

. , 28-29 2025 .

16 , 400m 14 - 15
28.01.2025 - 14:23

: FINA 2024

			/				rt					
1.			2010	1			+0,77	5:02.12	517	1		
	50m:	30.91	30.91	150m:	1:48.19	41.06	250m:	3:08.89	41.09	350m:	4:27.88	36.68
	100m:	1:07.13	36.22	200m:	2:27.80	39.61	300m:	3:51.20	42.31	400m:	5:02.12	34.24
2.			2011	1			+0,80	5:10.87	474	2		
	50m:	31.96	31.96	150m:	1:48.59	37.58	250m:	3:12.17	45.39	350m:	4:35.02	36.76
	100m:	1:11.01	39.05	200m:	2:26.78	38.19	300m:	3:58.26	46.09	400m:	5:10.87	35.85
3.			2010	1				5:19.87	435	2		
	50m:	34.24	34.24	200m:	2:34.54	1:20.37	300m:	4:09.92	47.96			
	100m:	1:14.17	39.93	250m:	3:21.96	47.42	400m:	5:19.87	1:09.95			
4.			2010	2			-	+0,46	5:28.00	404	2	
	50m:	32.41	32.41	150m:	1:52.52	41.90	250m:	3:21.70	48.41	350m:	4:49.82	38.62
	100m:	1:10.62	38.21	200m:	2:33.29	40.77	300m:	4:11.20	49.50	400m:	5:28.00	38.18
5.			2010	2				+0,56	5:28.59	401	2	
	50m:	34.75	34.75	150m:	2:00.65	44.37	250m:	3:27.04	43.41	350m:	4:51.70	39.35
	100m:	1:16.28	41.53	200m:	2:43.63	42.98	300m:	4:12.35	45.31	400m:	5:28.59	36.89
6.			2010	2				+0,94	5:38.15	368	2	
	50m:	35.12	35.12	150m:	2:02.18	45.17	250m:	3:31.86	47.05	350m:	5:00.39	40.13
	100m:	1:17.01	41.89	200m:	2:44.81	42.63	300m:	4:20.26	48.40	400m:	5:38.15	37.76
7.			2010	2					5:44.71	348	3	
	50m:	37.35	37.35	150m:	2:07.70	44.85	250m:	3:38.05	47.30	350m:	5:05.98	39.18
	100m:	1:22.85	45.50	200m:	2:50.75	43.05	300m:	4:26.80	48.75	400m:	5:44.71	38.73
8.			2011	3					6:14.78	270	3	
	50m:	38.14	38.14	150m:	2:14.96	49.87	250m:	3:55.39	53.37	350m:	5:32.30	43.95
	100m:	1:25.09	46.95	200m:	3:02.02	47.06	300m:	4:48.35	52.96	400m:	6:14.78	42.48
DNS			2010	2								