

, 15-16 2025 .

36 , 1500m 2011  
16.12.2025 - 14:55

: AQUA 2024

1.	10.03.2008										<b>16:04.13</b>	<b>677</b>	
	50m:	29.18	29.18	450m:	4:51.14	32.81	850m:	9:15.03	32.96	1250m:	13:31.20	31.68	
	100m:	1:01.87	32.69	500m:	5:23.80	32.66	900m:	9:47.74	32.71	1300m:	14:02.56	31.36	
	150m:	1:34.81	32.94	550m:	5:56.80	33.00	950m:	10:20.43	32.69	1350m:	14:33.34	30.78	
	200m:	2:07.41	32.60	600m:	6:29.92	33.12	1000m:	10:52.49	32.06	1400m:	15:04.25	30.91	
	250m:	2:40.27	32.86	650m:	7:03.05	33.13	1050m:	11:24.42	31.93	1450m:	15:34.91	30.66	
	300m:	3:13.04	32.77	700m:	7:36.03	32.98	1100m:	11:56.03	31.61	1500m:	16:04.13	29.22	
	350m:	3:45.85	32.81	750m:	8:09.06	33.03	1150m:	12:27.75	31.72				
	400m:	4:18.33	32.48	800m:	8:42.07	33.01	1200m:	12:59.52	31.77				
2.	19.09.2011 1										<b>16:59.68</b>	<b>572</b>	
	50m:	30.03	30.03	450m:	4:58.90	34.33	850m:	9:33.96	34.65	1250m:	14:09.47	34.20	
	100m:	1:02.31	32.28	500m:	5:33.28	34.38	900m:	10:08.22	34.26	1300m:	14:44.07	34.60	
	150m:	1:35.65	33.34	550m:	6:07.43	34.15	950m:	10:42.51	34.29	1350m:	15:18.56	34.49	
	200m:	2:08.88	33.23	600m:	6:42.01	34.58	1000m:	11:17.11	34.60	1400m:	15:53.61	35.05	
	250m:	2:42.80	33.92	650m:	7:16.39	34.38	1050m:	11:51.61	34.50	1450m:	16:27.93	34.32	
	300m:	3:16.55	33.75	700m:	7:50.49	34.10	1100m:	12:26.26	34.65	1500m:	16:59.68	31.75	
	350m:	3:50.49	33.94	750m:	8:24.98	34.49	1150m:	13:00.65	34.39				
	400m:	4:24.57	34.08	800m:	8:59.31	34.33	1200m:	13:35.27	34.62				
3.	31.01.2011 1										<b>17:17.20</b>	<b>544</b>	<b>1</b>
	50m:	29.82	29.82	450m:	5:06.56	35.20	850m:	9:46.46	35.30	1250m:	14:27.75	35.26	
	100m:	1:03.01	33.19	500m:	5:41.75	35.19	900m:	10:21.12	34.66	1300m:	15:03.20	35.45	
	150m:	1:36.90	33.89	550m:	6:16.04	34.29	950m:	10:56.41	35.29	1350m:	15:37.15	33.95	
	200m:	2:11.65	34.75	600m:	6:51.20	35.16	1000m:	11:31.66	35.25	1400m:	16:11.58	34.43	
	250m:	2:46.98	35.33	650m:	7:26.03	34.83	1050m:	12:06.86	35.20	1450m:	16:45.40	33.82	
	300m:	3:21.50	34.52	700m:	8:01.23	35.20	1100m:	12:42.35	35.49	1500m:	17:17.20	31.80	
	350m:	3:56.02	34.52	750m:	8:36.53	35.30	1150m:	13:17.33	34.98				
	400m:	4:31.36	35.34	800m:	9:11.16	34.63	1200m:	13:52.49	35.16				
4.	27.08.2011 1										<b>17:33.59</b>	<b>519</b>	<b>1</b>
	50m:	31.12	31.12	450m:	5:09.83	35.17	850m:	9:53.84	35.29	1250m:	14:38.45	35.41	
	100m:	1:04.64	33.52	500m:	5:45.25	35.42	900m:	10:29.55	35.71	1300m:	15:14.10	35.65	
	150m:	1:39.48	34.84	550m:	6:20.64	35.39	950m:	11:05.07	35.52	1350m:	15:49.98	35.88	
	200m:	2:14.07	34.59	600m:	6:56.30	35.66	1000m:	11:40.64	35.57	1400m:	16:25.40	35.42	
	250m:	2:48.69	34.62	650m:	7:32.01	35.71	1050m:	12:16.23	35.59	1450m:	17:00.21	34.81	
	300m:	3:23.93	35.24	700m:	8:07.81	35.80	1100m:	12:51.65	35.42	1500m:	17:33.59	33.38	
	350m:	3:59.67	35.74	750m:	8:42.67	34.86	1150m:	13:27.47	35.82				
	400m:	4:34.66	34.99	800m:	9:18.55	35.88	1200m:	14:03.04	35.57				
5.	15.06.2011 2										<b>18:30.37</b>	<b>443</b>	<b>2</b>
	50m:	32.57	32.57	450m:	5:23.69	37.06	850m:	10:26.09	37.97	1250m:	15:27.39	37.64	
	100m:	1:07.08	34.51	500m:	6:01.38	37.69	900m:	11:03.64	37.55	1300m:	16:03.82	36.43	
	150m:	1:43.13	36.05	550m:	6:39.04	37.66	950m:	11:41.46	37.82	1350m:	16:41.24	37.42	
	200m:	2:19.29	36.16	600m:	7:16.35	37.31	1000m:	12:19.25	37.79	1400m:	17:18.76	37.52	
	250m:	2:55.79	36.50	650m:	7:53.97	37.62	1050m:	12:56.86	37.61	1450m:	17:56.33	37.57	
	300m:	3:32.49	36.70	700m:	8:32.04	38.07	1100m:	13:34.59	37.73	1500m:	18:30.37	34.04	
	350m:	4:09.67	37.18	750m:	9:09.94	37.90	1150m:	14:12.44	37.85				
	400m:	4:46.63	36.96	800m:	9:48.12	38.18	1200m:	14:49.75	37.31				
6.	14.04.2011 2										<b>18:34.37</b>	<b>438</b>	<b>2</b>
	50m:	32.81	32.81	450m:	5:28.94	37.43	850m:	10:29.73	37.48	1250m:	15:29.21	37.81	
	100m:	1:08.74	35.93	500m:	6:06.50	37.56	900m:	11:07.23	37.50	1300m:	16:07.35	38.14	
	150m:	1:45.54	36.80	550m:	6:44.06	37.56	950m:	11:44.94	37.71	1350m:	16:44.68	37.33	
	200m:	2:22.34	36.80	600m:	7:21.75	37.69	1000m:	12:22.14	37.20	1400m:	17:22.46	37.78	
	250m:	2:59.52	37.18	650m:	7:59.21	37.46	1050m:	12:58.76	36.62	1450m:	17:59.50	37.04	
	300m:	3:36.83	37.31	700m:	8:36.82	37.61	1100m:	13:36.32	37.56	1500m:	18:34.37	34.87	
	350m:	4:14.31	37.48	750m:	9:14.62	37.80	1150m:	14:13.79	37.47				
	400m:	4:51.51	37.20	800m:	9:52.25	37.63	1200m:	14:51.40	37.61				

" " " "

" " " "

, 15-16 2025 .

36, , 1500m , 2011

7.													<b>18:43.51</b>	428	2
	50m:	33.48	33.48	450m:	5:33.12	37.79	850m:	10:36.52	37.63	1250m:	15:37.66	37.08			
	100m:	1:09.16	35.68	500m:	6:10.98	37.86	900m:	11:13.82	37.30	1300m:	16:15.26	37.60			
	150m:	1:46.32	37.16	550m:	6:49.31	38.33	950m:	11:51.49	37.67	1350m:	16:52.51	37.25			
	200m:	2:23.96	37.64	600m:	7:27.21	37.90	1000m:	12:29.26	37.77	1400m:	17:30.03	37.52			
	250m:	3:01.38	37.42	650m:	8:05.06	37.85	1050m:	13:07.40	38.14	1450m:	18:07.89	37.86			
	300m:	3:39.40	38.02	700m:	8:43.15	38.09	1100m:	13:45.18	37.78	1500m:	18:43.51	35.62			
	350m:	4:17.38	37.98	750m:	9:21.03	37.88	1150m:	14:22.59	37.41						
	400m:	4:55.33	37.95	800m:	9:58.89	37.86	1200m:	15:00.58	37.99						
8.													<b>19:05.46</b>	404	2
	50m:	32.36	32.36	450m:	5:29.97	37.77	850m:	10:40.73	39.10	1250m:	15:52.19	39.10			
	100m:	1:08.36	36.00	500m:	6:09.05	39.08	900m:	11:19.21	38.48	1300m:	16:32.21	40.02			
	150m:	1:45.13	36.77	550m:	6:47.92	38.87	950m:	11:57.92	38.71	1350m:	17:12.16	39.95			
	200m:	2:22.35	37.22	600m:	7:27.47	39.55	1000m:	12:35.88	37.96	1400m:	17:51.86	39.70			
	250m:	2:59.47	37.12	650m:	8:06.31	38.84	1050m:	13:14.40	38.52	1450m:	18:30.29	38.43			
	300m:	3:37.01	37.54	700m:	8:44.47	38.16	1100m:	13:54.89	40.49	1500m:	19:05.46	35.17			
	350m:	4:14.65	37.64	750m:	9:23.35	38.88	1150m:	14:34.19	39.30						
	400m:	4:52.20	37.55	800m:	10:01.63	38.28	1200m:	15:13.09	38.90						
DNS															
DNS															