

, 19-21

2025 .

22

, 400m

14

20.02.2025 - 14:16

: AQUA 2024

1.			2009	" "	<b>4:50.27</b>	I	583					
	50m:	30.35	30.35	150m:	1:43.20	37.42	250m:	3:00.47	41.25	350m:	4:16.61	34.95
	100m:	1:05.78	35.43	200m:	2:19.22	36.02	300m:	3:41.66	41.19	400m:	4:50.27	33.66
2.			2009	" "	<b>4:51.09</b>	I	578					
	50m:	31.60	31.60	150m:	1:43.79	36.36	250m:	3:01.87	41.68	350m:	4:17.28	33.87
	100m:	1:07.43	35.83	200m:	2:20.19	36.40	300m:	3:43.41	41.54	400m:	4:51.09	33.81
3.			2003 I	" "	<b>4:58.64</b>	I	535					
	50m:	27.55	27.55	150m:	1:43.28	43.52	250m:	3:06.93	42.66	350m:	4:25.72	36.00
	100m:	59.76	32.21	200m:	2:24.27	40.99	300m:	3:49.72	42.79	400m:	4:58.64	32.92
4.			2009	" "	<b>5:00.36</b>	I	526					
	50m:	32.01	32.01	150m:	1:47.51	37.60	250m:	3:07.87	43.85	350m:	4:26.19	35.04
	100m:	1:09.91	37.90	200m:	2:24.02	36.51	300m:	3:51.15	43.28	400m:	5:00.36	34.17
5.			2004	" "	<b>5:01.36</b>	I	521					
	50m:	30.47	30.47	150m:	1:44.72	37.51	250m:	3:06.17	44.17	350m:	4:27.18	36.09
	100m:	1:07.21	36.74	200m:	2:22.00	37.28	300m:	3:51.09	44.92	400m:	5:01.36	34.18
6.			2011 I	" "	<b>5:16.91</b>	II	448					
	50m:	35.00	35.00	150m:	1:56.27	40.48	250m:	3:22.13	45.44	350m:	4:41.88	35.16
	100m:	1:15.79	40.79	200m:	2:36.69	40.42	300m:	4:06.72	44.59	400m:	5:16.91	35.03
7.			2010 I	" "	<b>5:20.19</b>	II	434					
	50m:	34.12	34.12	150m:	1:55.46	40.86	250m:	3:21.50	46.59	350m:	4:44.16	36.23
	100m:	1:14.60	40.48	200m:	2:34.91	39.45	300m:	4:07.93	46.43	400m:	5:20.19	36.03
8.			2011 II	" "	<b>5:33.18</b>	II	385					
	50m:	34.85	34.85	150m:	1:57.44	42.53	250m:	3:27.17	47.90	350m:	4:54.44	39.55
	100m:	1:14.91	40.06	200m:	2:39.27	41.83	300m:	4:14.89	47.72	400m:	5:33.18	38.74
9.			2010 I	" "	<b>5:34.75</b>	II	380					
	50m:	31.31	31.31	150m:	1:56.18	42.55	250m:	3:24.40	46.57	350m:	4:53.15	40.52
	100m:	1:13.63	42.32	200m:	2:37.83	41.65	300m:	4:12.63	48.23	400m:	5:34.75	41.60
10.			2009 I	" "	<b>5:37.26</b>	II	371					
	50m:	33.84	33.84	150m:	1:57.61	44.24	250m:	3:27.89	46.78	350m:	4:55.67	39.34
	100m:	1:13.37	39.53	200m:	2:41.11	43.50	300m:	4:16.33	48.44	400m:	5:37.26	41.59
11.			2010 II	" "	<b>5:54.57</b>	III	319					
	50m:	35.56	35.56	150m:	2:07.28	47.31	250m:	3:41.12	48.31	350m:	5:14.72	41.66
	100m:	1:19.97	44.41	200m:	2:52.81	45.53	300m:	4:33.06	51.94	400m:	5:54.57	39.85
DSQ			2010 I	" "								
DNS			2005	" "								

" ", 50

"ALGE-TIMING"