

, 17 - 19

2025 .

14

, 400m

17.09.2025 - 14:11

: AQUA 2024

1.	08.08.2007										4:02.79	668	
	50m:	26.98	26.98	150m:	1:27.78	30.73	250m:	2:29.86	30.91	350m:	3:32.44	31.13	
	100m:	57.05	30.07	200m:	1:58.95	31.17	300m:	3:01.31	31.45	400m:	4:02.79	30.35	
2.	05.07.2009										4:04.28	655	
	50m:	28.08	28.08	150m:	1:29.47	31.05	250m:	2:31.17	30.77	350m:	3:33.80	31.29	
	100m:	58.42	30.34	200m:	2:00.40	30.93	300m:	3:02.51	31.34	400m:	4:04.28	30.48	
3.	28.01.2011										4:09.32	616	1
	50m:	28.33	28.33	150m:	1:31.31	31.57	250m:	2:35.06	31.72	350m:	3:39.05	32.01	
	100m:	59.74	31.41	200m:	2:03.34	32.03	300m:	3:07.04	31.98	400m:	4:09.32	30.27	
4.	29.05.2005										4:09.86	612	1
	50m:	27.96	27.96	150m:	1:30.68	31.56	250m:	2:34.22	32.18	350m:	3:38.89	32.31	
	100m:	59.12	31.16	200m:	2:02.04	31.36	300m:	3:06.58	32.36	400m:	4:09.86	30.97	
5.	03.11.2009										4:11.88	598	1
	50m:	27.98	27.98	150m:	1:31.22	32.13	250m:	2:35.23	32.20	350m:	3:40.03	32.40	
	100m:	59.09	31.11	200m:	2:03.03	31.81	300m:	3:07.63	32.40	400m:	4:11.88	31.85	
6.	30.05.2009										4:13.45	587	1
	50m:	28.48	28.48	150m:	1:31.40	31.97	250m:	2:36.17	32.42	350m:	3:42.11	32.96	
	100m:	59.43	30.95	200m:	2:03.75	32.35	300m:	3:09.15	32.98	400m:	4:13.45	31.34	
7.	08.07.2011 1										4:13.48	587	1
	50m:	29.27	29.27	150m:	1:33.72	32.11	250m:	2:38.62	33.00	350m:	3:43.30	32.04	
	100m:	1:01.61	32.34	200m:	2:05.62	31.90	300m:	3:11.26	32.64	400m:	4:13.48	30.18	
8.	06.08.2008										4:13.54	586	1
	50m:	27.87	27.87	150m:	1:31.63	32.14	250m:	2:35.86	32.51	350m:	3:41.16	32.83	
	100m:	59.49	31.62	200m:	2:03.35	31.72	300m:	3:08.33	32.47	400m:	4:13.54	32.38	
9.	14.12.2010 1										4:20.91	538	1
	50m:	28.85	28.85	150m:	1:33.65	32.54	250m:	2:39.84	33.14	350m:	3:48.16	34.21	
	100m:	1:01.11	32.26	200m:	2:06.70	33.05	300m:	3:13.95	34.11	400m:	4:20.91	32.75	
10.	20.01.2009										4:20.93	538	1
	50m:	29.58	29.58	150m:	1:34.19	32.78	250m:	2:40.85	33.24	350m:	3:47.85	33.63	
	100m:	1:01.41	31.83	200m:	2:07.61	33.42	300m:	3:14.22	33.37	400m:	4:20.93	33.08	
11.	11.12.2009 1										4:21.40	535	1
	50m:	29.38	29.38	150m:	1:35.37	33.35	250m:	2:42.99	34.12	350m:	3:49.83	33.02	
	100m:	1:02.02	32.64	200m:	2:08.87	33.50	300m:	3:16.81	33.82	400m:	4:21.40	31.57	
12.	26.05.2009 1										4:21.44	535	1
	50m:	29.34	29.34	150m:	1:34.17	32.66	250m:	2:41.46	33.75	350m:	3:49.70	34.03	
	100m:	1:01.51	32.17	200m:	2:07.71	33.54	300m:	3:15.67	34.21	400m:	4:21.44	31.74	
13.	08.10.2010 1										4:22.04	531	1
	50m:	29.04	29.04	150m:	1:35.11	33.44	250m:	2:42.13	33.66	350m:	3:49.88	33.87	
	100m:	1:01.67	32.63	200m:	2:08.47	33.36	300m:	3:16.01	33.88	400m:	4:22.04	32.16	
14.	19.09.2011 1										4:22.38	529	1
	50m:	29.90	29.90	150m:	1:36.65	33.71	250m:	2:44.04	33.66	350m:	3:51.24	33.47	
	100m:	1:02.94	33.04	200m:	2:10.38	33.73	300m:	3:17.77	33.73	400m:	4:22.38	31.14	
15.	29.07.2008										4:22.80	526	1
	50m:	29.44	29.44	150m:	1:35.32	33.02	250m:	2:42.92	33.79	350m:	3:50.27	33.60	
	100m:	1:02.30	32.86	200m:	2:09.13	33.81	300m:	3:16.67	33.75	400m:	4:22.80	32.53	

14, , 400m													
16.					02.10.2009	1					4:22.92	526	1
	50m:	28.47	28.47	150m:	1:32.31	32.60	250m:	2:39.88	34.34	350m:	3:49.22	34.54	
	100m:	59.71	31.24	200m:	2:05.54	33.23	300m:	3:14.68	34.80	400m:	4:22.92	33.70	
17.					01.09.2009	2					4:27.09	501	2
	50m:	29.27	29.27	150m:	1:35.65	33.85	250m:	2:45.60	35.18	350m:	3:54.45	33.84	
	100m:	1:01.80	32.53	200m:	2:10.42	34.77	300m:	3:20.61	35.01	400m:	4:27.09	32.64	
18.					20.04.2009	1					4:28.08	496	2
	50m:	29.36	29.36	150m:	1:35.64	33.89	250m:	2:45.65	35.15	350m:	3:55.45	34.60	
	100m:	1:01.75	32.39	200m:	2:10.50	34.86	300m:	3:20.85	35.20	400m:	4:28.08	32.63	
19.					13.11.2010	1					4:30.65	482	2
	50m:	30.26	30.26	150m:	1:37.63	34.24	250m:	2:47.00	34.45	350m:	3:56.98	35.08	
	100m:	1:03.39	33.13	200m:	2:12.55	34.92	300m:	3:21.90	34.90	400m:	4:30.65	33.67	
20.					30.09.2011	2					4:37.65	446	2
	50m:	30.96	30.96	150m:	1:39.12	34.25	250m:	2:50.40	35.98	350m:	4:02.68	36.08	
	100m:	1:04.87	33.91	200m:	2:14.42	35.30	300m:	3:26.60	36.20	400m:	4:37.65	34.97	
21.					10.07.2011	2					4:43.26	420	2
	50m:	31.58	31.58	150m:	1:42.53	36.34	250m:	2:56.38	37.30	350m:	4:09.10	36.03	
	100m:	1:06.19	34.61	200m:	2:19.08	36.55	300m:	3:33.07	36.69	400m:	4:43.26	34.16	
22.					15.06.2011	2					4:43.80	418	2
	50m:	32.19	32.19	150m:	1:43.24	35.82	250m:	2:55.67	36.39	350m:	4:08.43	36.24	
	100m:	1:07.42	35.23	200m:	2:19.28	36.04	300m:	3:32.19	36.52	400m:	4:43.80	35.37	
23.					26.03.2011	2					4:44.25	416	2
	50m:	32.46	32.46	150m:	1:42.91	35.51	250m:	2:55.58	36.45	350m:	4:09.22	37.01	
	100m:	1:07.40	34.94	200m:	2:19.13	36.22	300m:	3:32.21	36.63	400m:	4:44.25	35.03	
24.					06.08.2011	2					4:47.38	402	2
	50m:	31.51	31.51	150m:	1:43.15	36.00	250m:	2:56.79	37.23	350m:	4:11.58	37.63	
	100m:	1:07.15	35.64	200m:	2:19.56	36.41	300m:	3:33.95	37.16	400m:	4:47.38	35.80	
25.					14.04.2011	2					4:56.95	365	2
	50m:	33.44	33.44	150m:	1:48.24	37.84	250m:	3:04.67	38.33	350m:	4:21.36	38.02	
	100m:	1:10.40	36.96	200m:	2:26.34	38.10	300m:	3:43.34	38.67	400m:	4:56.95	35.59	
26.					25.04.2011	2					4:58.60	359	2
	50m:	32.48	32.48	150m:	1:45.95	37.65	250m:	3:03.07	38.62	350m:	4:20.85	38.71	
	100m:	1:08.30	35.82	200m:	2:24.45	38.50	300m:	3:42.14	39.07	400m:	4:58.60	37.75	
27.					09.02.2010	2					4:59.99	354	2
	50m:	32.12	32.12	150m:	1:46.60	37.66	250m:	3:04.32	39.45	350m:	4:22.55	38.97	
	100m:	1:08.94	36.82	200m:	2:24.87	38.27	300m:	3:43.58	39.26	400m:	4:59.99	37.44	
28.					30.12.2009	2					5:08.54	325	3
	50m:	33.40	33.40	150m:	1:51.24	40.00	250m:	3:10.32	39.57	350m:	4:29.86	40.05	
	100m:	1:11.24	37.84	200m:	2:30.75	39.51	300m:	3:49.81	39.49	400m:	5:08.54	38.68	
29.					17.08.2010	2					5:14.52	307	3
	50m:	35.23	35.23	150m:	1:54.05	39.27	250m:	3:13.79	39.53	350m:	4:34.54	40.67	
	100m:	1:14.78	39.55	200m:	2:34.26	40.21	300m:	3:53.87	40.08	400m:	5:14.52	39.98	
30.					12.06.2011	2					5:16.46	301	3
	50m:	33.43	33.43	150m:	1:52.96	40.00	250m:	3:15.49	41.01	350m:	4:37.41	40.41	
	100m:	1:12.96	39.53	200m:	2:34.48	41.52	300m:	3:57.00	41.51	400m:	5:16.46	39.05	
DNS					16.01.2010	2							

14, , 400m

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1.	08.08.2007										4:02.79	668
	50m:	26.98	26.98	150m:	1:27.78	30.73	250m:	2:29.86	30.91	350m:	3:32.44	31.13
	100m:	57.05	30.07	200m:	1:58.95	31.17	300m:	3:01.31	31.45	400m:	4:02.79	30.35
2.	05.07.2009										4:04.28	655
	50m:	28.08	28.08	150m:	1:29.47	31.05	250m:	2:31.17	30.77	350m:	3:33.80	31.29
	100m:	58.42	30.34	200m:	2:00.40	30.93	300m:	3:02.51	31.34	400m:	4:04.28	30.48
3.	03.11.2009										4:11.88	598 1
	50m:	27.98	27.98	150m:	1:31.22	32.13	250m:	2:35.23	32.20	350m:	3:40.03	32.40
	100m:	59.09	31.11	200m:	2:03.03	31.81	300m:	3:07.63	32.40	400m:	4:11.88	31.85
4.	30.05.2009										4:13.45	587 1
	50m:	28.48	28.48	150m:	1:31.40	31.97	250m:	2:36.17	32.42	350m:	3:42.11	32.96
	100m:	59.43	30.95	200m:	2:03.75	32.35	300m:	3:09.15	32.98	400m:	4:13.45	31.34
5.	06.08.2008										4:13.54	586 1
	50m:	27.87	27.87	150m:	1:31.63	32.14	250m:	2:35.86	32.51	350m:	3:41.16	32.83
	100m:	59.49	31.62	200m:	2:03.35	31.72	300m:	3:08.33	32.47	400m:	4:13.54	32.38
6.	20.01.2009										4:20.93	538 1
	50m:	29.58	29.58	150m:	1:34.19	32.78	250m:	2:40.85	33.24	350m:	3:47.85	33.63
	100m:	1:01.41	31.83	200m:	2:07.61	33.42	300m:	3:14.22	33.37	400m:	4:20.93	33.08
7.	11.12.2009 1										4:21.40	535 1
	50m:	29.38	29.38	150m:	1:35.37	33.35	250m:	2:42.99	34.12	350m:	3:49.83	33.02
	100m:	1:02.02	32.64	200m:	2:08.87	33.50	300m:	3:16.81	33.82	400m:	4:21.40	31.57
8.	26.05.2009 1										4:21.44	535 1
	50m:	29.34	29.34	150m:	1:34.17	32.66	250m:	2:41.46	33.75	350m:	3:49.70	34.03
	100m:	1:01.51	32.17	200m:	2:07.71	33.54	300m:	3:15.67	34.21	400m:	4:21.44	31.74
9.	29.07.2008										4:22.80	526 1
	50m:	29.44	29.44	150m:	1:35.32	33.02	250m:	2:42.92	33.79	350m:	3:50.27	33.60
	100m:	1:02.30	32.86	200m:	2:09.13	33.81	300m:	3:16.67	33.75	400m:	4:22.80	32.53
10.	02.10.2009 1										4:22.92	526 1
	50m:	28.47	28.47	150m:	1:32.31	32.60	250m:	2:39.88	34.34	350m:	3:49.22	34.54
	100m:	59.71	31.24	200m:	2:05.54	33.23	300m:	3:14.68	34.80	400m:	4:22.92	33.70
11.	01.09.2009 2										4:27.09	501 2
	50m:	29.27	29.27	150m:	1:35.65	33.85	250m:	2:45.60	35.18	350m:	3:54.45	33.84
	100m:	1:01.80	32.53	200m:	2:10.42	34.77	300m:	3:20.61	35.01	400m:	4:27.09	32.64
12.	20.04.2009 1										4:28.08	496 2
	50m:	29.36	29.36	150m:	1:35.64	33.89	250m:	2:45.65	35.15	350m:	3:55.45	34.60
	100m:	1:01.75	32.39	200m:	2:10.50	34.86	300m:	3:20.85	35.20	400m:	4:28.08	32.63
13.	30.12.2009 2										5:08.54	325 3
	50m:	33.40	33.40	150m:	1:51.24	40.00	250m:	3:10.32	39.57	350m:	4:29.86	40.05
	100m:	1:11.24	37.84	200m:	2:30.75	39.51	300m:	3:49.81	39.49	400m:	5:08.54	38.68

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1.	28.01.2011										4:09.32	616 1
	50m:	28.33	28.33	150m:	1:31.31	31.57	250m:	2:35.06	31.72	350m:	3:39.05	32.01
	100m:	59.74	31.41	200m:	2:03.34	32.03	300m:	3:07.04	31.98	400m:	4:09.32	30.27
2.	08.07.2011 1										4:13.48	587 1
	50m:	29.27	29.27	150m:	1:33.72	32.11	250m:	2:38.62	33.00	350m:	3:43.30	32.04
	100m:	1:01.61	32.34	200m:	2:05.62	31.90	300m:	3:11.26	32.64	400m:	4:13.48	30.18
3.	14.12.2010 1										4:20.91	538 1
	50m:	28.85	28.85	150m:	1:33.65	32.54	250m:	2:39.84	33.14	350m:	3:48.16	34.21
	100m:	1:01.11	32.26	200m:	2:06.70	33.05	300m:	3:13.95	34.11	400m:	4:20.91	32.75

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14,		, 400m				14-15						
4.					08.10.2010	1				4:22.04	531	1
	50m:	29.04	29.04	150m:	1:35.11	33.44	250m:	2:42.13	33.66	350m:	3:49.88	33.87
	100m:	1:01.67	32.63	200m:	2:08.47	33.36	300m:	3:16.01	33.88	400m:	4:22.04	32.16
5.					19.09.2011	1				4:22.38	529	1
	50m:	29.90	29.90	150m:	1:36.65	33.71	250m:	2:44.04	33.66	350m:	3:51.24	33.47
	100m:	1:02.94	33.04	200m:	2:10.38	33.73	300m:	3:17.77	33.73	400m:	4:22.38	31.14
6.					13.11.2010	1				4:30.65	482	2
	50m:	30.26	30.26	150m:	1:37.63	34.24	250m:	2:47.00	34.45	350m:	3:56.98	35.08
	100m:	1:03.39	33.13	200m:	2:12.55	34.92	300m:	3:21.90	34.90	400m:	4:30.65	33.67
7.					30.09.2011	2				4:37.65	446	2
	50m:	30.96	30.96	150m:	1:39.12	34.25	250m:	2:50.40	35.98	350m:	4:02.68	36.08
	100m:	1:04.87	33.91	200m:	2:14.42	35.30	300m:	3:26.60	36.20	400m:	4:37.65	34.97
8.					10.07.2011	2				4:43.26	420	2
	50m:	31.58	31.58	150m:	1:42.53	36.34	250m:	2:56.38	37.30	350m:	4:09.10	36.03
	100m:	1:06.19	34.61	200m:	2:19.08	36.55	300m:	3:33.07	36.69	400m:	4:43.26	34.16
9.					15.06.2011	2				4:43.80	418	2
	50m:	32.19	32.19	150m:	1:43.24	35.82	250m:	2:55.67	36.39	350m:	4:08.43	36.24
	100m:	1:07.42	35.23	200m:	2:19.28	36.04	300m:	3:32.19	36.52	400m:	4:43.80	35.37
10.					26.03.2011	2				4:44.25	416	2
	50m:	32.46	32.46	150m:	1:42.91	35.51	250m:	2:55.58	36.45	350m:	4:09.22	37.01
	100m:	1:07.40	34.94	200m:	2:19.13	36.22	300m:	3:32.21	36.63	400m:	4:44.25	35.03
11.					06.08.2011	2				4:47.38	402	2
	50m:	31.51	31.51	150m:	1:43.15	36.00	250m:	2:56.79	37.23	350m:	4:11.58	37.63
	100m:	1:07.15	35.64	200m:	2:19.56	36.41	300m:	3:33.95	37.16	400m:	4:47.38	35.80
12.					14.04.2011	2				4:56.95	365	2
	50m:	33.44	33.44	150m:	1:48.24	37.84	250m:	3:04.67	38.33	350m:	4:21.36	38.02
	100m:	1:10.40	36.96	200m:	2:26.34	38.10	300m:	3:43.34	38.67	400m:	4:56.95	35.59
13.					25.04.2011	2				4:58.60	359	2
	50m:	32.48	32.48	150m:	1:45.95	37.65	250m:	3:03.07	38.62	350m:	4:20.85	38.71
	100m:	1:08.30	35.82	200m:	2:24.45	38.50	300m:	3:42.14	39.07	400m:	4:58.60	37.75
14.					09.02.2010	2				4:59.99	354	2
	50m:	32.12	32.12	150m:	1:46.60	37.66	250m:	3:04.32	39.45	350m:	4:22.55	38.97
	100m:	1:08.94	36.82	200m:	2:24.87	38.27	300m:	3:43.58	39.26	400m:	4:59.99	37.44
15.					17.08.2010	2				5:14.52	307	3
	50m:	35.23	35.23	150m:	1:54.05	39.27	250m:	3:13.79	39.53	350m:	4:34.54	40.67
	100m:	1:14.78	39.55	200m:	2:34.26	40.21	300m:	3:53.87	40.08	400m:	5:14.52	39.98
16.					12.06.2011	2				5:16.46	301	3
	50m:	33.43	33.43	150m:	1:52.96	40.00	250m:	3:15.49	41.01	350m:	4:37.41	40.41
	100m:	1:12.96	39.53	200m:	2:34.48	41.52	300m:	3:57.00	41.51	400m:	5:16.46	39.05
DNS					16.01.2010	2						