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20.11.2025 - 11:47

, 400m

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: AQUA 2025

1.			2012		" "	4:34.24	591	1				
	50m:	31.13	31.13	150m:	1:39.65	34.62	250m:	2:49.50	34.97	350m:	4:00.36	35.32
	100m:	1:05.03	33.90	200m:	2:14.53	34.88	300m:	3:25.04	35.54	400m:	4:34.24	33.88
2.			2013 1		" "	4:56.93	466	2				
	50m:	33.70	33.70	150m:	1:49.11	38.01	250m:	3:04.67	37.78	350m:	4:20.88	38.16
	100m:	1:11.10	37.40	200m:	2:26.89	37.78	300m:	3:42.72	38.05	400m:	4:56.93	36.05
3.			2012 1		,	4:57.98	461	2				
	50m:	34.12	34.12	150m:	1:48.63	37.71	250m:	3:04.86	38.15	350m:	4:21.36	38.09
	100m:	1:10.92	36.80	200m:	2:26.71	38.08	300m:	3:43.27	38.41	400m:	4:57.98	36.62
4.			2013 2		" "	4:59.13	456	2				
	50m:	32.90	32.90	150m:	1:47.60	37.98	250m:	3:05.07	38.82	350m:	4:22.16	38.23
	100m:	1:09.62	36.72	200m:	2:26.25	38.65	300m:	3:43.93	38.86	400m:	4:59.13	36.97
5.			2014 1		" "	4:59.62	453	2				
	50m:	35.32	35.32	150m:	1:51.27	37.86	250m:	3:07.72	37.68	350m:	4:24.24	38.10
	100m:	1:13.41	38.09	200m:	2:30.04	38.77	300m:	3:46.14	38.42	400m:	4:59.62	35.38
6.			2013 2		,	5:00.80	448	2				
	50m:	34.15	34.15	150m:	1:50.01	38.41	250m:	3:07.05	37.92	350m:	4:24.05	38.78
	100m:	1:11.60	37.45	200m:	2:29.13	39.12	300m:	3:45.27	38.22	400m:	5:00.80	36.75
7.			2014		" "	5:01.40	445	2				
	50m:	32.79	32.79	150m:	1:48.96	39.00	250m:	3:07.00	38.48	350m:	4:26.86	40.40
	100m:	1:09.96	37.17	200m:	2:28.52	39.56	300m:	3:46.46	39.46	400m:	5:01.40	34.54
8.			2012 2		1,	5:04.32	433	2				
	50m:	32.55	32.55	150m:	1:47.32	38.32	250m:	3:06.63	40.25	350m:	4:25.67	39.79
	100m:	1:09.00	36.45	200m:	2:26.38	39.06	300m:	3:45.88	39.25	400m:	5:04.32	38.65
9.			2012 2		,	5:04.97	430	2				
	50m:	33.35	33.35	150m:	1:49.07	38.20	250m:	3:08.31	39.65	350m:	4:27.96	39.84
	100m:	1:10.87	37.52	200m:	2:28.66	39.59	300m:	3:48.12	39.81	400m:	5:04.97	37.01
10.			2013 2		,	5:04.99	430	2				
	50m:	34.03	34.03	150m:	1:49.29	38.56	250m:	3:07.74	39.31	350m:	4:26.84	39.58
	100m:	1:10.73	36.70	200m:	2:28.43	39.14	300m:	3:47.26	39.52	400m:	5:04.99	38.15
11.			2013 2		" "	5:10.58	407	2				
	50m:	34.47	34.47	150m:	1:51.89	39.19	250m:	3:11.51	39.90	350m:	4:31.13	39.79
	100m:	1:12.70	38.23	200m:	2:31.61	39.72	300m:	3:51.34	39.83	400m:	5:10.58	39.45
12.			2014 2		" "	5:11.38	404	2				
	50m:	34.84	34.84	150m:	1:53.96	40.24	250m:	3:12.88	40.10	350m:	4:34.45	41.47
	100m:	1:13.72	38.88	200m:	2:32.78	38.82	300m:	3:52.98	40.10	400m:	5:11.38	36.93
13.			2012 2		" "	5:12.02	401	2				
	50m:	34.90	34.90	150m:	1:51.98	38.82	250m:	3:11.75	40.30	350m:	4:33.06	40.66
	100m:	1:13.16	38.26	200m:	2:31.45	39.47	300m:	3:52.40	40.65	400m:	5:12.02	38.96
14.			2014 2		" "	5:16.40	385	2				
	50m:	35.16	35.16	150m:	1:53.51	39.79	250m:	3:15.13	41.00	350m:	4:37.25	41.01
	100m:	1:13.72	38.56	200m:	2:34.13	40.62	300m:	3:56.24	41.11	400m:	5:16.40	39.15
15.			2012 2		" "	5:20.25	371	2				
	50m:	35.16	35.16	150m:	1:54.73	40.45	250m:	3:16.86	41.26	350m:	4:39.65	41.40
	100m:	1:14.28	39.12	200m:	2:35.60	40.87	300m:	3:58.25	41.39	400m:	5:20.25	40.60
16.			2013 2		,	5:25.52	353	2				
	50m:	37.47	37.47	150m:	2:00.12	41.25	250m:	3:23.90	41.62	350m:	4:46.82	41.57
	100m:	1:18.87	41.40	200m:	2:42.28	42.16	300m:	4:05.25	41.35	400m:	5:25.52	38.70

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17.			2012	1	" "	5:25.82	352	2	
	50m: 37.19	37.19	150m: 1:59.07	40.98	250m: 3:22.58	42.55	350m: 4:45.36	41.24	
	100m: 1:18.09	40.90	200m: 2:40.03	40.96	300m: 4:04.12	41.54	400m: 5:25.82	40.46	
18.			2014	1	" "	5:27.89	346	2	
	50m: 36.31	36.31	150m: 1:58.56	41.83	250m: 3:22.32	42.18	350m: 4:46.17	41.44	
	100m: 1:16.73	40.42	200m: 2:40.14	41.58	300m: 4:04.73	42.41	400m: 5:27.89	41.72	
19.			2013	2	" "	5:29.49	341	2	
	50m: 37.60	37.60	150m: 2:00.27	41.32	250m: 3:24.49	42.00	350m: 4:49.53	42.61	
	100m: 1:18.95	41.35	200m: 2:42.49	42.22	300m: 4:06.92	42.43	400m: 5:29.49	39.96	
20.			2014	2	" "	5:29.63	340	2	
	50m: 37.82	37.82	150m: 2:01.92	42.21	250m: 3:26.04	41.99	350m: 4:50.42	41.80	
	100m: 1:19.71	41.89	200m: 2:44.05	42.13	300m: 4:08.62	42.58	400m: 5:29.63	39.21	
21.			2012	2	" "	5:29.91	339	2	
	50m: 37.18	37.18	150m: 2:01.54	42.94	250m: 3:26.15	42.21	350m: 4:49.83	41.96	
	100m: 1:18.60	41.42	200m: 2:43.94	42.40	300m: 4:07.87	41.72	400m: 5:29.91	40.08	
22.			2014	2	" "	5:32.50	332	2	
	50m: 38.04	38.04	150m: 2:03.08	43.29	250m: 3:27.68	42.10	350m: 4:51.60	41.93	
	100m: 1:19.79	41.75	200m: 2:45.58	42.50	300m: 4:09.67	41.99	400m: 5:32.50	40.90	
23.			2012	2	" "	5:38.38	315	3	
	50m:		150m: 1:59.70	43.13	250m: 3:29.78	45.77	350m: 4:58.13	43.64	
	100m: 1:16.57		200m: 2:44.01	44.31	300m: 4:14.49	44.71	400m: 5:38.38	40.25	
24.			2013	3	" "	5:46.24	294	3	
	50m: 39.25	39.25	150m: 2:04.56	43.47	250m: 3:33.58	44.50	350m: 5:02.94	44.50	
	100m: 1:21.09	41.84	200m: 2:49.08	44.52	300m: 4:18.44	44.86	400m: 5:46.24	43.30	
25.			2014	3	" "	5:47.58	290	3	
	50m: 39.59	39.59	150m: 2:10.18	45.03	250m: 3:38.64	43.55	350m: 5:05.95	43.34	
	100m: 1:25.15	45.56	200m: 2:55.09	44.91	300m: 4:22.61	43.97	400m: 5:47.58	41.63	
26.			2014	3	" "	5:59.62	262	3	
	50m: 41.08	41.08	150m: 2:12.80	46.32	250m: 3:43.77	45.03	350m: 5:15.68	45.97	
	100m: 1:26.48	45.40	200m: 2:58.74	45.94	300m: 4:29.71	45.94	400m: 5:59.62	43.94	
27.			2014	3	" "	6:05.20	250	3	
	50m: 39.48	39.48	150m: 2:09.91	46.33	250m: 3:44.13	47.50	350m: 5:18.91	46.83	
	100m: 1:23.58	44.10	200m: 2:56.63	46.72	300m: 4:32.08	47.95	400m: 6:05.20	46.29	
28.			2014	3	" "	6:11.06	238	3	
	50m: 39.93	39.93	150m: 2:14.42	47.98	250m: 3:50.08	46.59	350m: 5:24.17	46.67	
	100m: 1:26.44	46.51	200m: 3:03.49	49.07	300m: 4:37.50	47.42	400m: 6:11.06	46.89	
29.			2014	3	" "	6:12.00	237	3	
	50m: 42.65	42.65	150m: 2:16.83	48.03	250m: 3:52.36	47.77	350m: 5:27.04	47.00	
	100m: 1:28.80	46.15	200m: 3:04.59	47.76	300m: 4:40.04	47.68	400m: 6:12.00	44.96	