

34
15.04.2025 - 14:49

, 1500m

(16-18)

: AQUA 2025

			/			R.T.						
1.			2009		"	"		17:42.36		550		
	50m:	30.10	30.10	450m:	5:08.72	34.73	850m:	9:51.57	35.43	1250m:	14:40.96	35.97
	100m:	1:03.53	33.43	500m:	5:44.16	35.44	900m:	10:28.22	36.65	1300m:	15:18.10	37.14
	150m:	1:37.82	34.29	550m:	6:19.19	35.03	950m:	11:04.28	36.06	1350m:	15:54.45	36.35
	200m:	2:12.70	34.88	600m:	6:54.77	35.58	1000m:	11:40.58	36.30	1400m:	16:31.45	37.00
	250m:	2:47.46	34.76	650m:	7:29.83	35.06	1050m:	12:16.27	35.69	1450m:	17:07.31	35.86
	300m:	3:22.59	35.13	700m:	8:05.45	35.62	1100m:	12:52.53	36.26	1500m:	17:42.36	35.05
	350m:	3:57.95	35.36	750m:	8:40.50	35.05	1150m:	13:28.34	35.81			
	400m:	4:33.99	36.04	800m:	9:16.14	35.64	1200m:	14:04.99	36.65			
2.			2009		"	"		+0,83 18:41.47		467		
	50m:	29.56	29.56	450m:	5:18.30	38.31	850m:	10:25.47	38.96	1250m:	15:34.34	39.86
	100m:	1:03.09	33.53	500m:	5:56.25	37.95	900m:	11:04.83	39.36	1300m:	16:14.01	39.67
	150m:	1:37.77	34.68	550m:	6:35.04	38.79	950m:	11:42.37	37.54	1350m:	16:51.43	37.42
	200m:	2:12.94	35.17	600m:	7:13.30	38.26	1000m:	12:20.05	37.68	1400m:	17:28.85	37.42
	250m:	2:49.23	36.29	650m:	7:50.71	37.41	1050m:	12:58.54	38.49	1450m:	18:06.25	37.40
	300m:	3:26.07	36.84	700m:	8:30.09	39.38	1100m:	13:37.75	39.21	1500m:	18:41.47	35.22
	350m:	4:02.75	36.68	750m:	9:08.73	38.64	1150m:	14:15.36	37.61			
	400m:	4:39.99	37.24	800m:	9:46.51	37.78	1200m:	14:54.48	39.12			
EXH			2010		"	"		+0,69 17:42.53		550		
	50m:	30.69	30.69	450m:	5:08.21	34.25	850m:	9:53.40	35.97	1250m:	14:42.06	36.13
	100m:	1:04.37	33.68	500m:	5:43.50	35.29	900m:	10:30.16	36.76	1300m:	15:19.22	37.16
	150m:	1:39.07	34.70	550m:	6:18.49	34.99	950m:	11:06.20	36.04	1350m:	15:55.91	36.69
	200m:	2:13.55	34.48	600m:	6:54.31	35.82	1000m:	11:42.41	36.21	1400m:	16:33.30	37.39
	250m:	2:48.45	34.90	650m:	7:29.77	35.46	1050m:	12:17.54	35.13	1450m:	17:09.28	35.98
	300m:	3:23.43	34.98	700m:	8:05.62	35.85	1100m:	12:54.23	36.69	1500m:	17:42.53	33.25
	350m:	3:58.38	34.95	750m:	8:41.23	35.61	1150m:	13:29.62	35.39			
	400m:	4:33.96	35.58	800m:	9:17.43	36.20	1200m:	14:05.93	36.31			
EXH			2010		"	"		+0,71 18:07.25		513		
	50m:	31.10	31.10	400m:	4:40.48	36.16	750m:	8:57.42	37.14	1150m:	13:51.71	37.56
	100m:	1:05.66	34.56	450m:	5:16.96	36.48	800m:	9:34.03	36.61	1200m:	14:27.92	36.21
	150m:	1:40.50	34.84	500m:	5:53.74	36.78	850m:	10:11.31	37.28	1250m:	15:05.01	37.09
	200m:	2:16.67	36.17	550m:	6:30.62	36.88	950m:	11:24.82	1:13.51	1300m:	15:41.44	36.43
	250m:	2:51.71	35.04	600m:	7:06.95	36.33	1000m:	12:00.80	35.98	1350m:	16:18.28	36.84
	300m:	3:28.06	36.35	650m:	7:44.38	37.43	1050m:	12:37.97	37.17	1450m:	17:31.98	1:13.70
	350m:	4:04.32	36.26	700m:	8:20.28	35.90	1100m:	13:14.15	36.18	1500m:	18:07.25	35.27
EXH			2011		"	"		+0,67 18:25.25		488		
	50m:	32.25	32.25	450m:	5:26.93	37.59	850m:	10:22.88	37.03	1250m:	15:23.05	36.78
	100m:	1:08.71	36.46	500m:	6:03.61	36.68	900m:	11:00.86	37.98	1300m:	16:00.33	37.28
	150m:	1:45.54	36.83	550m:	6:40.95	37.34	950m:	11:38.05	37.19	1350m:	16:37.91	37.58
	200m:	2:22.42	36.88	600m:	7:18.10	37.15	1000m:	12:16.18	38.13	1400m:	17:14.44	36.53
	250m:	2:59.11	36.69	650m:	7:54.98	36.88	1050m:	12:53.98	37.80	1450m:	17:49.97	35.53
	300m:	3:35.71	36.60	700m:	8:32.09	37.11	1100m:	13:31.33	37.35	1500m:	18:25.25	35.28
	350m:	4:12.49	36.78	750m:	9:08.69	36.60	1150m:	14:08.73	37.40			
	400m:	4:49.34	36.85	800m:	9:45.85	37.16	1200m:	14:46.27	37.54			
EXH			2010		"	"		20:04.35		377		
	50m:	35.24	35.24	450m:	5:59.74	40.34	850m:	11:23.45	40.91	1300m:	17:25.65	40.53
	100m:	1:15.44	40.20	500m:	6:40.90	41.16	950m:	12:43.97	1:20.52	1350m:	18:05.97	40.32
	150m:	1:55.56	40.12	550m:	7:20.95	40.05	1000m:	13:24.69	40.72	1400m:	18:47.11	41.14
	200m:	2:36.40	40.84	600m:	8:01.80	40.85	1050m:	14:04.13	39.44	1450m:	19:25.89	38.78
	250m:	3:17.18	40.78	650m:	8:41.92	40.12	1100m:	14:44.43	40.30	1500m:	20:04.35	38.46
	300m:	3:58.26	41.08	700m:	9:22.49	40.57	1150m:	15:24.55	40.12			
	350m:	4:38.66	40.40	750m:	10:02.43	39.94	1200m:	16:04.67	40.12			
	400m:	5:19.40	40.74	800m:	10:42.54	40.11	1250m:	16:45.12	40.45			

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14-15

2025 .

34, , 1500m

EXH			/		2011			1,		R.T.		20:06.06			376
50m:	32.97	32.97	450m:	5:58.49	40.56	850m:	11:26.52	41.05	1250m:	16:51.93	40.33				
100m:	1:11.07	38.10	500m:	6:39.93	41.44	900m:	12:07.18	40.66	1300m:	17:31.19	39.26				
150m:	1:51.25	40.18	550m:	7:20.42	40.49	950m:	12:48.81	41.63	1350m:	18:11.10	39.91				
200m:	2:32.32	41.07	600m:	8:01.13	40.71	1000m:	13:29.58	40.77	1400m:	18:50.26	39.16				
250m:	3:14.00	41.68	650m:	8:42.80	41.67	1050m:	14:11.10	41.52	1450m:	19:29.09	38.83				
300m:	3:55.73	41.73	700m:	9:23.87	41.07	1100m:	14:51.91	40.81	1500m:	20:06.06	36.97				
350m:	4:36.57	40.84	750m:	10:04.58	40.71	1150m:	15:31.86	39.95							
400m:	5:17.93	41.36	800m:	10:45.47	40.89	1200m:	16:11.60	39.74							