

, 18-20 2026 .

21 , 400m 2012
19.02.2026 - 16:10

: AQUA 2025

1.				03.09.2010						5:08.16	631		
	50m:	32.46	32.46	150m:	1:51.50	41.26	250m:	3:13.96	42.81	350m:	4:33.88	35.29	
	100m:	1:10.24	37.78	200m:	2:31.15	39.65	300m:	3:58.59	44.63	400m:	5:08.16	34.28	
2.				14.02.2010						5:13.81	597		
	50m:	32.21	32.21	150m:	1:50.28	40.15	250m:	3:13.92	42.97	350m:	4:36.63	37.68	
	100m:	1:10.13	37.92	200m:	2:30.95	40.67	300m:	3:58.95	45.03	400m:	5:13.81	37.18	
3.				27.05.2011						5:17.53	577		
	50m:	33.81	33.81	150m:	1:52.81	42.44	250m:	3:18.04	44.76	350m:	4:40.40	38.07	
	100m:	1:10.37	36.56	200m:	2:33.28	40.47	300m:	4:02.33	44.29	400m:	5:17.53	37.13	
4.				11.03.2011						5:22.20	552	1	
	50m:	32.91	32.91	150m:	1:55.70	43.68	250m:	3:22.95	45.19	350m:	4:46.54	36.25	
	100m:	1:12.02	39.11	200m:	2:37.76	42.06	300m:	4:10.29	47.34	400m:	5:22.20	35.66	
5.				12.03.2010 1						5:28.99	518	1	
	50m:	33.59	33.59	150m:	1:55.19	44.06	300m:	4:12.78	47.71	400m:	5:28.99	38.04	
	100m:	1:11.13	37.54	250m:	3:25.07	1:29.88	350m:	4:50.95	38.17				
6.				31.03.2012 1						5:38.70	475	1	
	50m:	36.01	36.01	150m:	2:02.04	44.59	250m:	3:32.10	47.62	350m:	5:00.22	40.55	
	100m:	1:17.45	41.44	200m:	2:44.48	42.44	300m:	4:19.67	47.57	400m:	5:38.70	38.48	
7.				24.07.2010 1						5:39.50	472	1	
	50m:	34.13	34.13	150m:	2:00.59	44.07	250m:	3:30.82	47.86	350m:	5:00.72	40.62	
	100m:	1:16.52	42.39	200m:	2:42.96	42.37	300m:	4:20.10	49.28	400m:	5:39.50	38.78	
8.				22.12.2009 1						5:49.57	432	2	
	50m:	36.41	36.41	150m:	2:02.42	45.29	250m:	3:40.81	54.25	350m:	5:12.15	41.19	
	100m:	1:17.13	40.72	200m:	2:46.56	44.14	300m:	4:30.96	50.15	400m:	5:49.57	37.42	