

, 19-21 2025 .

11				, 400m				14	
19.02.2025 - 14:05									
: AQUA 2024									
1.				2010				4:34.92	627
	50m:	31.13	31.13	150m:	1:39.67	34.20	250m:	2:49.74	35.21
	100m:	1:05.47	34.34	200m:	2:14.97	35.30	300m:	3:25.79	33.92
2.				2009				4:37.93	607
	50m:	31.49	31.49	150m:	1:40.29	34.39	250m:	2:51.13	35.23
	100m:	1:05.90	34.41	200m:	2:16.10	35.81	300m:	3:27.78	34.92
3.				2007				4:40.59	590
	50m:	30.09	30.09	150m:	1:39.54	34.94	250m:	2:51.24	36.33
	100m:	1:04.60	34.51	200m:	2:15.44	35.90	300m:	3:28.07	36.19
4.				2009				4:41.62	583
	50m:	31.85	31.85	150m:	1:42.57	35.69	250m:	2:54.00	35.84
	100m:	1:06.88	35.03	200m:	2:18.29	35.72	300m:	3:30.30	35.48
5.				2009	I			4:42.99	575
	50m:	31.58	31.58	150m:	1:43.81	36.57	250m:	2:56.54	36.77
	100m:	1:07.24	35.66	200m:	2:19.95	36.14	300m:	3:32.79	33.43
6.				2007				4:43.93	569
	50m:	31.82	31.82	150m:	1:43.46	36.12	250m:	2:56.97	36.21
	100m:	1:07.34	35.52	200m:	2:19.96	36.50	300m:	3:33.63	34.09
7.				2007				4:44.02	569
	50m:	31.19	31.19	150m:	1:42.54	36.40	250m:	2:56.67	37.18
	100m:	1:06.14	34.95	200m:	2:19.08	36.54	300m:	3:33.53	33.31
8.				2010	I			4:45.98	557
	50m:	32.37	32.37	150m:	1:43.92	36.51	250m:	2:56.58	37.04
	100m:	1:07.41	35.04	200m:	2:20.07	36.15	300m:	3:33.64	35.30
9.				2011	I			4:46.75	553
	50m:	31.73	31.73	150m:	1:43.49	36.33	250m:	2:57.40	36.56
	100m:	1:07.16	35.43	200m:	2:20.52	37.03	300m:	3:34.25	35.94
10.				2011	I			4:55.28	506
	50m:	33.12	33.12	150m:	1:47.78	37.54	250m:	3:04.06	37.41
	100m:	1:10.24	37.12	200m:	2:26.28	38.50	300m:	3:42.18	35.69
11.				2006				4:55.51	505
	50m:	33.04	33.04	150m:	1:47.24	37.47	250m:	3:02.89	37.71
	100m:	1:09.77	36.73	200m:	2:24.94	37.70	300m:	3:41.40	36.40
12.				2011	I			4:56.05	502
	50m:	33.09	33.09	150m:	1:47.36	37.29	250m:	3:03.74	37.84
	100m:	1:10.07	36.98	200m:	2:25.74	38.38	300m:	3:42.59	35.62
13.				2009				4:56.56	500
	50m:	32.01	32.01	150m:	1:46.19	38.36	250m:	3:03.46	38.42
	100m:	1:07.83	35.82	200m:	2:24.02	37.83	300m:	3:41.39	36.75
14.				2010	I			4:57.16	496
	50m:	32.73	32.73	150m:	1:47.78	37.84	250m:	3:03.68	37.87
	100m:	1:09.94	37.21	200m:	2:25.66	37.88	300m:	3:42.37	36.92
15.				2010				4:59.68	484
	50m:	32.42	32.42	150m:	1:46.45	37.32	250m:	3:03.58	38.64
	100m:	1:09.13	36.71	200m:	2:25.01	38.56	300m:	3:42.70	38.34
16.				2007				5:02.59	470
	50m:	32.21	32.21	150m:	1:47.35	37.54	250m:	3:04.79	39.11
	100m:	1:09.81	37.60	200m:	2:26.32	38.97	300m:	3:45.06	38.42

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" " , 19-21 2025 .

	11,	, 400m			14							
17.			2009	I				5:02.64	II		470	
	50m:	33.76	33.76	150m:	1:49.17	38.54	250m:	3:06.34	38.72	350m:	4:23.97	38.90
	100m:	1:10.63	36.87	200m:	2:27.62	38.45	300m:	3:45.07	38.73	400m:	5:02.64	38.67
18.			2009	I				5:04.79	II		460	
	50m:	32.99	32.99	150m:	1:49.29	39.19	250m:	3:08.58	39.69	350m:	4:26.84	38.55
	100m:	1:10.10	37.11	200m:	2:28.89	39.60	300m:	3:48.29	39.71	400m:	5:04.79	37.95
19.			2008	I		1,		5:05.63	II		456	
	50m:	33.32	33.32	150m:	1:48.45	38.51	250m:	3:07.91	40.34	350m:	4:28.14	39.88
	100m:	1:09.94	36.62	200m:	2:27.57	39.12	300m:	3:48.26	40.35	400m:	5:05.63	37.49
20.			2009	I				5:09.85	II		438	
	50m:	35.14	35.14	150m:	1:52.64	39.00	250m:	3:11.95	39.09	350m:	4:31.58	39.65
	100m:	1:13.64	38.50	200m:	2:32.86	40.22	300m:	3:51.93	39.98	400m:	5:09.85	38.27
21.			2010					5:10.97	II		433	
	50m:	32.85	32.85	150m:	1:52.15	39.86	250m:	3:12.64	40.16	350m:	4:33.32	39.76
	100m:	1:12.29	39.44	200m:	2:32.48	40.33	300m:	3:53.56	40.92	400m:	5:10.97	37.65
22.			2010	II				5:10.98	II		433	
	50m:	34.80	34.80	150m:	1:53.35	39.95	250m:	3:13.58	40.20	350m:	4:33.13	39.76
	100m:	1:13.40	38.60	200m:	2:33.38	40.03	300m:	3:53.37	39.79	400m:	5:10.98	37.85
23.			2011	II				5:11.82	II		430	
	50m:	34.57	34.57	150m:	1:52.11	39.82	250m:	3:12.07	40.32	350m:	4:32.86	40.08
	100m:	1:12.29	37.72	200m:	2:31.75	39.64	300m:	3:52.78	40.71	400m:	5:11.82	38.96
24.			2011	I		" "		5:11.93	II		429	
	50m:	34.86	34.86	150m:	1:54.87	40.05	250m:	3:14.68	39.54	350m:	4:33.82	39.21
	100m:	1:14.82	39.96	200m:	2:35.14	40.27	300m:	3:54.61	39.93	400m:	5:11.93	38.11
25.			2010	II				5:19.96	II		398	
	50m:	33.48	33.48	150m:	1:52.55	40.54	250m:	3:14.10	41.13	350m:	4:39.36	42.94
	100m:	1:12.01	38.53	200m:	2:32.97	40.42	300m:	3:56.42	42.32	400m:	5:19.96	40.60
26.			2009	I				5:20.15	II		397	
	50m:	33.63	33.63	150m:	1:53.21	41.56	250m:	3:16.60	41.96	350m:	4:41.27	42.49
	100m:	1:11.65	38.02	200m:	2:34.64	41.43	300m:	3:58.78	42.18	400m:	5:20.15	38.88
27.			2009	II		" "		5:20.22	II		397	
	50m:	34.59	34.59	150m:	1:54.51	40.72	250m:	3:16.86	41.75	350m:	4:39.84	41.34
	100m:	1:13.79	39.20	200m:	2:35.11	40.60	300m:	3:58.50	41.64	400m:	5:20.22	40.38
28.			2009	II				5:24.28	II		382	
	50m:	36.56	36.56	150m:	1:58.91	42.05	250m:	3:22.65	41.46	350m:	4:46.09	41.17
	100m:	1:16.86	40.30	200m:	2:41.19	42.28	300m:	4:04.92	42.27	400m:	5:24.28	38.19
DNS			2011	I		" "						
DNS			2010	I								