

34  
21.02.2025 - 14:43

, 1500m

14

: AQUA 2024

1.			2008					<b>16:09.31</b>	725			
	50m:	29.51	29.51	450m:	4:46.68	32.38	850m:	9:07.69	32.40	1250m:	13:29.41	32.72
	100m:	1:00.85	31.34	500m:	5:19.26	32.58	900m:	9:40.33	32.64	1300m:	14:02.13	32.72
	150m:	1:32.89	32.04	550m:	5:51.72	32.46	950m:	10:12.70	32.37	1350m:	14:34.68	32.55
	200m:	2:04.84	31.95	600m:	6:23.98	32.26	1000m:	10:45.42	32.72	1400m:	15:07.21	32.53
	250m:	2:37.35	32.51	650m:	6:56.72	32.74	1050m:	11:17.94	32.52	1450m:	15:39.44	32.23
	300m:	3:09.41	32.06	700m:	7:29.53	32.81	1100m:	11:50.80	32.86	1500m:	16:09.31	29.87
	350m:	3:42.00	32.59	750m:	8:02.42	32.89	1150m:	12:23.82	33.02			
	400m:	4:14.30	32.30	800m:	8:35.29	32.87	1200m:	12:56.69	32.87			
2.			2009					<b>16:17.36</b>	707			
	50m:	29.18	29.18	450m:	4:49.56	32.87	850m:	9:11.38	32.28	1250m:	13:33.24	32.87
	100m:	1:01.49	32.31	500m:	5:22.56	33.00	900m:	9:44.22	32.84	1300m:	14:06.38	33.14
	150m:	1:33.68	32.19	550m:	5:55.30	32.74	950m:	10:16.77	32.55	1350m:	14:39.20	32.82
	200m:	2:06.04	32.36	600m:	6:28.20	32.90	1000m:	10:49.61	32.84	1400m:	15:12.25	33.05
	250m:	2:38.56	32.52	650m:	7:00.87	32.67	1050m:	11:22.06	32.45	1450m:	15:45.12	32.87
	300m:	3:11.15	32.59	700m:	7:33.76	32.89	1100m:	11:55.03	32.97	1500m:	16:17.36	32.24
	350m:	3:43.65	32.50	750m:	8:06.48	32.72	1150m:	12:27.38	32.35			
	400m:	4:16.69	33.04	800m:	8:39.10	32.62	1200m:	13:00.37	32.99			
3.			2005					<b>16:32.52</b>	675			
	50m:	29.48	29.48	450m:	4:49.93	32.93	800m:	8:40.25	32.94	1150m:	12:34.98	34.13
	100m:	1:01.70	32.22	500m:	5:22.79	32.86	850m:	9:13.62	33.37	1200m:	13:08.70	33.72
	150m:	1:33.77	32.07	550m:	5:55.69	32.90	900m:	9:46.55	32.93	1300m:	14:16.18	1:07.48
	200m:	2:06.36	32.59	600m:	6:28.53	32.84	950m:	10:20.26	33.71	1350m:	14:50.13	33.95
	300m:	3:11.62	1:05.26	650m:	7:01.81	33.28	1000m:	10:53.68	33.42	1400m:	15:24.36	34.23
	350m:	3:44.21	32.59	700m:	7:34.30	32.49	1050m:	11:27.70	34.02	1450m:	15:58.23	33.87
	400m:	4:17.00	32.79	750m:	8:07.31	33.01	1100m:	12:00.85	33.15	1500m:	16:32.52	34.29
4.			2011					<b>16:54.92</b>	632			
	50m:	30.93	30.93	450m:	5:04.60	33.99	850m:	9:35.38	33.55	1250m:	14:06.55	34.43
	100m:	1:04.70	33.77	500m:	5:39.10	34.50	900m:	10:09.01	33.63	1300m:	14:40.88	34.33
	150m:	1:38.89	34.19	550m:	6:12.86	33.76	950m:	10:42.57	33.56	1350m:	15:14.83	33.95
	200m:	2:13.39	34.50	600m:	6:45.81	32.95	1000m:	11:16.68	34.11	1400m:	15:49.34	34.51
	250m:	2:47.56	34.17	650m:	7:19.68	33.87	1050m:	11:50.41	33.73	1450m:	16:22.89	33.55
	300m:	3:22.02	34.46	700m:	7:54.00	34.32	1100m:	12:24.35	33.94	1500m:	16:54.92	32.03
	350m:	3:56.14	34.12	750m:	8:27.83	33.83	1150m:	12:58.18	33.83			
	400m:	4:30.61	34.47	800m:	9:01.83	34.00	1200m:	13:32.12	33.94			
5.			2008					<b>17:10.02</b>	604			
	50m:	30.50	30.50	450m:	5:00.52	34.20	850m:	9:36.69	34.53	1250m:	14:17.39	35.51
	100m:	1:03.26	32.76	500m:	5:34.50	33.98	900m:	10:11.34	34.65	1300m:	14:52.38	34.99
	150m:	1:37.23	33.97	550m:	6:09.16	34.66	950m:	10:46.01	34.67	1350m:	15:27.47	35.09
	200m:	2:10.55	33.32	600m:	6:43.46	34.30	1000m:	11:20.85	34.84	1400m:	16:02.48	35.01
	250m:	2:44.49	33.94	650m:	7:18.32	34.86	1050m:	11:55.92	35.07	1450m:	16:37.09	34.61
	300m:	3:18.07	33.58	700m:	7:52.54	34.22	1100m:	12:30.89	34.97	1500m:	17:10.02	32.93
	350m:	3:52.30	34.23	750m:	8:27.66	35.12	1150m:	13:06.61	35.72			
	400m:	4:26.32	34.02	800m:	9:02.16	34.50	1200m:	13:41.88	35.27			
6.			2003	I				<b>17:20.59</b>	586			
	50m:	29.83	29.83	450m:	5:03.71	35.13	850m:	9:46.24	35.13	1250m:	14:27.72	34.79
	100m:	1:03.26	33.43	500m:	5:39.15	35.44	900m:	10:21.06	34.82	1300m:	15:03.06	35.34
	150m:	1:36.74	33.48	550m:	6:14.07	34.92	950m:	10:56.31	35.25	1350m:	15:38.13	35.07
	200m:	2:10.79	34.05	600m:	6:49.58	35.51	1000m:	11:31.76	35.45	1400m:	16:13.21	35.08
	250m:	2:44.52	33.73	650m:	7:24.62	35.04	1050m:	12:06.63	34.87	1450m:	16:47.04	33.83
	300m:	3:18.98	34.46	700m:	8:00.48	35.86	1100m:	12:42.00	35.37	1500m:	17:20.59	33.55
	350m:	3:53.23	34.25	750m:	8:35.83	35.35	1150m:	13:17.36	35.36			
	400m:	4:28.58	35.35	800m:	9:11.11	35.28	1200m:	13:52.93	35.57			

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34, , 1500m , 14

7.		/	2009	" "		<b>17:31.73</b>		568	
	50m: 30.49	30.49	450m: 5:06.80	35.01	850m: 9:48.08	35.48	1250m: 14:34.30	36.05	
	100m: 1:03.66	33.17	500m: 5:41.81	35.01	900m: 10:23.73	35.65	1300m: 15:10.00	35.70	
	150m: 1:37.81	34.15	550m: 6:16.76	34.95	950m: 10:59.23	35.50	1350m: 15:45.99	35.99	
	200m: 2:12.28	34.47	600m: 6:51.62	34.86	1000m: 11:34.95	35.72	1400m: 16:21.47	35.48	
	250m: 2:46.94	34.66	650m: 7:26.69	35.07	1050m: 12:10.79	35.84	1450m: 16:57.28	35.81	
	300m: 3:22.07	35.13	700m: 8:01.71	35.02	1100m: 12:46.60	35.81	1500m: 17:31.73	34.45	
	350m: 3:56.93	34.86	750m: 8:36.85	35.14	1150m: 13:22.42	35.82			
	400m: 4:31.79	34.86	800m: 9:12.60	35.75	1200m: 13:58.25	35.83			
8.			2000				<b>17:37.59</b>		558
9.			2010				<b>17:47.15</b>		543
10.			2009		" "		<b>17:49.12</b>		540
11.			2011				<b>17:58.49</b>		526
12.			2011		" "		<b>17:59.40</b>		525
13.			2011				<b>18:14.46</b>		504
14.			2011				<b>18:28.86</b>		484
15.			2011				<b>18:38.30</b>		472
16.			2010				<b>18:40.50</b>		469
17.			2010				<b>18:40.59</b>		469
18.			2010		" "		<b>18:40.69</b>		469
19.			2011		" "		<b>18:40.91</b>		469
20.			2010		" "		<b>18:41.30</b>		468
21.			2011		" "		<b>18:41.48</b>		468
22.			2010				<b>19:00.82</b>		445
23.			2011				<b>19:08.56</b>		436
24.			2010		" "		<b>19:18.95</b>		424
25.			2010				<b>19:20.98</b>		422
26.			2010				<b>19:46.34</b>		395
27.			2011				<b>19:48.88</b>		393
28.			2010				<b>19:53.85</b>		388
29.			2010				<b>19:54.14</b>		388
30.			2009		" "		<b>19:54.68</b>		387
31.			2010		" "		<b>19:55.50</b>		386
32.			2009		" "		<b>20:10.76</b>		372
33.			2010				<b>20:13.93</b>		369
34.			2011				<b>21:03.68</b>		327
35.			2011		1,		<b>21:41.87</b>		299
DNS			2008		" "				
DNS			2011						
DNS			2009						