

" " " " " , 4  
 , 11 - 12 2025

18 , 200m 11 - 13  
 12.12.2025 - 13:34

: AQUA 2024

11											/	
1.											23.06.2014 3	<b>2:25.22</b> 320 3
	50m:	34.30	34.30	100m:	1:11.52	37.22	150m:	1:49.28	37.76	200m:	2:25.22	35.94
2.											19.11.2014 2	<b>2:26.69</b> 310 3
	50m:	33.42	33.42	100m:	1:11.12	37.70	150m:	1:49.90	38.78	200m:	2:26.69	36.79
3.											17.07.2014 3	<b>2:29.59</b> 293 3
	50m:	34.41	34.41	100m:	1:12.73	38.32	150m:	1:51.92	39.19	200m:	2:29.59	37.67
4.											05.11.2014 2	<b>2:34.39</b> 266 3
	50m:	35.60	35.60	100m:	1:15.29	39.69	150m:	1:55.18	39.89	200m:	2:34.39	39.21
5.											26.04.2014 3	<b>2:38.27</b> 247 3
	50m:	36.16	36.16	100m:	1:17.02	40.86	150m:	1:59.19	42.17	200m:	2:38.27	39.08
6.											19.09.2014 1	<b>2:43.38</b> 224 1
	50m:	36.87	36.87	100m:	1:17.81	40.94	150m:	2:00.26	42.45	200m:	2:43.38	43.12
7.											16.01.2014 1	<b>2:52.84</b> 190 1
	50m:	38.94	38.94	100m:	1:22.75	43.81	150m:	2:08.57	45.82	200m:	2:52.84	44.27
8.											01.01.2014 1	<b>2:53.69</b> 187 1
	50m:	39.44	39.44	100m:	1:23.88	44.44	150m:	2:09.63	45.75	200m:	2:53.69	44.06
9.											03.01.2014 1	<b>2:56.23</b> 179 1
	50m:	40.32	40.32	100m:	1:25.21	44.89	150m:	2:11.78	46.57	200m:	2:56.23	44.45
10.											26.12.2014 1	<b>3:11.61</b> 139 2
	50m:	40.11	40.11	100m:	1:30.18	50.07	150m:	2:23.04	52.86	200m:	3:11.61	48.57
11.											20.03.2014	<b>3:13.27</b> 135 2
	50m:	41.26	41.26	100m:	1:29.67	48.41	150m:	2:23.35	53.68	200m:	3:13.27	49.92
12.											16.01.2014 1	<b>3:16.09</b> 130 2
	50m:	40.48	40.48	100m:	1:31.56	51.08	150m:	2:22.96	51.40	200m:	3:16.09	53.13
12												
1.											26.01.2013 2	<b>2:16.25</b> 387 2
	50m:	29.64	29.64	100m:	1:03.49	33.85	150m:	1:39.41	35.92	200m:	2:16.25	36.84
2.											07.02.2013 2	<b>2:19.01</b> 365 2
	50m:	31.25	31.25	100m:	1:06.38	35.13	150m:	1:43.15	36.77	200m:	2:19.01	35.86
3.											01.01.2013 2	<b>2:22.05</b> 342 3
	50m:	32.36	32.36	100m:	1:09.47	37.11	150m:	1:47.19	37.72	200m:	2:22.05	34.86
4.											01.01.2013 2	<b>2:22.16</b> 341 3
	50m:	32.27	32.27	100m:	1:09.42	37.15	150m:	1:47.29	37.87	200m:	2:22.16	34.87
5.											23.11.2013	<b>2:26.17</b> 314 3
	50m:	33.92	33.92	100m:	1:11.12	37.20	150m:	1:49.90	38.78	200m:	2:26.17	36.27
6.											11.10.2013 2	<b>2:26.32</b> 313 3
	50m:	33.73	33.73	100m:	1:10.49	36.76	150m:	1:48.40	37.91	200m:	2:26.32	37.92
7.											26.08.2013 3	<b>2:32.89</b> 274 3
	50m:	34.97	34.97	100m:	1:14.50	39.53	150m:	1:54.64	40.14	200m:	2:32.89	38.25
8.											07.10.2013 3	<b>2:33.24</b> 272 3
	50m:	35.07	35.07	100m:	1:15.34	40.27	150m:	1:55.07	39.73	200m:	2:33.24	38.17

18, , 200m , 12		/	
9.	01.01.2013 2	<b>2:38.81</b>	244 1
50m:	36.76 36.76 100m: 1:17.51 40.75 150m: 1:59.16 41.65 200m: 2:38.81 39.65		
10.	18.05.2013 3	<b>2:44.90</b>	218 1
50m:	36.49 36.49 100m: 1:18.53 42.04 150m: 2:02.50 43.97 200m: 2:44.90 42.40		
11.	09.10.2013 3	<b>2:54.90</b>	183 1
50m:	36.23 36.23 100m: 1:20.37 44.14 150m: 2:07.59 47.22 200m: 2:54.90 47.31		
12.	21.09.2013 1 / ATHLETIC	<b>2:55.96</b>	180 1
50m:	37.58 37.58 100m: 1:22.05 44.47 150m: 2:09.07 47.02 200m: 2:55.96 46.89		
13.	11.05.2013	<b>3:12.25</b>	138 2
50m:	41.28 41.28 100m: 1:29.91 48.63 150m: 2:21.63 51.72 200m: 3:12.25 50.62		
DSQ	25.11.2013 3		3
13			
1.	22.03.2012 1	<b>2:08.54</b>	462 2
50m:	29.50 29.50 100m: 1:01.37 31.87 150m: 1:34.87 33.50 200m: 2:08.54 33.67		
2.	06.08.2012 1	<b>2:13.02</b>	416 2
50m:	30.74 30.74 100m: 1:05.07 34.33 150m: 1:39.47 34.40 200m: 2:13.02 33.55		
3.	09.10.2012 2 1	<b>2:13.18</b>	415 2
50m:	30.02 30.02 100m: 1:03.30 33.28 150m: 1:38.81 35.51 200m: 2:13.18 34.37		
4.	10.07.2012 2	<b>2:15.25</b>	396 2
50m:	31.38 31.38 100m: 1:05.98 34.60 150m: 1:41.49 35.51 200m: 2:15.25 33.76		
5.	21.12.2012 2	<b>2:16.48</b>	385 2
50m:	31.28 31.28 100m: 1:05.93 34.65 150m: 1:40.73 34.80 200m: 2:16.48 35.75		
6.	20.01.2012 2	<b>2:16.75</b>	383 2
50m:	31.94 31.94 100m: 1:06.85 34.91 150m: 1:42.71 35.86 200m: 2:16.75 34.04		
7.	12.12.2012 2	<b>2:20.15</b>	356 2
50m:	31.13 31.13 100m: 1:07.64 36.51 150m: 1:45.10 37.46 200m: 2:20.15 35.05		
8.	25.01.2012 2 1	<b>2:20.44</b>	354 3
50m:	32.04 32.04 100m: 1:07.48 35.44 150m: 1:44.46 36.98 200m: 2:20.44 35.98		
9.	11.12.2012 2 1	<b>2:20.48</b>	353 3
50m:	33.07 33.07 100m: 1:08.67 35.60 150m: 1:45.06 36.39 200m: 2:20.48 35.42		
10.	12.12.2012 2	<b>2:21.70</b>	344 3
50m:	31.95 31.95 100m: 1:08.50 36.55 150m: 1:45.84 37.34 200m: 2:21.70 35.86		
11.	17.06.2012 2	<b>2:22.20</b>	341 3
50m:	32.70 32.70 100m: 1:09.18 36.48 150m: 1:46.89 37.71 200m: 2:22.20 35.31		
12.	02.04.2012 2	<b>2:23.00</b>	335 3
50m:	31.37 31.37 100m: 1:07.76 36.39 150m: 1:45.13 37.37 200m: 2:23.00 37.87		
13.	26.07.2012 2	<b>2:24.27</b>	326 3
50m:	33.82 33.82 100m: 1:10.99 37.17 150m: 1:48.70 37.71 200m: 2:24.27 35.57		
14.	03.08.2012 2	<b>2:25.49</b>	318 3
50m:	32.83 32.83 100m: 1:10.38 37.55 150m: 1:48.89 38.51 200m: 2:25.49 36.60		
15.	26.04.2012 2	<b>2:26.81</b>	310 3
50m:	33.09 33.09 100m: 1:10.08 36.99 150m: 1:48.93 38.85 200m: 2:26.81 37.88		
16.	23.07.2012 2	<b>2:27.02</b>	308 3
50m:	33.81 33.81 100m: 1:11.50 37.69 150m: 1:49.14 37.64 200m: 2:27.02 37.88		

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	18,	, 200m	, 13										
17.	50m:	33.58	33.58	100m:	1:11.82	38.24	150m:	1:50.15	38.33	200m:	2:27.61	37.46	3
											<b>2:27.61</b>	305	
18.	50m:	33.83	33.83	100m:	1:10.73	36.90	150m:	1:49.65	38.92	200m:	2:28.24	38.59	3
											<b>2:28.24</b>	301	
19.	50m:	34.77	34.77	100m:	1:13.03	38.26	150m:	1:51.67	38.64	200m:	2:28.98	37.31	3
											<b>2:28.98</b>	296	
20.	50m:	34.10	34.10	100m:	1:12.71	38.61	150m:	1:52.73	40.02	200m:	2:32.76	40.03	3
											<b>2:32.76</b>	275	
21.	50m:	34.70	34.70	100m:	1:15.25	40.55	150m:	1:56.25	41.00	200m:	2:34.03	37.78	3
											<b>2:34.03</b>	268	
22.	50m:	35.07	35.07	100m:	1:14.31	39.24	150m:	1:54.43	40.12	200m:	2:34.15	39.72	3
											<b>2:34.15</b>	267	
23.	50m:	34.04	34.04	100m:	1:14.06	40.02	150m:	1:55.86	41.80	200m:	2:37.50	41.64	3
											<b>2:37.50</b>	251	
24.	50m:	37.06	37.06	100m:	1:17.87	40.81	150m:	2:00.00	42.13	200m:	2:41.44	41.44	1
											<b>2:41.44</b>	233	
25.	50m:	37.67	37.67	100m:	1:19.38	41.71	150m:	2:04.10	44.72	200m:	2:48.05	43.95	1
											<b>2:48.05</b>	206	
26.	50m:	36.64	36.64	100m:	1:23.46	46.82	150m:	2:15.14	51.68	200m:	3:15.27	1:00.13	2
											<b>3:15.27</b>	131	