

33 , 1500m 2012
20.02.2026 - 16:36

: AQUA 2025

1.				23.06.2011					18:39.51	555			
	50m:	33.06	33.06	450m:	5:30.04	37.01	850m:	10:30.92	37.91	1250m:	15:32.95	37.63	
	100m:	1:09.69	36.63	500m:	6:07.52	37.48	900m:	11:08.76	37.84	1300m:	16:10.92	37.97	
	150m:	1:46.40	36.71	550m:	6:44.93	37.41	950m:	11:46.11	37.35	1350m:	16:48.32	37.40	
	200m:	2:23.64	37.24	600m:	7:22.55	37.62	1000m:	12:24.05	37.94	1400m:	17:26.29	37.97	
	250m:	3:00.74	37.10	650m:	8:00.13	37.58	1050m:	13:01.89	37.84	1450m:	18:03.63	37.34	
	300m:	3:37.89	37.15	700m:	8:37.55	37.42	1100m:	13:39.44	37.55	1500m:	18:39.51	35.88	
	350m:	4:15.71	37.82	750m:	9:15.14	37.59	1150m:	14:17.36	37.92				
	400m:	4:53.03	37.32	800m:	9:53.01	37.87	1200m:	14:55.32	37.96				
2.				24.07.2010	1					19:14.96	506	1	
	50m:	34.45	34.45	450m:	5:39.07	38.66	850m:	10:54.13	40.09	1200m:	15:26.88	38.48	
	100m:	1:11.89	37.44	500m:	6:17.67	38.60	900m:	11:33.36	39.23	1250m:	16:06.37	39.49	
	200m:	2:27.48	1:15.59	550m:	6:57.06	39.39	950m:	12:12.55	39.19	1300m:	16:44.53	38.16	
	250m:	3:05.55	38.07	600m:	7:36.03	38.97	1000m:	12:52.09	39.54	1350m:	17:23.11	38.58	
	300m:	3:43.37	37.82	650m:	8:15.69	39.66	1050m:	13:31.05	38.96	1400m:	18:00.60	37.49	
	350m:	4:22.04	38.67	700m:	8:55.64	39.95	1100m:	14:09.47	38.42	1450m:	18:37.80	37.20	
	400m:	5:00.41	38.37	800m:	10:14.04	1:18.40	1150m:	14:48.40	38.93	1500m:	19:14.96	37.16	
3.				01.11.2010	2					20:26.09	423	1	
	50m:	37.19	37.19	450m:	6:04.58	41.23	850m:	11:32.10	41.26	1250m:	17:01.78	41.48	
	100m:	1:17.76	40.57	500m:	6:45.20	40.62	900m:	12:12.93	40.83	1300m:	17:43.16	41.38	
	150m:	1:59.02	41.26	550m:	7:26.33	41.13	950m:	12:53.89	40.96	1350m:	18:24.31	41.15	
	200m:	2:39.94	40.92	600m:	8:07.04	40.71	1000m:	13:34.95	41.06	1400m:	19:05.56	41.25	
	250m:	3:21.04	41.10	650m:	8:48.06	41.02	1050m:	14:16.23	41.28	1450m:	19:46.32	40.76	
	300m:	4:01.70	40.66	700m:	9:28.84	40.78	1100m:	14:57.41	41.18	1500m:	20:26.09	39.77	
	350m:	4:42.65	40.95	750m:	10:09.95	41.11	1150m:	15:38.97	41.56				
	400m:	5:23.35	40.70	800m:	10:50.84	40.89	1200m:	16:20.30	41.33				
4.				22.12.2009	1					20:30.41	418	2	
	50m:	35.87	35.87	450m:	6:00.64	41.15	850m:	11:33.38	40.72	1250m:	17:05.44	41.70	
	100m:	1:15.61	39.74	500m:	6:42.83	42.19	900m:	12:15.67	42.29	1300m:	17:48.69	43.25	
	150m:	1:55.64	40.03	550m:	7:23.80	40.97	950m:	12:56.25	40.58	1350m:	18:30.69	42.00	
	200m:	2:35.25	39.61	600m:	8:05.61	41.81	1000m:	13:37.64	41.39	1400m:	19:13.64	42.95	
	250m:	3:14.81	39.56	650m:	8:46.96	41.35	1050m:	14:18.86	41.22	1450m:	19:53.34	39.70	
	300m:	3:56.62	41.81	700m:	9:29.37	42.41	1100m:	15:00.65	41.79	1500m:	20:30.41	37.07	
	350m:	4:37.20	40.58	750m:	10:10.87	41.50	1150m:	15:41.42	40.77				
	400m:	5:19.49	42.29	800m:	10:52.66	41.79	1200m:	16:23.74	42.32				
5.				02.06.2012	2					20:48.66	400	2	
	50m:	35.19	35.19	450m:	6:00.81	41.33	850m:	11:35.16	42.78	1250m:	17:20.25	43.72	
	100m:	1:14.03	38.84	500m:	6:42.48	41.67	900m:	12:17.54	42.38	1300m:	18:03.07	42.82	
	150m:	1:54.57	40.54	550m:	7:23.45	40.97	950m:	13:00.23	42.69	1350m:	18:45.60	42.53	
	200m:	2:35.37	40.80	600m:	8:05.29	41.84	1000m:	13:42.97	42.74	1400m:	19:27.78	42.18	
	250m:	3:15.81	40.44	650m:	8:46.86	41.57	1050m:	14:26.32	43.35	1450m:	20:08.51	40.73	
	300m:	3:56.89	41.08	700m:	9:28.63	41.77	1100m:	15:09.83	43.51	1500m:	20:48.66	40.15	
	350m:	4:37.98	41.09	750m:	10:10.68	42.05	1150m:	15:52.96	43.13				
	400m:	5:19.48	41.50	800m:	10:52.38	41.70	1200m:	16:36.53	43.57				
6.				23.06.2012	1	1				20:55.93	393	2	
	50m:	35.09	35.09	450m:	6:03.35	41.82	850m:	11:40.62	41.98	1250m:	17:27.64	42.77	
	100m:	1:14.36	39.27	500m:	6:45.91	42.56	900m:	12:24.58	43.96	1300m:	18:12.12	44.48	
	150m:	1:54.24	39.88	550m:	7:26.60	40.69	950m:	13:06.43	41.85	1350m:	18:54.99	42.87	
	200m:	2:35.26	41.02	600m:	8:08.62	42.02	1000m:	13:50.92	44.49	1400m:	19:37.66	42.67	
	250m:	3:15.75	40.49	650m:	8:50.13	41.51	1050m:	14:34.38	43.46	1450m:	20:17.10	39.44	
	300m:	3:57.84	42.09	700m:	9:33.16	43.03	1100m:	15:18.79	44.41	1500m:	20:55.93	38.83	
	350m:	4:38.88	41.04	750m:	10:15.48	42.32	1150m:	16:01.05	42.26				
	400m:	5:21.53	42.65	800m:	10:58.64	43.16	1200m:	16:44.87	43.82				

