m:	3:00.14 37.24	350m:	4:13.85 37.00
	100m:	1:09.18 36.65	200m:	2:22.90 37.10	300m:	3:36.85 36.71	400m:	4:49.70 35.85
16.			2012	2			4:52.87	380 2
	50m:	32.37 32.37	150m:	1:45.84 37.03	250m:	3:00.35 37.37	350m:	4:15.67 37.41
	100m:	1:08.81 36.44	200m:	2:22.98 37.14	300m:	3:38.26 37.91	400m:	4:52.87 37.20

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17.				2013	2			4:53.39	378 2
	50m:	32.74	32.74	150m:	1:46.49	37.30	250m:	3:00.98	37.14
	100m:	1:09.19	36.45	200m:	2:23.84	37.35	300m:	3:38.84	37.86
18.				2012	2			4:56.58	366 2
	50m:	33.68	33.68	150m:	1:50.20	38.94	250m:	3:05.71	37.38
	100m:	1:11.26	37.58	200m:	2:28.33	38.13	300m:	3:43.17	37.46
19.				2011	2			4:58.12	360 2
	50m:	33.33	33.33	150m:	1:46.45	37.30	250m:	3:02.68	38.07
	100m:	1:09.15	35.82	200m:	2:24.61	38.16	300m:	3:41.43	38.75
20.				2012	2			5:04.08	340 3
	50m:	34.73	34.73	150m:	1:51.77	38.80	250m:	3:09.65	38.88
	100m:	1:12.97	38.24	200m:	2:30.77	39.00	300m:	3:48.47	38.82
21.				2012	2			5:05.07	336 3
	50m:	33.96	33.96	150m:	1:50.95	39.11	250m:	3:08.77	39.03
	100m:	1:11.84	37.88	200m:	2:29.74	38.79	300m:	3:48.12	39.35
22.				2011	2	1		5:05.20	336 3
	50m:	33.39	33.39	150m:	1:51.23	39.48	250m:	3:10.14	39.41
	100m:	1:11.75	38.36	200m:	2:30.73	39.50	300m:	3:49.97	39.83
23.				2013	3			5:09.79	321 3
	50m:	34.74	34.74	150m:	1:54.67	39.87	250m:	3:14.10	39.47
	100m:	1:14.80	40.06	200m:	2:34.63	39.96	300m:	3:53.83	39.73
24.				2012	2			5:09.90	321 3
	50m:	36.67	36.67	150m:	1:54.61	39.63	250m:	3:12.37	38.45
	100m:	1:14.98	38.31	200m:	2:33.92	39.31	300m:	3:51.76	39.39
25.				2011	2			5:12.09	314 3
	50m:	35.60	35.60	150m:	1:54.73	39.79	250m:	3:14.93	40.34
	100m:	1:14.94	39.34	200m:	2:34.59	39.86	300m:	3:55.12	40.19
26.				2011	3			5:16.23	302 3
	50m:	34.90	34.90	150m:	1:52.91	39.36	250m:	3:13.92	40.90
	100m:	1:13.55	38.65	200m:	2:33.02	40.11	300m:	3:55.01	41.09
27.				2011	2			5:17.52	298 3
	50m:	34.28	34.28	150m:	1:53.84	40.25	250m:	3:14.82	40.03
	100m:	1:13.59	39.31	200m:	2:34.79	40.95	300m:	3:56.48	41.66
28.				2012	2			5:17.71	298 3
	50m:	35.20	35.20	150m:	1:55.57	40.79	250m:	3:17.38	40.85
	100m:	1:14.78	39.58	200m:	2:36.53	40.96	300m:	3:58.74	41.36
29.				2011	3			5:18.07	297 3
	50m:	34.24	34.24	150m:	1:56.12	40.75	250m:	3:17.75	41.13
	100m:	1:15.37	41.13	200m:	2:36.62	40.50	300m:	4:00.22	42.47
30.				2012	3			5:20.59	290 3
	50m:	36.05	36.05	150m:	1:57.45	40.89	250m:	3:19.23	41.15
	100m:	1:16.56	40.51	200m:	2:38.08	40.63	300m:	4:00.37	41.14
31.				2012	3			5:23.73	281 3
	50m:	36.08	36.08	150m:	1:57.44	40.95	250m:	3:21.25	41.75
	100m:	1:16.49	40.41	200m:	2:39.50	42.06	300m:	4:02.99	41.74
32.				2012	3			5:24.08	280 3
	50m:	34.79	34.79	150m:	1:56.08	41.29	250m:	3:18.69	41.22
	100m:	1:14.79	40.00	200m:	2:37.47	41.39	300m:	4:00.74	42.05
33.				2013	3			5:24.94	278 3
	50m:	38.11	38.11	150m:	2:02.60	42.79	250m:	3:25.65	40.63
	100m:	1:19.81	41.70	200m:	2:45.02	42.42	300m:	4:06.31	40.66

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34.			2011	3				5:25.54	277	3			
	50m:	35.13	35.13	150m:	1:57.37	41.59	250m:	3:21.92	43.20	350m:	4:45.78	41.86	
	100m:	1:15.78	40.65	200m:	2:38.72	41.35	300m:	4:03.92	42.00	400m:	5:25.54	39.76	
35.			2012	3				5:25.64	276	3			
	50m:	35.35	35.35	150m:	1:57.72	42.12	250m:	3:23.34	43.05	350m:	4:49.24	42.83	
	100m:	1:15.60	40.25	200m:	2:40.29	42.57	300m:	4:06.41	43.07	400m:	5:25.64	36.40	
36.			2012	3				5:27.24	272	3			
	50m:	36.20	36.20	150m:	1:57.92	41.88	250m:	3:22.10	42.49	350m:	4:45.42	41.54	
	100m:	1:16.04	39.84	200m:	2:39.61	41.69	300m:	4:03.88	41.78	400m:	5:27.24	41.82	
37.			2011	3				5:27.69	271	3			
38.			2012	2	1	.		5:29.82	266	3			
	50m:	35.21	35.21	150m:	1:58.09	42.06	250m:	3:25.06	43.46	350m:	4:50.57	43.28	
	100m:	1:16.03	40.82	200m:	2:41.60	43.51	300m:	4:07.29	42.23	400m:	5:29.82	39.25	
39.			2012	3				5:31.01	263	3			
	50m:	35.18	35.18	150m:	1:59.06	42.12	250m:	3:24.81	42.87	350m:	4:50.80	42.91	
	100m:	1:16.94	41.76	200m:	2:41.94	42.88	300m:	4:07.89	43.08	400m:	5:31.01	40.21	
40.			2013	3				5:33.82	257	3			
	50m:	38.71	38.71	150m:	2:03.46	42.63	250m:	3:27.58	41.70	350m:	4:52.62	42.76	
	100m:	1:20.83	42.12	200m:	2:45.88	42.42	300m:	4:09.86	42.28	400m:	5:33.82	41.20	
41.			2012	2	1	.		5:33.96	256	3			
	50m:	37.86	37.86	150m:	2:01.49	41.80	250m:	3:26.04	42.11	350m:	4:51.89	43.46	
	100m:	1:19.69	41.83	200m:	2:43.93	42.44	300m:	4:08.43	42.39	400m:	5:33.96	42.07	
42.			2012	3				5:35.85	252	3			
	50m:	37.77	37.77	150m:	2:02.59	42.46	250m:	3:27.32	41.98	350m:	4:53.94	43.29	
	100m:	1:20.13	42.36	200m:	2:45.34	42.75	300m:	4:10.65	43.33	400m:	5:35.85	41.91	
43.			2012	3				5:36.08	251	3			
	50m:	35.70	35.70	150m:	2:00.92	43.55	250m:	3:28.01	43.52	350m:	4:55.41	42.97	
	100m:	1:17.37	41.67	200m:	2:44.49	43.57	300m:	4:12.44	44.43	400m:	5:36.08	40.67	
44.			2013	3				5:39.76	243	3			
45.			2011	3				5:41.54	240	1			
46.			2012	3				5:42.28	238	1			
	50m:	38.25	38.25	150m:	2:05.88	45.02	250m:	3:33.76	44.16	350m:	5:02.04	44.07	
	100m:	1:20.86	42.61	200m:	2:49.60	43.72	300m:	4:17.97	44.21	400m:	5:42.28	40.24	
47.			2012	3				5:46.59	229	1			
	50m:	37.48	37.48	150m:	2:06.28	44.80	250m:	3:37.15	45.66	350m:	5:05.90	43.50	
	100m:	1:21.48	44.00	200m:	2:51.49	45.21	300m:	4:22.40	45.25	400m:	5:46.59	40.69	
48.			2012	3				5:49.91	223	1			
49.			2013	3				5:50.31	222	1			
	50m:	37.50	37.50	150m:	2:06.62	45.03	250m:	3:36.34	44.93	350m:	5:06.88	45.71	
	100m:	1:21.59	44.09	200m:	2:51.41	44.79	300m:	4:21.17	44.83	400m:	5:50.31	43.43	
50.			2013	3				5:51.03	221	1			
	50m:	38.34	38.34	150m:	2:08.43	46.08	250m:	3:36.73	44.04	350m:	5:08.03	45.58	
	100m:	1:22.35	44.01	200m:	2:52.69	44.26	300m:	4:22.45	45.72	400m:	5:51.03	43.00	
51.			2012	3				5:51.25	220	1			
52.			2011	3				5:53.40	216	1			
	50m:	39.85	39.85	150m:	2:11.25	46.08	250m:	3:40.02	44.18	350m:	5:09.69	44.28	
	100m:	1:25.17	45.32	200m:	2:55.84	44.59	300m:	4:25.41	45.39	400m:	5:53.40	43.71	
53.			2013	3				5:54.85	213	1			
	50m:	38.14	38.14	150m:	2:08.85	46.05	250m:	3:40.31	46.02	350m:	5:12.69	46.69	
	100m:	1:22.80	44.66	200m:	2:54.29	45.44	300m:	4:26.00	45.69	400m:	5:54.85	42.16	

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54.			2012 3					5:54.98	213 1
	50m:	38.01	38.01	150m:	2:07.76	45.99	250m:	3:39.65	46.28
	100m:	1:21.77	43.76	200m:	2:53.37	45.61	300m:	4:24.65	45.00
55.			2011 1					5:55.75	212 1
56.			2012 1					5:56.65	210 1
	50m:	38.23	38.23	150m:	2:08.53	45.71	250m:	3:39.41	45.49
	100m:	1:22.82	44.59	200m:	2:53.92	45.39	300m:	4:25.50	46.09
57.			2013 3			1 .		5:56.67	210 1
	50m:	39.09	39.09	150m:	2:09.01	46.04	250m:	3:40.76	45.23
	100m:	1:22.97	43.88	200m:	2:55.53	46.52	300m:	4:27.70	46.94
58.			2013 1					5:57.67	208 1
	50m:	35.34	35.34	150m:	2:04.33	45.63	250m:	3:38.11	47.25
	100m:	1:18.70	43.36	200m:	2:50.86	46.53	300m:	4:24.85	46.74
59.			2012 1					6:00.30	204 1
60.			2012 3			1 .		6:00.60	203 1
	50m:	39.48	39.48	150m:	2:09.94	45.87	250m:	3:42.21	45.93
	100m:	1:24.07	44.59	200m:	2:56.28	46.34	300m:	4:29.68	47.47
61.			2011 3					6:00.89	203 1
	50m:	37.88	37.88	150m:	2:09.11	46.63	250m:	3:43.73	47.25
	100m:	1:22.48	44.60	200m:	2:56.48	47.37	300m:	4:29.99	46.26
62.			2011 1			1 .		6:05.59	195 1
	50m:	41.52	41.52	150m:	2:11.04	46.33	250m:	3:45.04	47.04
	100m:	1:24.71	43.19	200m:	2:58.00	46.96	300m:	4:32.28	47.24
63.			2012 3					6:06.91	193 1
	50m:	40.73	40.73	150m:	2:13.81	46.15	250m:	3:47.20	47.31
	100m:	1:27.66	46.93	200m:	2:59.89	46.08	300m:	4:34.71	47.51
64.			2012 1					6:11.74	186 1
	50m:	38.41	38.41	150m:	2:12.44	47.69	250m:	3:48.00	47.18
	100m:	1:24.75	46.34	200m:	3:00.82	48.38	300m:	4:37.11	49.11
65.			2011 3					6:14.30	182 1
66.			2012 3					6:18.70	176 1
	50m:	38.59	38.59	150m:	2:11.59	48.26	250m:	3:49.63	49.65
	100m:	1:23.33	44.74	200m:	2:59.98	48.39	300m:	4:37.75	48.12
67.			2013 1					6:24.82	167 1
	50m:	42.91	42.91	150m:	2:20.70	49.07	250m:	3:59.27	48.69
	100m:	1:31.63	48.72	200m:	3:10.58	49.88	300m:	4:48.58	49.31
68.			2012 3					6:34.19	156 1
	50m:	42.30	42.30	150m:	2:20.66	50.83	250m:	3:59.97	50.21
	100m:	1:29.83	47.53	200m:	3:09.76	49.10	300m:	4:51.82	51.85
69.			2013 1					6:36.86	152 1
	50m:	42.36	42.36	150m:	2:22.63	50.54	250m:	4:06.00	50.89
	100m:	1:32.09	49.73	200m:	3:15.11	52.48	300m:	4:57.20	51.20
70.			2013 3					6:46.75	142 2
	50m:	43.52	43.52	150m:	2:25.95	52.37	250m:	4:09.03	52.62
	100m:	1:33.58	50.06	200m:	3:16.41	50.46	300m:	5:02.71	53.68
71.			2012 3					7:05.04	124 2
	50m:	44.50	44.50	150m:	2:30.76	53.62	250m:	4:19.30	54.41
	100m:	1:37.14	52.64	200m:	3:24.89	54.13	300m:	5:13.98	54.68
DNS			2011 2						
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DNS	,	2012	2
DNS	,	2013	3
DNS	,	2011	3
DNS	,	2011	3
DNS	,	2013	2